


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 POKENO - RR 2:00 Seated Volleyball-RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB</p>	<p>2</p> <p>9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise 10:30 Tai Chi Exercise DVD - RR 1:00 Gardening Club  2:30 Bean Bag Baseball - RR 3:30 Travel Video: Niagara Falls - RR 6:00 Pencil Color Art - LB</p>	<p>3</p> <p>9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 TV Trivia - RR 6:00 Residents Card Night - RR</p>	<p>4</p> <p>9:00 Exercise with Weights- RR 9:00 Catholic Communion - CH 9:45 Sit & Stretch Exercise - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 Music Videos - RR 2:30 Happy Hour & Music with Rick Turnage - RR 6:00 Bingo with Terry - RR</p>	<p>5</p> <p>9:00 Exercise with Weights - RR 9:45 Sit & Stretch Exercise 10:30 Tai Chi Exercise DVD - RR 1:00 Art Class with Marion: Decoupage Candle Jars  3:00 Afternoon Bingo 6:00 Friday Night Movie - RR</p>	<p>6</p> <p>9:00 Tai Chi DVD - RR 9:45 Stretch & Strength Exercise 11:00 Seated Yoga - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 2:00 Down Memory Lane - LB 3:00 Wii Sports - RR 6:00 Saturday Night Movie - RR</p>
<p>7</p> <p>9:00 Tai Chi DVD - RR 9:45 Stretch & Strength DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Exercise - RR 1:00 Matinee Movie - RR 3:00 Chef Talk with Louis - RR  6:00 Bingo with Terry</p>	<p>8</p> <p>9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 POKENO - RR 2:00 Seated Volleyball-RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB</p>	<p>9</p> <p>9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:00 Seated Massages - CR  12:30 Name that Tune with Piano Man Dan - RR 2:30 Bean Bag Baseball - RR 3:30 Travel Video: Sweden 6:00 Pencil Color Art - LB</p>	<p>*National Iced Tea Day* 10</p> <p>9:00 Exercise with Weights- RR 9:00 Bible Study & Worship- CH 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 1:00 POKENO - RR 2:00 Ice Tea Served-RR  2:30 Afternoon Bingo 3:30 TV Trivia - RR 6:00 Card Night - RR</p>	<p>11</p> <p>9:00 Exercise with Weights 9:00 Catholic Communion - CH 9:45 Sit & Stretch Exercise - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 Music Videos - RR 2:30 Happy Hour & Music with Linda Bracamonte - RR 6:00 Bingo with Terry- RR</p>	<p>12</p> <p>9:00 Exercise with Weights 9:45 Sit & Stretch Exercise 10:30 Tai Chi Exercise 1:00 Presentation by Joel Segel- Stainless Steel: Cookies Served  3:00 Afternoon Bingo 6:00 Friday Night Movie - RR</p>	<p>13</p> <p>9:00 Tai Chi DVD - RR 9:45 Stretch & Strength Exercise 11:00 Seated Yoga - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 2:00 Down Memory Lane - LB 3:00 Wii Sports - RR 6:00 Saturday Night Movie - RR</p>
<p>***FLAG DAY*** 14</p> <p>9:00 Tai Chi DVD - RR 9:45 Stretch & Strength DVD - RR 11:00 Seated Exercise - RR 1:00 Afternoon Movie - RR 2:00 Mahjong - LB 3:00 Teaching Kitchen w/ Chef Louis: Cherries  6:00 Bingo with Terry- RR</p>	<p>15</p> <p>9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 POKENO - RR 2:00 Seated Volleyball-RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB</p>	<p>16</p> <p>9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 1:00 Veteran's Meeting  1:00 Gardening Club  2:30 Bean Bag Baseball 3:30 Travel Video: Norway 6:00 Pencil Color Art - LB</p>	<p>*Root Beer Float Day* 17</p> <p> 9:00 Exercise with Weights 9:30 Donut Social - RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 2:00 Father's Day Celebration with Alincia & Jr. on the Sunset Terrace 3:30 TV Trivia - RR 6:00 Residents Card Night - RR</p>	<p>18</p> <p>9:00 Exercise with Weights 9:00 Catholic Communion - CH 9:45 Sit & Stretch Exercise - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 Music Videos - RR 2:30 Happy Hour with Beny and His Singing Sax - RR 6:00 Bingo with Terry - RR</p>	<p>JUNETEENTH 19 <i>Staff Holiday</i></p> <p>9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 12:30 Afternoon Bingo - RR 2:30 Karaoke Hour with Jim & Linda - RR 3:30 Juneteenth History Video 6:00 Friday Night Movie</p>	<p>20</p> <p>9:00 Tai Chi DVD - RR 9:45 Stretch & Strength Exercise 11:00 Seated Yoga - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 2:00 Down Memory Lane - LB 3:00 Wii Sports - RR 6:00 Saturday Night Movie - RR</p>
<p>***FATHER'S DAY*** 21 SUMMER BEGINS</p> <p>9:00 Tai Chi DVD - RR 9:45 Stretch & Strength DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Exercise - RR 1:00 Afternoon Movie 4:00 to 6:00 p.m. Father's Day BBQ  6:00 Bingo with Terry</p>	<p>22</p> <p>9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 POKENO - RR 2:00 Seated Volleyball-RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB</p>	<p>23</p> <p>9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:00 Seated Massages - CR  12:30 Name that Tune with Piano Man Dan - RR 2:30 Bean Bag Baseball - RR 3:30 Travel Video: Finland 6:00 Pencil Color Art - LB</p>	<p>24</p> <p>9:00 Exercise with Weights 9:00 Bible Study & Worship- CH 9:45 Sit & Stretch Exercise 10:30 Tai Chi Exercise DVD 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 TV Trivia - RR 6:00 Residents Card Night - RR</p>	<p>25</p> <p>9:00 Exercise with Weights 9:00 Catholic Communion - CH 9:45 Sit & Stretch Exercise - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 Music Videos - RR 2:30 Happy Hour & Birthday Party with Mike Ely 6:00 Bingo with Terry - RR</p>	<p>26</p> <p>9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 12:30 POKENO - RR 2:00 Summer Meet & Mingle on the Sunset Terrace  3:30 Video: Modern Marvels: How Wine is Made - RR 6:00 Friday Night Movie - RR</p>	<p>27</p> <p>9:00 Tai Chi DVD - RR 9:45 Stretch & Strength Exercise 11:00 Seated Yoga - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 2:00 Down Memory Lane - LB 3:00 Wii Sports - RR 6:00 Saturday Night Movie - RR</p>
<p>28</p> <p>9:00 Tai Chi DVD - RR 9:45 Stretch & Strength DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Exercise - RR 1:00 Afternoon Movie - RR 2:00 Mahjong - LB 6:00 Bingo with Terry</p>	<p>29</p> <p>9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 POKENO - RR 2:00 Seated Volleyball-RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB</p>	<p>30</p> <p>9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 1:00 Gardening Club  2:30 Bean Bag Baseball 3:30 Travel Video: Austria  6:00 Pencil Color Art - LB</p>				