



ASPIRE

AT CITYPLACE

The amazing floor plans and prime location are just the beginning of what you will love about living with Aspire at CityPlace.

We are proud to offer a spacious and impressive fitness center that is sure to make you happy to call this community your home!

Our spacious multi-level 24-hour fitness center features state-of-the-art equipment, making it easier to reach your fitness goals.

ARC TRAINER

Alternative-motion cross-trainer that adds workout variety and cardio versatility for a wide range of exercisers. The 21 incline adjustments result in motions that mimic gliding, striding and climbing, and exert less stress on the knees than walking.

Features:

- 21 levels of incline adjustment allowing workouts to target glutes, quads and hamstrings
- 100 levels delivering more than 1,000 Watts of resistance



POWERMILL CLIMBER

Provides a smooth-stepping motion ideal for exercisers who prefer slow climbs or those looking for one of the most challenging and intense cardio workouts. The large step space and anti toe-pinch design ensure secure footing during everything from high-intensity to moderate workouts.

Features:

- 25 speeds allowing customized workouts
- Reliable AC motor ensures consistent motion



TREADMILL

Designed with aesthetics in mind and built to provide more functionality for all exercisers.

Features:

- Flexdeck shock absorption system
- Room to run or walk with full motion



ELLIPTICAL CROSS-TRAINER

This Elliptical Cross-Trainer has been designed to offer a natural feeling motion for a wide range of exercisers.

Features:

- Smooth and fluid motion and large area of knee clearance
- Versatile multi-grip handles



ALSO INCLUDED IN OUR FITNESS CENTER*:



CHEST PRESS



LEG PRESS



LAT PULLDOWN-LOW ROW



PLATE LOADED SQUAT

*Models may be slightly different than image.

ALSO INCLUDED IN OUR FITNESS CENTER:

STUDIO BIKE

- Includes free access to a library of on-demand classes

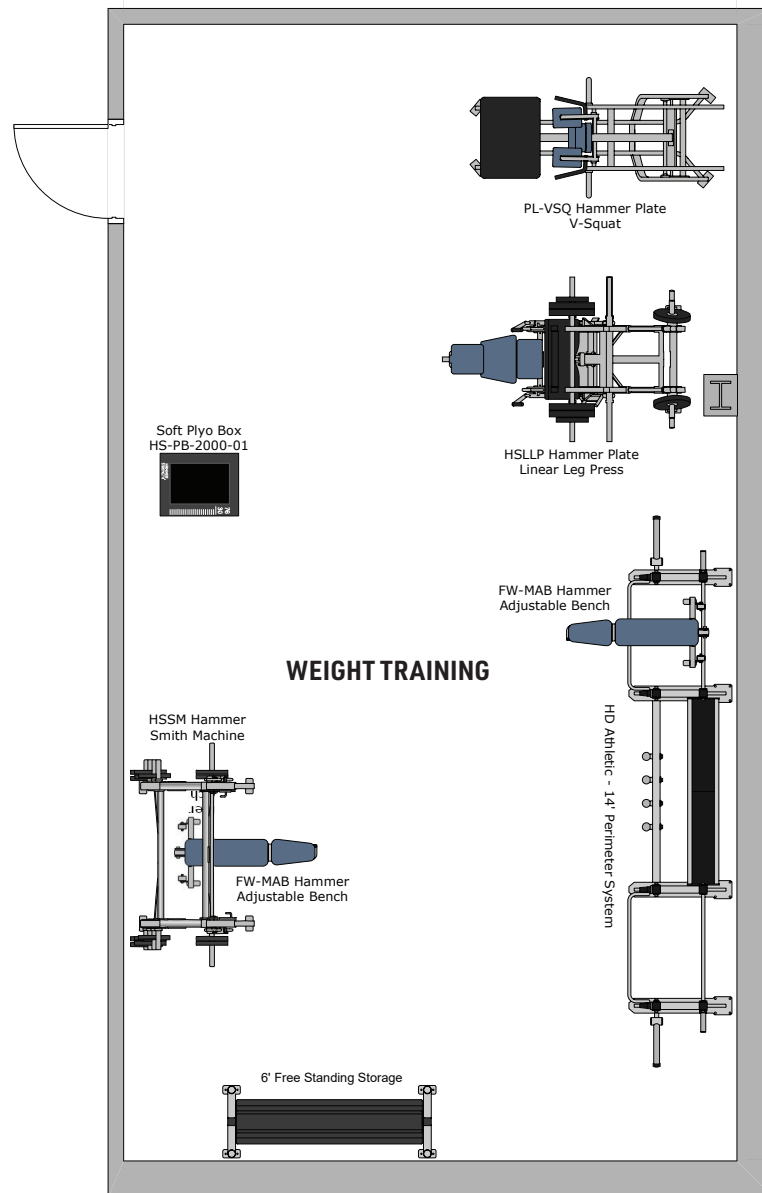


GROUP TRAINING SYSTEM

- Includes variety of free weights, bands, weighted balls, and other helpful fitness accessories



FITNESS CENTER - LEVEL P1



FITNESS CENTER - LEVEL 1

