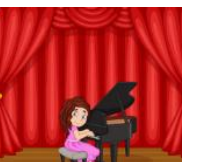


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026 Hilltop Commons			9:30 Exercise 1 10:00 Services for the Blind 10:00 NEW! SAIL class 1:00 Bingo 2:00 Hand and Foot 6:00 Movie Night Canada Day	9:30 Exercise 2 1:00 Coloring Group 2:30 Independence Day Happy Hour Live Music with Bob and Pat  ACTIVITY RAFFLE	STAFF HOLIDAY 3 9:30 Exercise 10:00 Therapy Dog Keona 12:30-1:00 A visit from Camp Gan Izzy! 1:00 Trivia	Happy Birthday Pam! Happy Birthday Joan M! 9:30 Exercise 4 1:00 Bingo/Resident call 6:00 Movie Night  Independence Day (U.S.)
5 1:30 Harmonic Convergence Quartet 	9:30 Exercise 6 1:00 Bingo 2:30 Bowen Method Demo 	9:30 Exercise 7 1:00 Trivia 2:30 Darn Yarners 2:30 Chair Tai Chi w Homer 	9:30 Exercise 8 10:00 NEW! SAIL class 1:00 Bingo 2:00 Hand and Foot 2:30 Decorate your walker!  6:00 Movie Night	Happy Birthday Patty! Happy Birthday Kathy J! 9:30 Exercise 9 1:00 Coloring Group 2:30 Happy Hour Live Music with Collin Hobbs 	9:30 Strength 10 10:00 Therapy Dog Keona 12:30 A second visit from Camp Gan Izzy! 1:00 Trivia 2:30 Beanbag Baseball 	9:30 Exercise 11 1:00 Bingo/Resident call 6:00 Movie Night 
12 1:00 Bingo/Resident call 2:00 Hand and Foot 	9:30 Exercise 13 12:30-3:30 Bowen Therapy 1:00 Bingo 	9:30 Exercise 14 <u>10:00am Outing for Pedicures and Lunch</u> 1:00 Trivia 2:30 Darn Yarners 2:30 Chair Tai Chi w Homer  Bastille Day	Happy Birthday Kathy T! 9:30 Exercise 15 10:00 Services for the Blind 10:00 SAIL class 1:00 Bingo 2:00 Hand and Foot 2:30 Line Dancing 6:00 Movie Night	9:30 Exercise 16 1:00 Coloring Group 2:30 Birthday Happy Hour with Chris Crockett 	9:30 Strength 17 10:00 Therapy Dog Keona 1:00 Trivia 2:00 National Tattoo Day! 2:30 Horse Races 	9:30 Exercise 18 1:00 Bingo/Resident call 6:00 Movie Night 
Happy Birthday Mary! 19 1:00 Bingo/Resident call 2:00 Hand and Foot 	9:30 Exercise 20 1:00 Bingo 2:30 Blackjack 	9:30 Exercise 21 11:00 Blood Pressure ✓ 1:00 Trivia 2:30 Darn Yarners 2:30 Chair Tai Chi w Homer 2:30 Paint & Sip 	9:30 Exercise 22 10:00 SAIL class 1:00 Bingo 2:30 Kitchen Connection  6:00 Movie Night	9:30 Exercise 23 1:00 Coloring Group 2:30 Happy Hour Live Music with Acoustic Underground 	9:30 Strength 24 10:00 Therapy Dog Keona 1:00 Trivia 2:30 Chair Volleyball 	9:30 Exercise 25 1:00 Bingo/Resident call 6:00 Movie Night 
26 1:00 Bingo/Resident call 2:00 Hand and Foot 	9:30 Exercise 27 1:00 Bingo 2:30 NEW! Project Rhythm and Rhyme 	9:30 Exercise 28 1:00 Trivia 2:30 Pop-up Piano Recital 	9:30 Exercise 29 10:00 SAIL class 1:00 Bingo 2:00 Hand and Foot 6:00 Movie Night 	9:30 Exercise 30 1:00 Coloring Group 2:30 Happy Hour Live Music with Nory Fussell 	9:30 Strength 31 10:00 Therapy Dog Keona 1:00 Trivia 2:30 Beanbag Baseball 	