



# The Concord

# GRAPEVINE

## INTERESTING FACTS ABOUT THE SEPTEMBER EQUINOX

On September 22, 2024, the day and night are almost equal in most locations. Here are some interesting facts about the first day of astronomical Fall (Autumn) in the Northern Hemisphere.

### Say Goodbye to Summer...

...in the Northern Hemisphere. Astronomically, the September equinox is the autumnal, or Fall, equinox marking the end of summer and the beginning of Fall (autumn). The Fall season ends on the December solstice, when astronomical winter begins. For meteorologists, Fall in the Northern Hemisphere begins about 3 weeks before the September equinox on September 1 and ends on November 30.



### A Moment in Time

The staircases at the main Maya pyramid, El Castillo, at Chichen Itza, Mexico, are built at a carefully calculated angle which makes it look like a snake of sunlight slithers down the stairs the moment the equinox occurs.

### ...And Welcome Spring

In the Southern Hemisphere, the September equinox is the vernal (spring) equinox. The September equinox is also known as the vernal or spring equinox in the Southern Hemisphere and is considered by astronomers as the first day of spring there.

### Equal Day and Night...

The term equinox comes from the Latin words *aequus*, meaning equal and *nox*, meaning night. This has led to the common misconception that everybody on Earth experiences equal day and night—12 hours of daylight and 12 hours of night time—on the day of the September equinox.

### ...But Not Quite

In reality, most places on Earth enjoy more than 12 hours of daylight on this day. This has two reasons: the way sunrise and sunset are defined and the atmospheric refraction of sunlight. Locations that are not on the equator do get to experience equal day and night twice a year, usually a few days before or after the equinoxes. The dates for this event, which is also known as *equilux*, depend on a location's latitude—those south of the equator celebrate it a few days before the equinox, people in the Northern Hemisphere reach the *equilux* a few days after the equinox.

<https://www.timeanddate.com/calendar/facts-about-september-equinox.html>

**September is...**  
**Suicide Prevention Awareness Month**

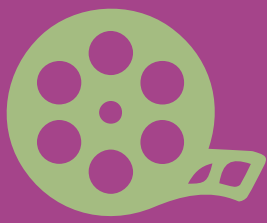
8th	Grandparents Day
11th	Patriot Day
14th	
18th	AIDS and Aging Awareness Day
19th	Talk Like a Pirate Day
21st	International Day of Peace
22nd	Start of Fall (Autumnal Equinox)
25th	National Comic Book Day
27th	World Tourism Day
29th	Gold Star Mothers Day

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**SEPTEMBER 2024**

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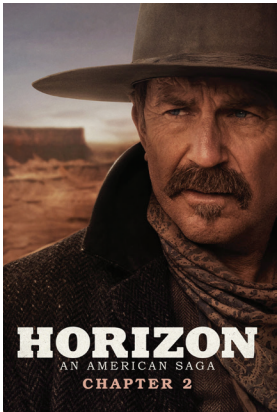
# Movie MADNESS

## September 2024 Movie Theatre Releases



### September 6th ~ Beetlejuice Beetlejuice

After an unexpected family tragedy, the Deetz family return home to Winter River. Still haunted by Beetlejuice, Lydia's life is turned upside down when her rebellious teenage daughter discovers the mysterious model of the town in the attic and the portal to the Afterlife is accidentally opened. With trouble brewing in both realms, it's only a matter of time until someone says Beetlejuice's name three times and the mischievous demon returns to unleash his very own brand of mayhem.



### September 7th ~ Horizon: An American Saga - Chapter 2

The continuation of one story of the settlement of the American West. It follows the further adventures of characters first featured in *Horizon: An American Saga - Chapter 1*.



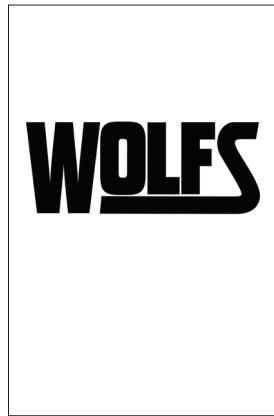
### September 13th ~ Fear No Evil

When an American family is invited to spend the weekend at the idyllic country estate of a charming British family they befriended on vacation, what begins as a dream holiday soon warps into a snarled psychological nightmare.



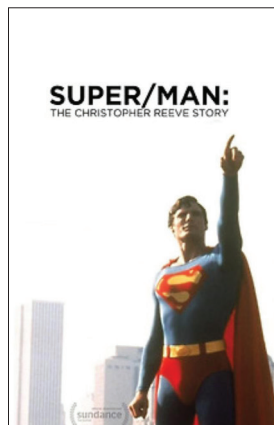
### September 18th ~ Transformers One

An origin story set on the planet Cybertron centering around the history of the Transformers race and the relationship between two Cybertronian workers named Orion Pax and D-16, as they go from brothers-in-arms to archenemies as Optimus Prime and Megatron.



### September 20th ~ Wolfs

George Clooney plays a professional fixer hired to cover up a high profile crime. But when a second fixer (Brad Pitt) shows up and the two "lone wolves" are forced to work together, they find their night spiraling out of control in ways that neither one of them expected.



### September 21st ~ Super/Man: The Christopher Reeve Story

The story of Christopher Reeve is an astonishing rise from unknown actor to iconic movie star, and his definitive portrayal of Clark Kent/Superman. Reeve portrayed the Man of Steel in four Superman films and played dozens of other roles that displayed his talent and range as an actor, before being injured in a horse-riding accident that left him paralyzed from the neck down. After

becoming a quadriplegic, he became a charismatic leader and activist in the quest to find a cure for spinal cord injuries, as well as a passionate advocate for disability rights and care—all while continuing his career in cinema in front of and behind the camera while dedicating himself to his beloved family.



# Culinary CREATIONS

## Throw an MVP-Worthy Tailgating Party at Home!



**T**ailgating usually happens at stadium parking lots, but you can throw a tailgate party at home that's just as exciting! Here are some pointers on how to host a fun tailgate party, including the best game-day hosting tips and delicious snacks to make for game day.

### Create a Game-Day Atmosphere at Home

Creating the right game-day atmosphere is key to hosting a successful tailgate at home. Decorating your home for the big game can be as simple as color-coordinating all of your tailgate materials with your favorite team's colors. Provide napkins, plasticware, tablecloths, and even food the same color as your team's jerseys.

If you want to deck your house out with huge banners, and other team-themed decorations, go for it, but regardless of how you choose to decorate your space for game day, there is one crucial detail you need to prepare before your tailgate guests arrive — *make sure you get the channel the game is on!*

### Strategize Your Spread

Aside from the game, food is the main event at a tailgate. If you want to throw a tailgate party that

will be talked about for years, you've got to have a championship-worthy spread. While you're not required to have a tailgate theme, it can be fun to center your food selections around a theme like a burger bar or wing night. Once you know your theme, you can pick a menu that matches.

### Party Snack Ideas

**Buffalo chicken flatbread:** Elevate your typical game-day pizza

**Chicken cordon bleu sliders:** Sliders are one of the ultimate snacks to make for tailgating. Easy to assemble and perfect for chowing on in between quarters.

**Tex-Mex chicken burger bar:** For a tailgate spread that's a bit more substantial than sliders, consider setting up a Tex-Mex chicken burger bar. Guests will love getting to customize their own burger and you won't have to worry about spending the whole game by the grill.

**Chicken nugget charcuterie board:** Make the charcuterie board trend tailgate-friendly with a chicken nugget charcuterie board! Everyone will love this unique twist on the traditional charcuterie board that features a variety of nuggets, tenders, fries, honey mustard, ranch dressing, and fresh fruits and veggies.

### Keep Your Guests Comfortable

Have plenty of chairs on hand so your guests don't get tired of standing. Keeping your guests comfortable will ensure your tailgate is a hit. Bonus points if your chairs incorporate your team's colors.

*Source: <https://www.jandjtent.com/blog/tips-for-throwing-an-mvp-worthy-tailgating-party-at-home/>*



# Helpful TIPS

## SEPTEMBER IS THE PEAK OF HURRICANE SEASON

Take action now to protect yourself, your loved ones, and your home.

### BEFORE THE STORM

- If advised to evacuate, do so immediately!
- Plan ahead by preparing to evacuate to a safe location.
- The next best protection is a small room with no windows on the lowest level of a sturdy building that is not likely to flood.
- Be ready to live without power, water, gas, phone and internet for a while.
- Flooding can happen quickly. Have a plan to evacuate fast before floodwaters reach you.
- Plan to stay connected
- Sign up for free emergency alerts from your local government.
- Have a backup battery or a way to charge your cell phone.
- Have a battery-powered radio during a power outage.
- Understand the types of alerts that you may receive and have a plan to respond when you receive them:
  - A WATCH means Be Prepared!
  - A WARNING means Take Action!
- Gather emergency supplies, food, water and medicine. Stores and pharmacies might be closed.
- Include backup batteries and chargers for your devices (cell phone, CPAP, wheelchair, etc.)
- Have a 1-month supply of medication, medical supplies or equipment.
- Keep personal, financial and medical records safe and easy to access (hard copies or securely backed up).
- Consider keeping a list of your medications and dosages on a small card to carry with you
- Secure or bring inside outdoor items, such as lawn furniture and trash cans that could be picked up by high winds and hurt someone.
- Anchor objects that would be unsafe to bring inside, such as gas grills and propane tanks.
- Trim or remove trees close enough to fall on your home.
- Protect windows with permanent storm shutters or sheeting.
- Clean out drains, gutters and downspouts.

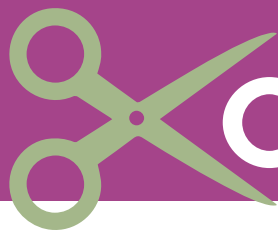
### AFTER THE STORM

- Wait for officials to say it is safe before going back home.
- Avoid damaged or fallen power lines, poles and downed wires.
- Do not touch floodwaters because they may contain sewage, bacteria and chemicals that can make you ill.
- If power is out, use flashlights or battery-powered lanterns to reduce fire risk.
- Be aware of carbon monoxide poisoning. Gasoline, propane, natural gas or charcoal-burning devices should *never* be used inside a home, basement, garage, tent or camper, or even outside near an open window. Carbon monoxide can't be seen or smelled, but it can kill you fast. If you start to feel sick, dizzy or weak, get to fresh air right away!
- Throw out food that got wet or warm.
- Ask your healthcare provider or doctor about refrigerated medicines.
- Hurricanes and flooding can make drinking water unsafe.

### CLEAN UP SAFELY

- Wear appropriate protective equipment including gloves, goggles and boots.
- Clean and disinfect everything that got wet.
- When cleaning heavy debris, work with a partner.
- Make sure that you have proper training before using equipment, such as chainsaws.
- Heart attacks are a leading cause of deaths after a hurricane; be mindful of overworking.
- Take breaks and take care of yourself.
- It's normal to have a lot of stress or anxiety. You can contact the *Disaster Distress Helpline* for free if you need to talk to someone. Call or text 1-800-985-5990.

[https://www.redcross.org/content/dam/redcross/get-help/pdfs/hurricane/EN\\_Hurricane-Safety-Checklist.pdf](https://www.redcross.org/content/dam/redcross/get-help/pdfs/hurricane/EN_Hurricane-Safety-Checklist.pdf)

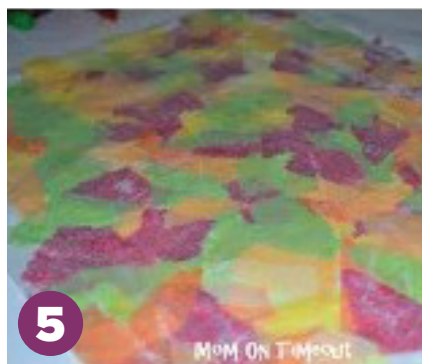
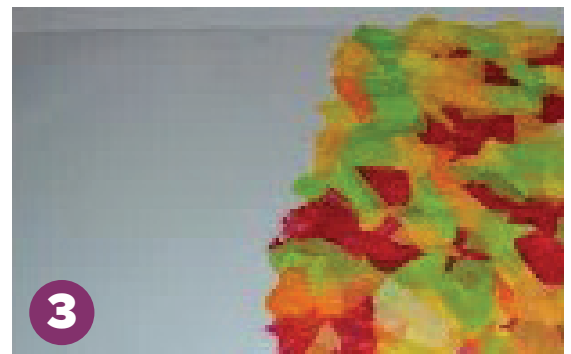


## How to Make Stained Glass Fall Leaves

### You will need:

- Glue
- Tissue paper (Fall colors)
- Waxed paper
- Popsicle stick for spreading glue (or your favorite tool)
- Craft knife or scissors
- Paper (green, red, yellow, or orange)

1. Have your children help you tear the tissue paper into small pieces –the smaller the better. This is loads of fun for the little ones and frees you to draw a leaf template and cut out the leaves. Tear off a piece of waxed paper that is double the width of your leaf template (so roughly 18" long).
2. Apply glue to a small area of the waxed paper and then layer the tissue paper pieces on top, one at a time. It's okay if they overlap a little since the goal is to cover all the glue.
3. Continue working until half of the waxed paper is covered in tissue paper.
4. Now spread a thin layer of glue on the remaining half of the waxed paper on the opposite side.
5. Fold the waxed paper over and lightly smooth the surface making sure that the glue is fully in contact with the tissue paper. Let dry.
6. Cut out the leaf shapes and stick them to a window using tape, or hang them from a suction cup. Make sure the window gets some sunlight so you can enjoy the stained glass effect.



Source: <https://www.momontimeout.com/stained-glass-fall-leaves-with-template/>