

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	HAPPY BIRTHDAY, JOANNE S! 9:00 am Video Exercise-ER 9:45 am The Game Pictionary w/Caroline-ER 10:45 am Garden Club-Patio 1:00 pm Word Makers-ER 2:30 pm Beanbag Baseball-ER	9:00 am Full Body Exercise w/Caroline-ER 9:45 am Alpha One Blood Pressure-MR 9:45 am Trivia w/Caroline-MR 1:00 pm Poker Walk-MR 2:00-3:00 Avalon Hearing Aids-MR 6:30 pm Bingo w/Lois-MR	9:00 am Full Body Exercise w/Caroline-ER 11:00 am Birthday Brunch Celebration-DR 12:30 pm Stitch N Time-MR 2:30 pm Happy Hour w/ Jerry Lopes-MR 3:30 pm Activities Raffle-MR 6:00 pm Tabletop Games w/Judith -2FGR	9:00 am Yoga w/Tracy-ER 9:00 am Wii Bowling-MR 2:30 pm Seated Badminton-ER 	9:00 am Yoga w/Tracy-ER 9:45 am Richards Donuts-L 9:45 am The Game Blank Slate-MR 1:00 pm Pokeno-MR 2:30 pm Resident Wine Social (BYOB)-MR 6:30 pm Bingo w/Ruthie-MR 	9:30 am Full Body Exercise-ER 12:30 pm Sequence w/Willard-MR 2:30 pm Indoor Golf-ER 	
9:30 am Full Body Exercise-ER 11:00 am Water Painting-ER 1:30 pm Bridge w/John-MR	9:00 am Video Exercise-ER 9:45 am The Game Pictionary w/Caroline-ER 1:00 pm Word Makers-ER 2:30 pm Beanbag Baseball-ER	HAPPY BIRTHDAY, DAVID K! 9:00 am Full Body Exercise w/Caroline-ER 6:30 pm Bingo w/Lois-MR	9:00 am Full Body Exercise w/Caroline-ER 12:30 pm Stitch N Time-MR 2:30 pm Happy Hour w/ Pete S-MR 6:00 pm Tabletop Games w/Judith -2FGR 	HAPPY BIRTHDAY, TERRY S! 9:00 am Yoga w/Tracy-ER 9:00 am Wii Bowling-MR 1:30 pm Teaching Kitchen w/Chef Carina-DR 4:00 - 6:00 pm Senior Prom-DR	9:00 am Yoga w/Tracy-ER 9:45 am The Game Blank Slate-MR 1:00 pm Pokeno-MR 2:30 pm Resident Wine Social (BYOB)-MR 6:30 pm Bingo w/Ruthie-MR	9:30 am Full Body Exercise-ER 12:30 pm Sequence w/Willard-MR 2:30 pm Cornhole-ER 	
9:30 am Full Body Exercise-ER 11:00 am Coloring Pages-ER 1:30 pm Bridge w/John-MR Flag Day	HAPPY BIRTHDAY, PATTY R! 9:00 am Video Exercise-ER 9:45 am The Game Pictionary w/Caroline-ER 10:45 am Garden Club-Patio 1:00 pm Word Makers-ER 2:30 pm Beanbag Baseball-ER	9:00 am Full Body Exercise w/Caroline-ER 9:45 am Alpha One Blood Pressure-MR 9:45 am Trivia w/Caroline-MR 2:00 pm Craft Class-CR 6:30 pm Bingo w/Lois-MR	HAPPY BIRTHDAY, RUTH B! HAPPY BIRTHDAY, DOTTIE H! 9:00 am Full Body Exercise w/Caroline-ER 12:30 pm Stitch N Time-MR 2:30 pm Happy Hour w/ Gene Thorp-MR 6:00 pm Tabletop Games w/Judith -2FGR 	9:00 am Yoga w/Tracy-ER 9:00 am Wii Bowling-MR 1:30 pm Teaching Kitchen w/ Chef-DR 2:30 pm Seated Badminton-ER 	HAPPY BIRTHDAY, IRENE C! 9:00 am Yoga w/Tracy-ER 9:45 am The Game Blank Slate-MR 2:30 pm Resident Wine Social (BYOB)-MR 6:30 pm Bingo w/Ruthie-MR (STAFF HOLIDAY) Juneteenth	9:30 am Full Body Exercise-ER 12:30 pm Sequence w/Willard-MR 2:30 pm Volleyball-ER 	
9:30 am Full Body Exercise-ER 10:30 - 12:30 Father's Day Brunch - DR 1:30 pm Bridge w/John-MR HAPPY FATHER'S DAY	9:00 am Video Exercise-ER 9:45 am The Game Pictionary w/Caroline-ER 1:00 pm Word Makers-ER 2:30 pm Beanbag Baseball-ER	HAPPY BIRTHDAY, LOIS J! 9:00 am Full Body Exercise w/Caroline-ER 9:45 am Trivia w/Caroline-MR 2:30 pm New Resident Tea Social w/ Michelle-MR 6:30 pm Bingo w/Lois-MR 	HAPPY BIRTHDAY, NAIDA J! 9:00 am Full Body Exercise w/Caroline-ER 12:30 pm Stitch N Time-MR 2:30 pm Happy Hour w/ Song Bird Trio-MR 6:00 pm Tabletop Games w/Judith -2FGR 	HAPPY BIRTHDAY, BEVERLEY R! HAPPY BIRTHDAY, JOHN M! 9:00 am Yoga w/Tracy-ER 9:00 am Wii Bowling-MR 2:30 pm Seated Badminton-ER 	9:00 am Yoga w/Tracy-ER 9:45 am The Game Blank Slate-MR 1:00 pm Pokeno-MR 2:30 pm Resident Wine Social (BYOB)-MR 6:30 pm Bingo w/Ruthie-MR	9:30 am Full Body Exercise-ER 12:30 pm Sequence w/Willard-MR 2:30 pm Indoor Golf-ER 	
HAPPY BIRTHDAY, ROBIN S! 9:30 am Full Body Exercise-ER 11:00 am Bookmark Decorating-ER 1:30 pm Bridge w/John-MR	9:00 am Video Exercise-ER 9:45 am The Game Pictionary w/Caroline-ER 10:45 am Garden Club-Patio 1:00 pm Word Makers-ER 2:30 pm Beanbag Baseball-ER	9:00 am Full Body Exercise w/Caroline-ER 9:45 am Alpha One Blood Pressure-MR 9:45 am Trivia w/Caroline-MR 2:00 pm Speed Bingo w/Caroline-MR 6:30 pm Bingo w/Lois-MR 				<h1>Winding Commons</h1> <h2>Senior Living</h2>	

ER = Exercise Room, MR = Media Room, PL = Parking Lot, 2FGR = 2nd Floor Game Room, L = Lobby, DR = Dining Room, CR = Craft Room, PR = Pool Room, FPL = Front Parking Lot – All Activities are subject to change.