



# EXCELLENCE IN SAFETY • ENRICHING LIFESTYLE • ENCOMPASSING CARE

# THE LOFTS BY COGIR

Life at The Lofts by Cogir is a wonderful first step into your retirement lifestyle. You will join the greater Cogir of Glenwood Place community, a neighborhood of great people offering a full array of services that make life convenient and enjoyable. Whether you rejuvenate yourself with our spa services, enjoy a meal at the Woods Bistro, watch a movie at the Glenwood Theaters, or workout at the Sky Gym, The Lofts by Cogir is here for you.





CogirSeniorLiving.com



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As with all COGIR communities, delicious high-quality meals are served throughout the day and attentive staff are ready with a smile for any need.

#### WHY CHOOSE THE LOFTS BY COGIR:

- All-day restaurant-style dining
- Chef-prepared, Nutritionist-approved menu
- Transportation for outings and medical visits
- Daily events and activities for fun and learning
- Fitness and therapy centers
- Hair and beauty salon
- Activity room
- Café/bistro
- Theatre
- Library
- Lounge with fireplace
- Courtyard and walking paths
- Piano
- Complete WIFI coverage in common areas
- Emergency response system throughout entire property
- On-site nursing
- Pet Friendly



**THE LOFTS BY COGIR** 5300 NE 82nd Avenue Vancouver, WA 98662

## (360) 952-8932





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# **INDEPENDENT LIVING**

Select from a variety of floor plans to fit your life and lifestyle.

- One and two-bedroom apartments
- Apartment maintenance
- Building security
- Emergency response system
- Fully equipped kitchens, including dishwashers
- Individual AC and heating units
- In apartment full-size washer and dryer
- Options for housekeeping
- Extensive social programs

# **HEALTH & WELLNESS**

At the Glenwood Sky Gym Wellness Center, we offer a full range of fitness programs, from our 88-degree saltwater pool to a robust weekly schedule of fitness classes for all abilities. One-on-one support is available with certified fitness trainers who guide you through the exercise equipment and craft your fitness schedule.

# **FINE DINING**

The Cogir by Glenwood Place community offers a variety of eateries, including the Woods Bistro, Cascade Buffet Dining, and the Columbia Dining Room. Family and friends are welcome to join you in any of our dining settings



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