The Story Behind the Plate

On April 25, 1901,
New York became the first state to require license plates on vehicles. At that time, the state didn't provide the plates. Rather, individuals created their own license plates out of leather, brass, or whatever was available. When people began to create unlawful plates, state governments stepped in and began making their own.

In 1903, Massachusetts became the first state to issue plates. The very first license plate was number 1, issued to a man named Frederick Tudor. Amazingly, his family still maintains an active registration, which gives them the right to use the number 1 on a modern plate.

The first plates were made of iron covered in porcelain enamel. The background was a dark blue with the numbers in white. There were no standard sizes back in the early days of license plates. The more numbers on the plate, the larger the plate got. Motorcycles, too, needed license plates. The first looked identical to car plates, but started with the letter Z.

As if letters and numbers weren't enough, many plates have had slogans touting a state's fame or history. In our quiz below, try to connect each state with one of its license plate slogans.

1. Idaho A. Sunshine State 2. Missouri B. Vacationland 3. New Hampshire C. Land of Lincoln 4. Washington D. Garden State 5. Illinois E. Stars Fell On F. America's Dairyland 6. New Jersey 7. Pennsylvania G. Live Free or Die 8. Wisconsin H. Show-Me State 9. Florida I. Keystone State 10. Alabama J. First in Flight 11. Maine K. Evergreen State 12. North Carolina L. Famous Potatoes

Having trouble? Perhaps a road trip is in order....

Answers: 1. L; 2. H; 3. G; 4. K; 5. C; 6. D; 7. I; 8. F; 9. A; 10. E; 11. B; 12. J

Important Telephone Numbers

Office Hours Monday-Sunday 8:30am-5:00pm

Office 916-929-3966 Fax 916-929-3627 Tonya/Activities Office 916-929-6003 Van/Transportation Cell 916-468-3091

After Hours Cell 916-432-9236

Dining Room 916-921-5998
Police Non-Emergency 916-808-5471
Adult Protective Services 916-874-9377

Emergency & Fire 911
Comcast Cable 1-800-266-2278
AT&T 1-800-310-2355
Paratransit 916-429-2744
Yellow Cab 916-444-2222
Beauty Salon Jane Ma 916-223-9658

Wednesday-Friday
Clean Touch Dry Cleaning 916-366-6666
Pick-up & drop-off Monday & Thursday

Dig into Deep-Dish



It's a pizza that stands apart from all the rest, with three-inch-high walls of buttery crust holding in a simmering stew of sauce, cheese, sausage, pepperoni,

peppers, onions, and whatever else your stomach desires.

The Chicago-style deep-dish pizza has become such a culinary icon that it bears its own holiday, Deep Dish Pizza Day, on April 5. The deep-dish pizza debuted in 1943 at Chicago's Pizzeria Uno restaurant, but locals debate its true roots. Was it the Malnati family, working at the first Pizzeria Uno, who invented the deep dish? Did the Malnati family matriarch develop the dough recipe for another restaurant entirely? The best way to settle the debate is to take one of Chicago's Deep Dish Pizza Tours and eat until you're as stuffed as a Chicago-style pizza pie.

April 2025

Campus Commons

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Celebrating April with Team Campus

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Shawn Asberry Karen Schaefer Jeff Gagmon Evening Porters

Important Telephone Numbers:

Office: 916-929-3966 After Hours: 916-432-9236 Kitchen: 916-921-5998 Comcast: 1-800-266-2278 AT&T: 1-800-310-2355

Raining Cats and Dogs

Cats and dogs have long held the title of "humans' best friends," but April shines a special spotlight on their roles in our lives. From cuddly companions to tireless helpers, these animals bring joy and purpose to millions. This month, three events highlighted their importance and the incredible humans who support them.

World Stray Animal Day on April 4th reminds us of the countless cats and dogs in need of loving homes. Globally, millions of stray dogs and cats live on the streets or in shelters. Organizations worldwide work to rescue and rehome these animals, giving them a second chance at life. If you've been considering adopting but can't, donating time, money, pet food, or gently used blankets and towels can make a world of difference.

Later in the month, Therapy Animal Day on April 30th celebrates the unique bond between people and therapy animals. Did you know therapy dogs and cats can lower blood pressure and reduce stress levels? These specially trained animals provide comfort and emotional support in hospitals, schools, libraries, and nursing homes. Their calming presence has even been shown to improve recovery times in patients.

Let's not forget Volunteer Appreciation Week, running April 20th–26th. Behind every happy adoption are volunteers who give their time and hearts to help animals. Whether it's walking dogs, cleaning kennels, or fostering kittens, these heroes make a significant impact. Many shelters report that volunteers contribute thousands of hours each year, saving lives and creating happier futures. This week is a great opportunity to thank them or even join their ranks!

This April, whether you're celebrating a beloved pet, supporting therapy animals, or helping stray cats and dogs find homes, take a moment to appreciate the furry friends that make life brighter. And remember, even small acts of kindness can have a major impact.

April 2025 April 2025

Natalie's Marketing Minutes

Thank you to all who attended our St. Patick's themed Open House event! Not even the pouring rain could keep everyone away. It made me so happy to see everyone enjoying the caricature artist, the delicious appetizers and musical entertainment. You are all a big part of what makes Campus Commons so attractive to new residents!

We have some great events planned for April; I hope to see you there.

Friday, April 11th 10:00 - 11:00am

Celebrate National Pet Day with your furry friends. Come by the Activity Center to pick up your Goody Bag for your furry friends and have their photo taken.

Tuesday, April 15th 2:00 - 3:00 pm

Downsizing Seminar with Carla Shryock.

(This is a great seminar to invite friends or family to that might be considering changing their lifestyle and moving out of their home)

Tuesday, April 29th 2:00 - 3:00 pm

Kaiser Health Class with Cynthia Sinogui. This class focuses on Geriatric Risk Factor Identification.



Library Update

Our catalog indicates that we have several books that were on the NY Times Best Books List, but there are some we have not been able to locate. We have been looking for several months, so I am now asking you to check any nooks or crannies where a wonderful book might be hiding.

They are:

Elena Ferrante, My Brilliant Friend Erik Larson, Devil in the White City Rebecca Skloot, The Immortal Life of Henrietta Lacks Elizabeth Strout, Olive Kitteridge

April Birthdays

In astrology, those born between April 1–20 are Aries, the Ram. Rams are adventurous gogetters and full of enthusiasm, charm, and energy. They make dynamic pioneers and adventurers—undeterred when the going gets rough. Those born from April 20–30 have the star sign of the Bull of Taurus. Bulls show steady, dogged persistence in achieving their goals. Once goals are reached, they enjoy being rewarded,

especially with beauty and peace at home.

Connie Lineberger- April 3rd
Alice King- April 5th
Gayle Cowen- April 11th
Randy Gon- April 12th
Peggy Paulson- April 14th
Carol Doughty- April 22nd
Barbara Wunderli- April 23rd
Karen Driver- April 25th

Anniversaries:

Gary Timmons- 1 year



If you do find one, please return it with a note, so that we will not accidentally shelve it without clearing the missing list. You do not have to sign it...we are just looking for books, not retribution. On another note, we realize that some of the library shelves are not accessible to many of our residents, and we want to make that easier for you. If you make a note listing the book you want by author and title, together with your room number and phone number, we will try and get it to you. You can put a note with the info in my inhouse mailbox #137. I cannot reach all the shelves either, but we have a wonderful library committee who wants to get our collection into the hands of everyone who is interested.

Cheers, DW

Tonya's Activity Corner

Fun Fact about April 1st. April Fool's Day was named after Steven April. He was born on April 1st, 1579. He managed 105 businesses in his lifetime. He lost all his father's assets, so everyone started calling him father of the fools. At 19, he married a 61-year-old woman who divorced him after 1 year because of his foolishness. He was heartbroken and lonely; he locked himself away in his tiny run-down shack. He was bored, so he started reading all kinds of mystery books and fake short stories. He accepted the loss of his 1-year marriage and went on to manage one more business. So, the foolish man bought a library and named it "Old Wise Tales". Did you know this whole time, you have been reading a made-up fake short story that was filled with foolishness from the internet to fool you... APRIL FOOL'S! *Enclosed is an April calendar that is filled with days of unreal chuckles and belly laughing descriptions!

On April 4th at 10:00am, I am holding a chat session in the Activities Center for those residents that have a "green thumb". Springtime is here and the weather is nice for getting together with friends. This is a perfect opportunity to get involved with the Campus Commons Garden Group. You will have the responsibility to plant, water, prune, and keep the plants healthy and beautiful for everyone to enjoy. I will purchase the flowers and plants a few days before the Garden Group starts planting on April 25th at 10:00am. If you have garden gloves please bring them.

On April 7th at 11:00am vendor Alfred Ceasar will be bringing his hand-made comfy items. On the 18th at 11:00am Marie Macchai will be selling her beautiful jewelry. They will be set up in the Lobby. Please stop by and buy an early Mother's Day gift for someone special. Happy shopping!



On the 17th at 2:00pm in the Cabaret Lounge Deanna planned a "Golden Egg Bingo". Be ready to have a fun time and win prizes. Deanna always raves about the great time she had with all the bingo players. You will all be surprised when she hops in wearing a bunny costume. I just wanted to April Fools everyone again... Deanna will not be wearing a bunny costume).

*A little reminder to listen, focus, and pay close attention, you do not want to miss hearing the numbers called or the opportunity to win "Egg-cellent" prizes!

On April 18th there is a Bunny Hunt at 10:00am on all three floors. If you want to participate in the bunny hunt come down to the office and pick up a zip-lock baggie. Look really closely, there are teeny tiny bunnies everywhere and you might just need a magnifying glass to see them. Grab a couple of friends and hop along the bunny trail gathering as many bunnies you can find. Return your bag of bunnies to the office by 1:00pm for them to be tallied up and make sure you take a colorful spring picture. Later that day the resident with the most bunnies will be announced as our winner for a prize!

On April 22nd Deanna Brewer is excited to teach you how to make a glass pendant at 10:00am or a glass candle holder at 2:00pm in the Activity Center. You have the option of which glass class you would like to attend. There is a limit of eight residents per class. Have a blast making your masterpiece with Deanna.

Please refer to the calendar for all the Wednesday outings, happy hours, food demo, presentations and all the other fun-filled activities.

Have a delightful springtime!

