

## Community News and Events

**SEPTEMBER 2022**

### PTSD FOUNDATION of AMERICA

September is National Suicide Prevention Month. Every day, 22 veterans lose their battle to post traumatic stress on American soil. That is 1 veteran every 65 minutes. This month, we are collecting donations to support Camp Hope. Camp Hope, located in Houston, provides a safe space for military veterans suffering from trauma and post-traumatic stress. The intensive residential program at Camp Hope aims to provide comprehensive peer support and mentoring based healing. There is no other location like it in the United States, and to date over 1,348 Veterans have graduated from the Camp Hope program.

For more information on Camp Hope, please visit their website: <https://ptsdusa.org/camp-hope/>

To donate, simply scan the QR code below or donate in the office.

#22ADAY #LETSMAKEITZERO



### Back-to-School Drive Recap

Last month, we hosted a Back-to-School Supply Drive for our amazing Alara students. We want to thank everyone who participated. It was an incredible event and we loved seeing those smiling scholars!



@thealaraapartments



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