

Organization	Website	Notes
Children's Education		
LA County Office of Education - Head Start and Early Learning	https://www.lacoe.edu/Early-Learning/Head-Start	A lifetime of success begins with a healthy educational foundation in early childhood. That's why we provide early childhood education programs and services for pregnant moms, infants, toddlers, preschoolers, and their families. Since 1979, LACOE has focused on the needs of the whole child—from early learning skills and literacy to support for the entire family's health and well-being. Our programs help get kids ready for school and strengthen families for successful futures.
After School Support		
Hands 4 Hope LA	https://hands4hope.org/	During the school year, Monday through Thursday until 6:30pm, H4H provides students with free daily snacks, one-on-one tutoring support and enrichment classes. We offer low-cost transportation to our site from 6 local public schools (Bellingham ES, Lankershim ES, Grant HS, North Hollywood HS, Madison MS, and New Horizons Charter Schools). Guitar, drums, piano, physical fitness, cooking, computer coding and Teen Club.
Boys & Girls Club of West Valley	https://bgcww.org/	We provide fun, safe and welcoming spaces during critical hours of the day. Youth have opportunities to engage in positive social activities with peers, achieve academic success through tutoring and enrichment programs, and learn the benefits of healthy eating and lifestyles through sports, fitness, and wellness programs.
Childcare		
Child Care Resource Center - San Fernando Valley	https://www.ccrcca.org/	Each month, we provide quality, support, development, and education to almost 50,000 children, families in our 22,500-square-mile service area. We remain a unique and distinctive leader in the child care industry. Our current programs include resource libraries, home visiting, workforce development, family engagement, financial care assistance, Head Start preschool, Early Head Start, Early Head Start – Childcare partnership, Motherhood and so much more.
Athletic Clubs/Organizations		
Chatsworth South Recreation Center	https://www.laparks.org/recenter/chatsworth	Chatsworth South Recreation Center provides spots and fitness programs such as: basketball, martial arts, dance, fitness exercise, equestrian, soccer and volleyball. They also provide cultural programs such as: cooking, camps, education tutoring, preschool, arts and crafts, afterschool programs and performing arts programs.
First Place Sports Complex	https://1stplacesportscomplex.com/	1st Place Sports Complex strives to teach, develop, and organize youth players in the any type of indoor sport. We believe that sports offer kids and others the opportunity to learn teamwork, hard work, discipline, and respect which are all essential to building a strong character. We provide organized league sports experiences and recreation programs to kids in our community. We encourage engagement in physical activity, social interaction, and character-building through high-quality, organized sports in a safe and fun environment.

Medical Support

Organization	Website	Notes
Family Planning		
San Fernando Community Health Center	https://www.sfhealthcenter.org/	Family Planning program provides help for patients looking for infertility treatment and birth control options, the San Fernando Community Health Center offers family planning services. Here, our doctors and staff can help patients throughout San Fernando Valley, California and the surrounding areas get access to important family planning care and medications.
Planned Parenthood Los Angeles	https://www.plannedparenthood.org/planned-parenthood-los-angeles	Planned Parenthood provides confidential, comprehensive, high-quality reproductive healthcare services to the community. Our professional staff is dedicated to serving the individual needs of each of our clients to ensure health and safety.
Pregnancy Counseling Center	https://pregnanthelp4u.org/services/	The Pregnancy Counseling Center provides free and confidential support to individuals facing an unplanned pregnancy.
Northeast Valley Health Corporation	https://nevhc.org/	NEVHC provides high-quality sexual and reproductive health care services that support a health life at any age. Whether you need help choosing birth control, need a test for a sexually transmitted infection, a well-woman exam, or are pregnant, NEVHC staff is trained to guide you through every step. This program provides: <ul style="list-style-type: none"> - Family planning - Gynecology services - Pregnancy testing and counseling - Birth control - Breast exams and cervical cancer screenings - Breastfeeding support - Pre-Post Natal Care
Adult's Health		
Eisner Health	https://eisnerhealth.org/	At Eisner Health, we deliver full medical services for adults and families, including physicals, sick visits, well visits, family planning and prenatal care. Our providers and medical assistants, who are fluent in Spanish, also help patients who have chronic diseases, such as diabetes, heart disease or high blood pressure. Some of our patients need special attention for weight loss, preventative services and diet changes. Services Provided: <ul style="list-style-type: none"> - Physicals
Central Neighborhood Health Foundation	https://www.cnhfclinics.org/services	CNHF provides high quality healthcare to individuals and families. The program's doctors serve as key members of their patient's health care team and help coordinate patient care all in one place. This program provides: <ul style="list-style-type: none"> - Primary care Specific services include: <ul style="list-style-type: none"> - Allergies - Chronic Disease Management - Contraceptive Counseling (including emergency) - Family Planning - Mental Health and Substance Use Services - Physicals and Pre-employment Exams - Pregnancy Testing and Counseling - School/Sports Physicals - Urinary Complaints - Pediatrics - Preventative Care (Covid. Cancer. Child developmental.

Financial Support

Organization	Website	Notes
Rent / General Expenses		
LADWP	https://www.ladwp.com/ladwp/faces/ladwp/residentia/r-financialassistance/r-fa-assistanceprograms/r-fina-ad-helpisontheway;jsessionid=VZYqj3jVQ2pMf92WCTLB1rSKgDBcnHTPQRcqd2hHxZGfvyXyZjlk!723486866?_afriL_oop=1249799497214970&_afriWindowMode=0&_afriWindowId=null#%40%3F_afriWindowId%3Dnull%26_afriL_oop%3D1249799497214970%26_afriWindowMode%3D0%26_adf.ctrl-state%3Dzfvmg3ads_4	Los Angeles Department of Water & Power that lists out numerous assistance programs to help residents pay for utilities
Low Income Home Energy Assistance Program	https://www.csd.ca.gov/pages/liheaprogram.aspx	<p>LIHEAP is a federally funded program aimed at assisting low-income households that pay a high portion of their income to meet their energy needs. LIHEAP is funded by the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Community Services.</p> <p>There are several portions of the program that help accomplish this goal, such as:</p> <p>The Home Energy Assistance Program (HEAP) provides one-time financial assistance to help balance an eligible household's utility bill.</p> <p>The Energy Crisis Intervention Program (ECIP) provides assistance to low-income households that are in a crisis situation. Such an example would be a household receiving a 24-48 hour disconnect notice or service termination by their utility company.</p> <p>Energy budget counseling.</p>
Food Insecurity		
San Fernando Valley Interfaith - Food Bank	https://www.vic-la.org/	Working with the City of Los Angeles as well as other partners and stakeholders, we provide critical social services such as nutritious hot meals, and a host of health and wellness activities, all designed to raise older adults' quality of life and overall well-being.
FISH of West Church Food Pantry	https://ourchatsworthchurch.org/fish	While, most food pantries only allow recipients to get food once a month, at FISH, our recipients can return each week to receive a healthy assortment of food customized to their family size and needs. FISH also delivers food to seniors and others unable to leave their homes.
Valley Food Bank	https://valleyfoodbank.org/food-pantry-locations/	The Valley Food Bank was established in 2001 as an outreach of the Rescue Mission Alliance to serve the food insecure in the San Fernando Valley. Our warehouse facility in Pacoima is a central hub that collects, processes, and distributes surplus food at no-charge to a network of food pantries, rescue missions, and other non-profit organizations to provide hot nutritious meals and food baskets to the hungry and homeless in Southern California. This site also provides the exact locations of all the food pantries that they supply to.

Medical Bills

Patient Advocate Foundation Co-Pay Relief	https://copays.org/	Patient Advocate Foundation's Co-Pay Relief program exists to help reduce the financial distress patients, and their families face when paying for treatment.
CareCredit	https://www.carecredit.com/	CareCredit is a healthcare credit card designed for your health and wellness needs for you, your entire family and your pets. Use it to pay for out-of-pocket expenses not covered by medical insurance, and special financing options are available that you may not be able to get with other cards.
Dollar For	https://dollarfor.org/	Dollar For is a national nonprofit that crushes medical bills by making charity care known, easy, and fair. We eliminate medical debt by empowering patients and advocating on their behalf. Dollar For helps patients check if they are eligible for financial assistance at their hospital, prepare and submit applications, and eliminate medical bills.

Professional Advancement

Organization	Website	Notes
Job Boards		
Economic and Workforce Development Department	https://ewddlacity.com/index.php/employment-services/adults-age-24-and-older/worksource-centers	<p>EWDD offer career readiness courses and assistance to adults, dislocated workers, veterans, the homeless and the re-entry population throughout Los Angeles.</p> <p>This program provides:</p> <ul style="list-style-type: none"> - Job Training, Resume Building and Interview Skills - Phone and Computer Access, Skills Workshops - Employment Referrals - Customized Job Matching via CaJOBSSM - Career Guidance and Placement Assistance
Goodwill Southern California	https://www.goodwillsofcal.org/career-services/placement/	<p>Placement Services program provides a large network of businesses, community partners and government agencies that help in finding employment opportunities for those with the most significant disabilities and vocational challenges, including veterans, the homeless, ex-offenders, mature workers and at-risk youth. They provide relevant and current skills and experience can translate to new opportunities.</p> <p>This program provides:</p> <ul style="list-style-type: none"> - Help Find Work - Supported Employment - Job Placement
Professional Certifications		
Forklift Academy	https://www.forkliftacademy.com/los-angeles/	<p>Since 1995, our company has been offering the best alternatives for your Forklift Certification Training. We've developed the most popular and affordable forklift certification solutions in the industrial market today.</p>
Job Training		
Year Up	https://www.yearup.org/students	<p>Year Up is a one-year, intensive training program that provides low-income young adults, ages 18-29, with a combination of hands-on skill development, coursework eligible for college credits, corporate internships and wraparound support.</p>
Resume Coaching		
Chrysalis	https://www.changelives.org/our-services/	<p>Chrysalis offers employment preparation classes and services designed to improve your job search skills, self-confidence, self-sufficiency, and employability. Our goal is to help you prepare for, find, and keep a job. Currently, in-person services at our Chrysalis centers are provided by appointment, with limited walk-in appointments also available.</p>
Interview Prep		
Women Helping Women	https://whw.org/useful-resources/	<p>WHW provides job seekers with end-to-end employment services, helping them to develop an effective resume, find opportunities that fit their skills, interview with confidence and ensure job retention. Staying current on labor market information and hiring trends to assist individuals in obtaining employment, WHW helps job seekers stand out among the crowd and be recognized by hiring managers.</p>

Educational Advancement

Organization	Website	Notes
Vocational Schools		
Los Angeles Career College	https://www.lacareercollege.com/	Los Angeles Career College is dedicated to providing educational services for members of the community who are seeking a successful healthcare career. The personalized learning environment we have designed meets the needs of our students and protects the quality of education they receive at our school. We strive to educate goal-driven individuals and create career opportunities for the betterment of our community.
West Coast University	https://westcoastuniversity.edu/about/our-purpose	<p>With innovative training experiences and a diverse, supportive community, West Coast University prepares you to face the complex and changing world of healthcare.</p> <p>West Coast University was founded with a bold objective and a compassionate spirit: to make healthcare education accessible to everyone who meets our admissions criteria, while leading the way for market-responsive programs that adapt to the complex and changing landscape.</p>
California Medical Training Center	https://calmedtrainingcenter.com/	We are committed to sharing our knowledge, skills & experience with health care providers along with other professional rescuers & lay persons. Promoting & encouraging the skillful practice of the most current guidelines established by the American Heart Association is not only imperative, it is our duty to the community, which is the reputation we pledge to continue to uphold.
GSF Driving & Truck Training School	http://gsfschools.com/index.html	GSF's individualized one-on-one professional training and instruction guarantees our students' success. We help you launch a new career as a truck or bus driver, and can assist students with learning or improving their skills in driving a car.
North Valley Occupational Center	https://www.nvoc.org/	The mission of North Valley Occupational Center is to offer educational opportunities that provide a diverse population of students with the ability to be career ready, technically skilled and educationally prepared.
Valley College of Medical Careers	https://www.schoolofmedicalcareers.com/	VCMC–Valley College of Medical Careers in the San Fernando Valley of Los Angeles, California– is the perfect place for you to receive an expert education in the healthcare field and to attain your career goals. We offer superb programs in Pharmacy Technician, Medical Assisting, Medical Billing and Coding, and Health Administration (AAS).
Simi Institute for Careers & Education	https://simiice-simi-ca.schoolloop.com/	<p>Simi Institute offers training in many diverse areas of study. Allied health training includes: ECG, EMT, medical assistant, medical insurance billing, nurse assistant, pharmacy technician, phlebotomy, respiratory therapist and surgical technologist.</p> <p>Vocational classes include: machinist training, welding, business and computer classes, computer graphics, multimedia, web design, cosmetology, esthetician, manicuring and many community education classes.</p>

Scholarship opportunities

Horatio Alger Association of Distinguished Americans

<https://scholars.horatioalger.org/about-our-scholarship-programs/national-scholarships/>

The Horatio Alger National Scholarship Program assists current high school students who have faced and overcome great obstacles in their young lives.

This program provides:

- Scholarships

The National Scholarship is awarded to eligible students in all fifty states, the District of Columbia, and Puerto Rico. National Scholars receive an all-expenses paid trip to Washington, D.C., during the spring of their senior year to participate in the National Scholars Conference. Recipients must attend the National Scholars Conference to receive the award.

Hispanic Scholarship Fund

<https://www.hsf.net/scholarship>

The HSF Scholarship is designed to assist students of Hispanic heritage obtain a university degree.

- Applicants must be of Hispanic heritage.
- Applicants must be US Citizen, Permanent Legal Resident, DACA or Eligible Non-Citizen (as defined by FAFSA).
- Applicants must have completed FAFSA or state based financial aid application (if applicable).
- Applicants must be high school seniors, undergraduate students (all years), community college students transferring to four year universities, and graduate students.
- Must have a minimum of 3.0 GPA on a 4.0 scale (or equivalent) is required for high school students; or minimum of 2.5 GPA on a 4.0 scale (or equivalent) is required for undergraduate and graduate students.