

APRIL ENDS OUR TEAM POOL SEASON

Team pool will end with a tournament on April 25th and 26th to determine the women's and men's champions for the 2025-2026 pool season. The tournament will be played in a single elimination format. Due to limited seating in the pool/puzzle room spectators will be limited to the room. No watching will be available from the hall because of emergency access. Tournament entry signups will begin on April 4th at Saturday team pool games. Team pool will continue two days each month from May - October. The days are to be determined and will be on the monthly calendars.

MAY BEGINS OUTDOOR GAMES

The outdoor sports of croquet and bocce ball will begin on Saturday, May 2nd at 2:30pm in the back yard. We will begin with croquet on that Saturday. The next Saturday bocce will be played at the same time. Until October croquet and bocce ball will be played on alternate Saturdays. We hope many residents come outside to learn to play the games or watch the action. Chairs will be set up for spectators

Drawn to Birds



Draw a Bird Day, celebrated on April 8 each year, dates to 1943, when seven-year-old Dorie Cooper visited her uncle, a wounded war veteran, in the hospital. He was in poor spirits, and Dorie tried to cheer him up by requesting he draw a bird for her. Dorie couldn't help but laugh at the resulting

picture, but she did, indeed, boost her uncle's spirits. With each subsequent visit to the hospital, Dorie was greeted with pictures of birds drawn by the soldiers, some good and many bad, but all of them evoking smiles. On April 8, put your talents to work drawing a bird. And don't feel too bad if your work isn't quite as beautiful as the paintings of famous ornithologist John J. Audubon, whose birthday is celebrated on April 26.

Important Telephone Numbers

Office Hours

Monday-Sunday 8:30am-5:00pm
Office 916-929-3966 Fax 916-929-3627
Tonya/Activities Office 916-929-6003
Van/Transportation Cell 916-468-3091

After Hours Cell 916-432-9236

Dining Room 916-921-5998

Life Station 844-303-3443

Police Non-Emergency 916-808-5471

Adult Protective Services 916-874-9377

Emergency & Fire 911

Comcast Cable 1-800-266-2278

AT&T 1-800-310-2355

Paratransit 916-429-2744

Yellow Cab 916-444-2222

Beauty Salon Jane Ma 916-223-9658

Wednesday-Friday

Clean Touch Dry Cleaning 916-366-6666

Pick-up & drop-off Monday & Thursday

Rocking Broadway



The year 1968 was a turbulent time of social and cultural upheaval in the United States. The Vietcong launched the Tet Offensive in Vietnam. In the midst of the Civil

Rights Movement, Martin Luther King Jr. and Robert F. Kennedy Jr. were assassinated. Then on April 29, 1968, the countercultural musical *Hair* debuted on Broadway.

Hair marked a radical break from Broadway musical tradition. It was Broadway's first rock musical. The subject matter threw light on the hippie subculture with many overt references to drugs and sexuality. Indeed, the end of the first act boasted a completely nude scene. To the surprise of many, audiences loved it. *Hair* became an instant smash. For so many, it finally "Let the Sunshine In."

Campus Commons

22 Cadillac Drive, Sacramento, CA 95825 | 916-929-3966 | www.raystoneseniors.com



Celebrating April with Team Campus

Deanna Brewer
Community Administrator
campus-mgr@raystoneinc.com

Kayla Snow
Marketing Director
campus-md@raystoneinc.com

Tonya Gutierrez-Ridolfi
Activities Director
campus-ad@raystoneinc.com

Natalya Mugoryayeva
Resident Relations
campus-rr@raystoneinc.com

Lyndy May (Sat-Mon)
Resident Relations
campus-rec@raystoneinc.com

Karen Schaefer
Transportation Driver
Chris Cook, Maintenance
campus-maint@raystoneinc.com

Charlene Wickizer
Gail Emery
Rick Comer
Housekeeping

Shawn Asberry
Karen Schaefer
Jose Espinoza
Evening Porters

Important Telephone Numbers:

Office: 916-929-3966
After Hours: 916-432-9236
Kitchen: 916-921-5998

Deanna's Download

We sure had wonderful weather in March. I hope you've been able to get outside to enjoy it. After a little rain in the next few days, we'll get back to the warm weather.

Enjoy a beautiful holiday brunch on April 5th. For those of you that are new...we have two separate seatings on Sunday. The first one is at 10:30am and the other is at 12:15pm. If you are inviting guests, there is a sign-up sheet in the dining room. The cost is \$24.00 per guest. Chef Zsolt has planned a lovely meal for you. This is one of five holidays that we provide a boxed dinner for residents to take home with them so the dining staff can leave early to spend time with their families. Make sure that you sign up in the dining room for one of the three choices of boxed dinners.

On April 28th, I am having two more fused glass classes. This time we are going to do a springtime magnet. If you haven't done one of these before...this is your chance! We have a great time, and everyone makes a one-of-a-kind piece of art. I love to get to spend this time with you. The first class is at 10:00am and the second class is at 2:00pm. Please sign up early because the space is limited. Here's a sample of what you can make. The pieces that we did last time were fabulous!

Get ready for outdoor dining. On May 1st, we will open some tables out in the pond area for you to enjoy a meal with your friends.

Also, mark your calendars for June 18th from 3:00-6:00pm. We are having our famous Casino Night at Campus Commons. This is such a fun event that we have for our residents. You can play games or just visit and enjoy delicious food. It's your choice. Everyone has a chance to win prizes, so you won't want to miss it.



Kayla's Marketing Minutes

I would like to start by extending a sincere thank you to everyone who joined us for our recent Open House. Your warmth, friendliness, and willingness to welcome new faces truly made the event enjoyable for our prospective residents. The effort our residents put into creating a welcoming community never goes unnoticed, and it plays a meaningful role in making Campus Commons feel like home.

If you're willing, we also kindly invite you to leave a Google or Yelp review and share your experience—whether it's about your move-in process or your time as part of the Campus Commons community. Your stories help others understand what makes our community so special and are greatly appreciated.

April is shaping up to be a great month with two important and engaging events planned for our community. We are excited to share opportunities that encourage learning, connection, and resident well-being.

- "The Metcalfe House" Presentation
April 21st at 2:00 PM
Our very own neighbor, Cynthia Hearden, will be sharing her personal experience growing up in the historic Metcalfe House. This presentation offers a unique and memorable look at local history through firsthand stories and reflections.
- APS Presentation: "Protecting Our Elders: Safety & Reporting"
At 2:00 PM
Adult Protective Services (APS) will be visiting our community to discuss how to identify signs of elder abuse, neglect, or exploitation and explain the proper steps for reporting concerns. This presentation supports our continued commitment to resident safety and awareness.

We encourage residents and families to attend and take advantage of these informative events throughout the month.

April Birthdays

In astrology, those born between April 1–19 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. As eternal optimists, no odds are ever considered insurmountable. Those born April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, are not shy about rewarding themselves for a job well done.

Connie Lineberger- April 3rd
 Alice King- April 5th
 Gayle Cowen- April 11th
 Peggy Paulson- April 14th
 Carol Doughty- April 22nd
 Barbara Wunderli- April 23rd
 Karen Driver- April 25th
 Carlyn White- April 27th
 Susan Reynolds- April 30th

Anniversaries:

Gary Timmons- 2 years

Marketing Minutes Continues...

April Fun Fact:

The month of April is often associated with new beginnings and fresh starts—it is believed the name comes from the Latin word *aperire*, meaning "to open," symbolizing spring flowers and trees beginning to bloom. It's also National Poetry Month, celebrating creativity and self-expression.



Tonya's Activity Corner

April has arrived with sunshine and flowers, right on time to enjoy some outdoor fun this spring! Here are a few great options to consider: join our exciting excursions, spend time with friends in our outdoor lounge areas, participate in the garden group's 2026 planting event, or reserve an evening celebration with family on our third-floor terrace overlooking the American River.

If you have a "green thumb" and you would like to be a part of the 2026 Garden Group, I placed a sign-up sheet on the credenza by the Activities Center for eight residents to participate in the responsibilities of planting, watering, pruning and to keep the plants healthy. Please sign up as soon as possible due to limited space. On April 6th at 10:00am, Garden Group participants who signed up, please join Tonya in the Activities Center to plan for the planting day. We will go over plants and different flower options. I will purchase everything a few days before the planting date on April 14th at 10:00am. This is a perfect opportunity to get involved with the Campus Commons Garden Group and it's a fine time to watch new friendships blossom. Beauty is seen in the growth of beautiful things that flourish gracefully.

Here are some great activities to highlight on your calendar. On April 2nd we have Paint & Sip with Teresa. She is back and ready to paint with you. On the 3rd Spring Event starts off with Dye Chick Eggs at 10:00am in the Activities Center, come down and join in all the fun. At 1:00pm in the Lobby you can get your picture taken with the Funny Bunny, then hop your way down the bunny trail to fill-up your candy bunny bags with delicious treats. From 2:30pm – 3:30pm we have a special duo with us for Hoppy Hour. You will be hopping and bopping to the beat by the Hoppy Trails Duo. Tom and Sharon Woodall are pleased to come and entertain you. There will be plenty of catered appetizers and drinks to choose from. You don't want to miss out; it will be an "EGG~CELLENT" day.

April 4th at 2:00pm we have special Saturday Classical Musician: Tom Derthick will be in the Cabaret Lounge. I am so thankful to Cynthia Hearden for contacting these talented musicians to be here at our community. I know we are all grateful to her and every musician that fills us with joy. On the 16th at 10:30am we have a Ceramics Class with Claudie in the Activities Center. On the 21st we will have a special presentation with our very own resident Cynthia Hearden. She is here to talk about her life at the Metcalfe House. I have another special person that would like to give some of her time to her Campus Commons community. On the 28th at 10:00am & 2:00pm is a Fused Glass Class in the Activities Center with Deanna Brewer, your Community Administrator. She will teach you how to make magnets. If you have never been to one of her classes, be sure to add your name to one of the two times. You can find the sign-up sheet on the credenza table outside of the Activities Center. Last but not least, on the 29th at 2:00pm, we have a presentation about Empowering our Seniors with Adult Protective Services in the Cabaret Lounge.

Here at Campus Commons our activities program is full of options, so be sure to highlight your April calendar. Come out and stay engaged with your communal friends. Please refer to your calendar for all Happy Hours and outings.

Have a Hoppy April.

