

List of Vendors for Other Services

Kaleidoscope Salon

Denise Hubbard: (916) 486-2710

Independent Contractor

Call to schedule an appointment.

Open Tuesdays to Fridays from 8 a.m. to 4 p.m.

- Men's Haircut ~ \$20.00
- Women's Haircut ~ \$25.00
- Shampoo/Set ~ \$25.00
- Shampoo or Conditioner Only ~ \$7.00
- Colors ~ \$55.00+
- Perms ~ \$75.00+

Celtic Hands Massage

Kevin McLachlan: (916) 878-6189

Independent Contractor

2nd & 4th Tuesday each month

11:00 am - 1:00 pm ~ sign up in the pink book.

\$25.00 for 15 minutes ~ seated chair massage.

Clean Touch

Will Huttunen: (916) 600-6161

Independent Contractor

Laundry services, dry cleaning, and alterations. Call for pick up at your front door! 10lb. minimum at \$30

Community Hearing Aid Center

Ed Vinson: (916) 797-9188

Independent Contractor

Free cleaning, batteries & check-up!

Call Ed to set up an appointment.

Johnson Hauling & More

J.J. Johnson (916) 643-5164

Independent Contractor

Suburban Notary

Christina Valdez (916) 878-0435

Independent contractor - Mobile Notary

If you have an emergency, please call (916) 786-2751! We have staff on site 24 hours, 7 days a week. We are here to assist you!



Office Hours

7 Days a Week
8:30 a.m. - 5:00 p.m.

Roseville Commons Staff

Kathy Horbasch ~ Administrator

Drew Marcus ~ Marketing Director

Ginger McCauley ~ Activities Director

Melody Powers ~ Resident Relations

Donna Enos ~ PT Resident Relations

TBA ~ Maintenance

Tammy Davis ~ Van Transportation

De Rollins ~ Bus Transportation

Margaret, Stephanie & Rosa ~ Housekeeping

Joy, Lupe, Julia & Justin ~ Night Porters

Roseville Commons Contact Numbers

Front Office: (916) 786-2751

Night Porters are on duty all night!

Transportation: (916) 827-7643

Kitchen: (916) 472-6471

Activities Office: (916) 749-3189

Laundry Room Hours

Large Laundry Room on 1st Floor
7:00 a.m. to 10:00 p.m. - 7 Days a Week

Small Laundry Rm: 1st, 2nd & 3rd Floors
8:00 a.m. to 9:00 p.m. - 7 Days a Week

Nightly Trash Pick-Up Hours

6:00 p.m. to 8:00 p.m.
7 Days a Week

Please have all items in a tied plastic trash bag and fold flat all cardboard boxes

The Rose Review

Roseville Commons . 275 Folsom Rd., Roseville, CA 95678 . (916) 786-2751

Like us on Facebook: www.facebook.com/RosevilleCommonsSeniorLiving



Celebrating May

Salsa Month

Family Month

Arthritis Awareness Month

Older Americans Month

May Day

May 1

Cinco de Mayo

May 5

Mother's Day

May 10

International Nurses Day

May 12

Armed Forces Day

May 16

Rescue Dog Day

May 20

Memorial Day

May 25

International Jazz Day

May 30



Kentucky Derby

Roseville Commons will be holding its second Annual Kentucky Derby Races on:

Friday, May 1st
Gates Open at 2:00 p.m.
in the Rose Room

Come enjoy an afternoon betting on your favorite Roseville Commons horses. Six races will be held, and you will need six quarters (\$1.50) to bet on the races.

However, prize-winning thoroughbreds aren't the only main event at the annual race. The equestrian spectacle is also known for its extravagant accessories — specifically, hats. Women wearing hats at the Kentucky Derby is a tradition that celebrates fashion, fun, and individuality. From their historical roots as a symbol of class and sophistication to their present-day role as a vibrant expression of personal style, hats have become an essential part of the Derby experience. So, this year we encourage you to participate in our Kentucky Derby Best Hat Contest! Prizes will be awarded to the top three hats.

Even if you do not want to place a bet, join us for all the fun! Everyone who attends will be eligible for our Kentucky Derby raffle prizes drawing at the end of the races. We will also be serving a signature cocktail during the event.



Culinary Corner

The Morrison Living team has planned the following special holiday meals for the Month of May 2026.



Cinco de Mayo Dinner

Tuesday, May 5th from 4:00 p.m. to 6:00 p.m.

Guest meals are \$12.00

Alternate Menu Available

- Tortilla Soup, Mexican Street Corn,
- Carne Asada & Pollo Asado Tacos
- Refried Beans & Spanish Rice
- Avocado Salsa, Onion & Cilantro
- Churro Donut Bites with Chocolate Sauce



Mother's Day Dinner

Sunday, May 10th from 4:00 p.m. to 6:00 p.m.

Holiday Guest Meals are \$18.00

Alternate Menu Available

- Wine, Cream of Asparagus Soup,
- Green Salad with Pear and Gorgonzola
- Airline Chicken Breast w/ Champagne Cream Sauce
- Boulangerie Potatoes, Asparagus, Assorted Rolls
- Flourless Chocolate Torté w/ Raspberry Sauce,



Memorial Day BBQ

Monday, May 25th from 4:00 p.m. to 6:00 p.m.

Guest meals are \$18.00 -

Alternate Menu Available

- Carrot Soup, Garden Salad
- BBQ Ribs & Carolina Gold Chicken
- Cole Slaw, Baked Beans, Corn on the Cob,
- Sliced Watermelon, Ice Cream Drumsticks

May Birthdays

In astrology, those born May 1–20 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they are not shy about rewarding themselves for a job well done. Those born May 21–31 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Geminis love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues.

- Frankie Valli (singer) – May 3, 1934
- Willie Mays (ballplayer) – May 6, 1931
- Florence Nightingale (nurse) – May 12, 1820
- Cher (singer and actress) – May 20, 1946
- Bill Robinson (tap dancer) – May 25, 1878
- Sally Ride (astronaut) – May 26, 1951
- Gladys Knight (singer) – May 28, 1944
- Clint Eastwood (actor) – May 31, 1930
- Brooke Shields – May 31, 1965

Resident Birthdays



- 16th Maddie Altman
- 18th Marlo Butters
- 20th Lynn Carpineta
- 22nd Bill Cox
- 22nd Jerry Kazee
- 23rd Marge Griggs
- 27th Bill Fetch
- 31st Karen Opich

BIRTHDAY PARTY!

We will be celebrating our monthly May birthdays during our Happy Hour on **Thursday, May 28th at 2:30 p.m. in the Rose Room.** Cupcakes will be served!



What's Happening in May

Monday, May 4th at 1:30 p.m.

We will be holding a **Spring Art Class**. The Month will be working on canvas paintings. The class is limited to 12 residents so sign-up today in the front lobby sign-up binder!



Monday, May 11th & 18th at 3:00 p.m.

Join Ginger for a fun hour of **Horse Racing** in the Rose Room! Please bring 6 quarters to place your bets. Invite a friend or neighbor! The more bets, the more you can win!



Tuesday, May 19th at 1:00 p.m.

Come help us share your gardening expertise, check on the progress of our garden, and join in the fun at our **Gardening Club** on the Sunset Terrace.



Tuesday, May 12th & 26th at 12:30 p.m.

Join Piano Man Dan in the Rose Room at 12:30 p.m. for an hour of **Name That Tune and Sing-along!** Make sure you invite your neighbor or friend!



Wednesday, May 20th at 9:30 a.m.

Invite a friend and come enjoy a delicious morning treat and a cup of coffee. Our **Donut Social** will be set up in the Rose Room.



Friday, May 15th at 2:30 p.m.

Karaoke Hour! Join Jim and Linda in the Rose Room for an hour of Karaoke fun! Come hear some of our gifted residents show off their singing talent!



Tuesday, May 19th at 1:00 p.m.

Calling all Veterans! Join us in the Library for our monthly **Veterans Meeting**. Come learn about benefits available to you and socialize with other Veterans.



Sunday, May 24th at 3:00 p.m.

Teaching Kitchen with Chef Louis. This month we will be talking about and tasting almonds.



Check out the May activity calendar for many other fun activities, outings and events



Marketing Moments

Only the last vestige of daylight remained and even that was quickly retreating. A hint of orange becoming a deep purple. At first, only the brightest stars made their presence known, until eventually the entire twinkling starfield was above us.

The kindling in the fire pit catches and flames begin to crackle, quickly consuming sticks and branches before beginning to lap at the bigger logs. Slowly at first and then all at once, a warm glow reveals familiar faces and iridescent eyes that seem filled with dreams.

A song about a railroad and lost love plays while marshmallows catch fire and turn black. Someone points at what used to be a shooting star, now just empty sky. A story about old times meanders until it becomes a wish for the future.

The flames diminish leaving glowing red embers outlined in gray ash. For a moment, the firelight dims. Thick smoke fills the air changing direction repeatedly and making us turn away. We grab the tongs and turn the logs every which way, combining and separating. Stacking them in new positions exposing previously protected less burnt areas. The smoke swirls as oxygen rushes in. The tended fire roars back to life.

Every now and again, you may believe your fire is out. That the warmth is gone and the light won't return. But there is so much more left than you think. Remember it needs movement. Remember it needs to breathe. And perhaps most of all, it needs your attention.

I hope your fire burns bright for a long time.

Drew Marcus
Marketing Director





May Bus Outings

If you would like to go on any of the fun trips planned for May, please sign up in the Burgundy Binder in the Front Lobby. Join us for some fun adventures!



Friday, May 8th
Gold Country Scenic Drive and Picnic Lunch
(Coloma, CA)
Departure Time: 9:00 a.m.



Friday, May 15th
Sierra Miniature Horse Farm Visit & Lunch at Wings Grill Restaurant
(Auburn, CA)
Departure Time: 9:00 a.m.



Friday, May 29th
Folsom Lake Scenic Drive with BBQ Picnic Lunch
(Folsom, CA)
Departure Time: 9:00 a.m.

Do you have any suggestions for fun summer bus trips? Our Activity Director, Ginger, would love to talk to you!



Come enjoy a delightful afternoon of delicious ice cream, great conversation, and community connection. Come meet new neighbors and spend time with friends on:

Wednesday, May 27th
at 1:00 p.m.
In the Rose Room!

All residents are welcome – bring your sweet tooth and a smile! We look forward to seeing you there for a scoop (or two) of fun!



Join us for a festive celebration in honor of Cinco de Mayo on

Tuesday, May 5th at 2:30 p.m.

Come enjoy a delightful afternoon of tasty Mexican-inspired refreshments. Feel free to wear festive colors to celebrate this special day. We look forward to seeing everyone in the Rose Room for a fun afternoon.



You are warmly invited to join us as we celebrate the wonderful mothers in our community on:

Wednesday, May 6th
at 2:30 p.m.
on the Sunset Terrace

Be prepared to indulge in sweet treats while listening to relaxing music in the sunshine to celebrate all moms!

Let's come together to honor the love, care, and wisdom that mothers bring into our lives. All are welcome!



New Resident
Welcome



Bill Cox - Apt. #109
Sondra Matthews - Apt. #125



Dog owners: Kindly clean up after your pets and keep them on a leash at all times.



Get ready for another fun-filled month of Happy Hours and parties! Please join us in the Rose Room on the dates below.

Thursday, May 7th at 2:30 p.m.
Entertainment by **Peter Morgan**.

Peter is known for his signature coastal smooth jazz vibe, spiced with a dash of blues and a taste of country! Peter is a performer that you do not want to miss!!



Thursday, May 14th at 2:30 p.m.

Entertainment by **Alincia Vela**. Her range in musical genres is unsurpassed as she is able to perform everything from opera to top 40, oldies, standards, country, rock, jazz and beyond

Thursday, May 21st at 2:30 p.m.

Entertainment with **Gary Blodgett**. Gary is known as a classic country artist. He is a talented musician and singer who gets our residents up on the dance floor! Gary is one of Roseville Commons favorite entertainers.



Thursday, May 28th at 2:30 p.m.

Come celebrate our May birthdays during this Happy Hour! Birthday cupcakes & other snacks will be served! **Todd Morgan** will be here to entertain us! Todd's wizardry on the piano, together with his fabulous vocals have delighted audiences of all ages. You don't want to miss this Happy Hour!



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026



3
 9:00 Tai Chi DVD - RR
 9:45 Stretch & Strength DVD - RR
 10:00 Brain Teasers - RR
 11:00 Seated Exercise - RR
 1:00 Matinee Movie - RR
 6:00 Bingo with Terry - RR

4
 9:00 Exercise with Weights- RR
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 11:30/12:30 Wii Bowling - RR
 1:30 Spring Arts & Crafts Class - RR
 3:00 Bingo with Terry
 6:00 Puzzle Hour - LB

5
 Cinco de Mayo
 9:00 Exercise with Weights- RR
 9:45 Sit & Stretch Exercise
 10:45 Tai Chi Exercise
 2:30 Cinco de Mayo Celebration
 4-6 p.m. Cinco de Mayo Dinner
 6:00 Pencil Color Art - LB

6
 9:00 Exercise with Weights- RR
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 2:30 Mother's Day Celebration on the Sunset Terrace
 3:30 TV Trivia - RR
 6:00 Residents Card Night

7
 9:00 Exercise with Weights- RR
 9:00 Catholic Communion - CH
 9:45 Sit & Stretch Exercise - RR
 11:30/12:30 Wii Bowling - RR
 1:00 Music Videos - RR
 2:30 Happy Hour & Music with Peter Morgan- RR
 6:00 Bingo with Terry - RR

8
 MAY DAY
 9:00 Exercise with Weights - RR
 9:45 Sit & Stretch Exercise
 10:45 Tai Chi Exercise DVD
 2:00 Kentucky Derby Horse Races with Hat Contest & Raffle Prizes
 6:00 Friday Night Movie - RR

9
 9:00 Tai Chi DVD - RR
 9:45 Stretch & Strength Exercise
 11:00 Seated Yoga - RR
 11:30 Wii Bowling Session 1- RR
 12:00 Wii Bowling Session 2- RR
 2:00 Down Memory Lane - LB
 3:00 Wii Sports - RR
 6:00 Saturday Night Movie - RR

10
 MOTHER'S DAY
 9:00 Tai Chi DVD - RR
 9:45 Stretch & Strength DVD - RR
 11:00 Seated Exercise - RR
 1:00 Afternoon Movie - RR
 4:00 to 6:00 p.m. Mother's Day Dinner
 6:00 Bingo with Terry- RR

11
 9:00 Exercise with Weights
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 11:30/12:30 Wii Bowling - RR
 1:00 POKENO - RR
 2:00 Seated Volleyball-RR
 3:00 Horse Races - RR
 6:00 Puzzle Hour - LB

12
 9:00 Exercise with Weights
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 11:00 Seated Massages - CR
 12:30 Name that Tune with Piano Man Dan - RR
 2:30 Bean Bag Baseball - RR
 6:00 Pencil Color Art - LB

13
 9:00 Exercise with Weights- RR
 9:00 Bible Study & Worship- CH
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 1:00 POKENO - RR
 2:30 Afternoon Bingo - RR
 3:30 TV Trivia - RR
 6:00 Card Night - LB

14
 9:00 Exercise with Weights
 9:00 Catholic Communion - CH
 9:45 Sit & Stretch Exercise - RR
 11:30/12:30 Wii Bowling - RR
 1:00 Music Videos - RR
 2:30 Happy Hour & Music with Alinicia & Jr. - RR
 6:00 Bingo with Terry- RR

15
 Bus Outing- Gold Country Picnic in Coloma
 9:00 Exercise with Weights- RR
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD- RR
 1:30 Video: Gold Rush in Coloma
 3:00 Afternoon Bingo - RR
 6:00 Friday Night Movie - RR

16
 Armed Forces Day
 9:00 Tai Chi DVD - RR
 9:45 Stretch & Strength Exercise
 11:00 Seated Yoga - RR
 11:30 Wii Bowling Session 1- RR
 12:00 Wii Bowling Session 2- RR
 2:00 Down Memory Lane - LB
 3:00 Wii Sports - RR
 6:00 Saturday Night Movie - RR

17
 9:00 Tai Chi DVD - RR
 9:45 Stretch & Strength DVD - RR
 10:00 Brain Teasers - RR
 11:00 Seated Exercise - RR
 1:00 Afternoon Movie
 3:00 Chef Talk with Louis- RR
 6:00 Bingo with Terry- RR

18
 9:00 Exercise with Weights
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 11:30/12:30 Wii Bowling - RR
 1:00 POKENO - RR
 2:00 Seated Volleyball-RR
 3:00 Horse Races - RR
 6:00 Puzzle Hour - LB

19
 9:00 Exercise with Weights
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD
 1:00 Veteran's Meeting
 1:00 Gardening Club
 2:30 Bean Bag Baseball
 3:30 Travel Video: Mexico
 6:00 Pencil Color Art - LB

20
 9:00 Exercise with Weights
 9:30 Donut Social - RR
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 1:00 POKENO - RR
 2:30 Afternoon Bingo - RR
 3:30 TV Trivia - RR
 6:00 Residents Card Night - RR

21
 9:00 Exercise with Weights
 9:00 Catholic Communion - CH
 9:45 Sit & Stretch Exercise - RR
 11:30/12:30 Wii Bowling - RR
 1:00 Music Videos - RR
 2:30 Happy Hour & Music Gary Blodgett - RR
 6:00 Bingo with Terry - RR

22
 9:00 Exercise with Weights- RR
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 1:30 Video: How Money is Made- Modern Printing Factory
 3:00 Afternoon Bingo - RR
 6:00 Friday Night Movie - RR

23
 9:00 Tai Chi DVD - RR
 9:45 Stretch & Strength Exercise
 11:00 Seated Yoga - RR
 11:30 Wii Bowling Session 1- RR
 12:00 Wii Bowling Session 2- RR
 2:00 Down Memory Lane - LB
 3:00 Wii Sports - RR
 6:00 Saturday Night Movie - RR

24
 9:00 Tai Chi DVD - RR
 9:45 Stretch & Strength DVD - RR
 10:00 Brain Teasers - RR
 11:00 Seated Exercise - RR
 1:00 Afternoon Movie - RR
 3:00 Teaching Kitchen w/ Chef Louis: Almonds
 6:00 Bingo with Terry

25
 MEMORIAL DAY
 Staff Holiday
 9:00 Exercise with Weights- RR
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 11:30/12:30 Wii Bowling
 3:00 Bingo with Terry
 4-6 PM Memorial Day BBQ

26
 9:00 Exercise with Weights
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 11:00 Seated Massages - CR
 12:30 Name that Tune with Piano Man Dan - RR
 2:30 Bean Bag Baseball - RR
 6:00 Pencil Color Art - LB

27
 9:00 Exercise with Weights
 9:00 Bible Study & Worship- CH
 9:45 Sit & Stretch Exercise
 10:45 Tai Chi Exercise DVD
 1:00 Meet & Mingle Ice Cream Social
 2:30 Afternoon Bingo - RR
 6:00 Residents Card Night - RR

28
 9:00 Exercise with Weights
 9:00 Catholic Communion - CH
 9:45 Sit & Stretch Exercise - RR
 11:30/12:30 Wii Bowling - RR
 1:00 Music Videos - RR
 2:30 Happy Hour & Birthday Party with Todd Morgan
 6:00 Bingo with Terry - RR

29
 Bus Outing- BBQ at Folsom Lake
 9:00 Exercise with Weights- RR
 9:45 Sit & Stretch Exercise - RR
 10:45 Tai Chi Exercise DVD - RR
 1:30 Travel Video: Caribbean
 3:00 Afternoon POKENO - RR
 6:00 Friday Night Movie - RR

30
 9:00 Tai Chi DVD - RR
 9:45 Stretch & Strength Exercise
 11:00 Seated Yoga - RR
 11:30 Wii Bowling Session 1- RR
 12:00 Wii Bowling Session 2- RR
 2:00 Down Memory Lane - LB
 3:00 Wii Sports - RR
 6:00 Saturday Night Movie - RR

31
 9:00 Tai Chi DVD - RR
 9:45 Stretch & Strength DVD - RR
 10:00 Brain Teasers - RR
 11:00 Seated Exercise - RR
 1:00 Afternoon Matinee Movie - RR
 6:00 Bingo with Terry

