

Office Hours

7 Days a Week
8:30 a.m. - 5:00 p.m.

Roseville Commons Staff

Kathy Horbasch ~ Community Administrator
Roseville-mgr@raystoneinc.com

Drew Marcus ~ Marketing Director
Roseville-md@raystoneinc.com

Ginger McCauley ~ Activities Director
Roseville-ad@raystoneinc.com

Melody Powers ~ Resident Relations
and

Donna Enos ~ PT Resident Relations
Roseville-rr@raystoneinc.com

David Guttman ~ Maintenance
Dguttman@raystoneinc.com

Tammy Davis ~ Van Transportation

TBA ~ Bus Transportation

Margaret, Stephanie & Rosa ~ Housekeeping

Joy, Lupe, Julia & Justin ~ Night Porters

Team Morrison

Louis Schwartz – Chef/Director of Dining Services
Louisschwartz@morrisonliving.com

Morrison Kitchen and Wait Staff:
Hunter, Charles, Greg, Taylor,
Javi, Emily, Avery, Troy, Kay,
Corey, Sherri, Jadenn & Teresa

Roseville Commons Contact Numbers

Front Office: (916) 786-2751
Night Porters are on duty all night!

Transportation: (916) 827-7643

Kitchen: (916) 472-6471

Activities Office: (916) 749-3189



Laundry Room Hours

Large Laundry Room on 1st Floor
7:00 a.m. to 10:00 p.m. - 7 Days a Week

Small Laundry Rm: 1st, 2nd & 3rd Floors
8:00 a.m. to 9:00 p.m. - 7 Days a Week

Nightly Trash Pick-Up Hours

6:00 p.m. to 8:00 p.m.
7 Days a Week

*Please have all trash items in a tied plastic
trash bag. Boxes must be broken down.*

Optional Resources

Kaleidoscope Salon
Denise Hubbard: (916) 486-2710
Independent Contractor
Call to schedule an appointment.
Open Tuesdays to Fridays from 8 a.m. to 4 p.m.

Celtic Hands Massage
Kevin McLachlan: (916) 878-6189
Independent Contractor
2nd & 4th Tuesday each month
11:00 am - 1:00 pm ~ sign up in the pink book.
\$25.00 for 15 minutes ~ seated chair massage.

Clean Touch
Will Huttunen: (916) 600-6161
Independent Contractor
Laundry services, dry cleaning, and
alterations. Call for pick up at your front
door! 10lb. minimum at \$25

Community Hearing Aid Center
Ed Vinson: (916) 797-9188
Independent Contractor
Free cleaning, batteries & check-up!
Call Ed to set up an appointment.

Johnson Hauling & More
J.J. Johnson (916) 643-5164
Independent Contractor

*If you have an emergency, please call (916)
786-2751! We have staff on site 24 hours,
7 days a week. We are here to assist you!*

The Rose Review

Roseville Commons . 275 Folsom Rd., Roseville, CA 95678 . (916) 786-2751
Like us on Facebook: www.facebook.com/RosevilleCommonsSeniorLiving



Celebrating July

National Grilling Month

Parks and Recreation Month

National Watermelon Month

Canada Day
July 1

World UFO Day
July 2

Dog Days of Summer Begins
July 3

Independence Day (U.S.)
July 4

Blueberry Day
July 8

National Hot Dog Day
July 15

Tattoo Day
July 17

Tell an Old Joke Day
July 24

Paperback Book Day
July 30

UNITED STATES OF AMERICA



PATRIOTIC CELEBRATION

WEDNESDAY, JULY 1ST

AT 2:30 P.M.

IN THE ROSE ROOM

In 2026, the USA proudly celebrates its 250th anniversary.
This historic milestone marks 250 years since the adoption of
the Declaration of Independence on July 4, 1776, when thirteen
colonies declared their freedom from Great Britain and began
their journey as a new nation.

Join entertainer Alincia Vela for a patriotic sing-a-long
honoring America's special celebration. Nothing brings people
together quite like a slice of pie, so we will be serving a variety
of delicious pies during the celebration. Pie has long been a
favorite American tradition, bringing families and friends together
around the table for generations, so it's the perfect dessert to
enjoy as we celebrate together!

As we celebrate America's 250th birthday, let us take time to
appreciate the values of liberty, democracy, and community that
have guided our nation for 250 years. Together, we honor the past,
celebrate the present, and look forward to the future.

Happy 250th Anniversary, America!

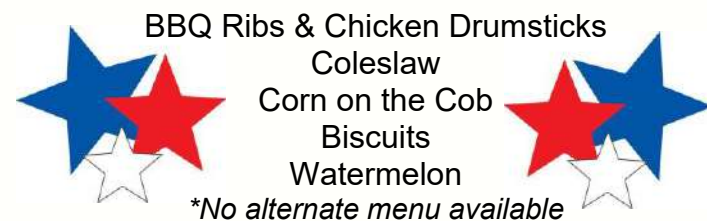


Culinary Corner

The kitchen staff is looking forward to celebrating Independence Day with you and have planned a delicious BBQ Brunch for July 4th!



4th of July BBQ Brunch
Saturday, July 4th ★ 10:30 a.m. to 12:30 p.m.
Guest Holiday Meal: \$18.00



**The Dining Room will be closed for dinner on July 4th for the holiday. Dinner to-go boxes will be available for pick up from 10:30 a.m. to 12:30 p.m.*



Denise Maziarz - Apt. #110
Wayne Wyatt - Apt. #223
Peggy Steelman - Apt. #330



Larry & Karen Waldron
61 years! - Married July 17, 1965

July Birthdays

In astrology, those born between July 1–22 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony. Those born between July 23–31 are Leo's Lions. Mixing strength, ambition, creativity, and a flair for the dramatic, it is no wonder that the king of the jungle is a Leo's mascot. Whether it's in Hollywood or in the home, Leos accomplish their goals.

Richard Petty (race-car driver) – July 2, 1937
 Ringo Starr (Beatle) – July 7, 1940
 Tom Hanks (actor) – July 9, 1956
 Arthur Ashe (tennis pro) – July 10, 1943
 Woody Guthrie (folk singer) – July 14, 1912
 Ginger Rogers (dancer) – July 16, 1911
 Janet Reno (attorney general) – July 21, 1938
 Lynda Carter (actress) – July 24, 1951
 Gracie Allen (comedian) – July 26, 1895

Resident Birthdays

8th **Jean Emmanuel**
 13th **Tim Griswold**
 16th **Jackie Young**
 17th **Charlene Presti**
 28th **Beverly Matthews**
 31st **Larry Waldron**



BIRTHDAY PARTY!



*We will be celebrating our monthly July birthdays during our Happy Hour on **Thursday, July 30th at 2:30 p.m. in the Rose Room.** Cupcakes will be served!*

What's Happening in July

Monday, July 6th, 13th, 20th & 27th at 3:00 p.m.



Come place your bets in the Rose Room with **Horse Racing** excitement! Please bring 6 quarters to play. A special thank you to Terry Colburn & Laurie Smith for helping with our horse races!

Friday, July 10th at 1:00 p.m.

Join us for an informative and engaging presentation on the importance of staying hydrated and how proper hydration can help you feel your best every day. RX Healthcare will hold a special **educational presentation on Hydration** in the Rose Room.



Sunday, July 12th at 3:00 p.m.



Chef Talk! Residents can bring their menu ideas and suggestions to Chef Louis in the Rose Room. We hear Chef Michelle will also be in attendance!

Tuesday, July 14th & 28th at 12:30 p.m.

Name that Tune with Piano Man Dan!

Dan will be playing favorite oldies on the piano as we sing and try to name the tune he is playing.



Wednesday, July 15th at 9:30 a.m.



Invite a friend and come enjoy a delicious morning treat and a cup of coffee. Our **Donut Social** will be set up in the Rose Room.

Friday, July 17th & 31st at 2:30 p.m.

Join Jim & Linda in the Rose Room for an hour of Karaoke fun! We will serve Lemonade on July 17th and ice cream bars on July 31st in honor of National Ice Cream Month!



Sunday, July 19th at 3:00 p.m.



Teaching Kitchen! Come learn about California rice with Chef Louis in the Rose Room! Chef will also prepare some delicious recipes using watermelon for residents to sample.

Check out the July activity calendar for many other fun activities and events!

Marketing Moments

Phineas Moonlight shines through branches on a still night. A caterpillar eats small half-circles into edges of verdant leaves, a small crunching sound almost impossible to hear. She shuffles with inch-worm elegance along the rough bark, making her way to the end, eventually finding the tiniest of twigs and tendrils. All at once, she is aware of light where there was dark. For a moment, flashing patterns of green and blue are all she knows.

A pale glow reveals the opening of the burrow next to the riverbank. A muskrat carries dry leaves back inside to reinforce and warm her nest, her litter almost grown. They only opened their eyes last week but by the next they will be trying to swim in the calm backwater. A startling sound and her eyes flit to the sky. Pinwheels of moving light rising and falling, smoke just behind.

A barn owl slips through the air, white plumage sleek and silent against the low cloud shimmer. Wings fully stretched, she slows and rides a column of warm air higher, tracking small movements on the hills below. Sounds of skittering along craggy rocks draw her closer. In an instant, a kaleidoscope of color on the horizon, her exquisite vision flashing white, head rotating away and back again to readjust.

The quilt is laid out on a soccer field in the evening, its red and blue flowers visible beneath a picnic basket and paper plates. Mom pulls out a sweatshirt asking if anyone is cold. A child runs with a glowstick in one hand and an unlit sparkler in the other, making a sound like a helicopter. Gasps and murmurs rise from the crowd as the fireworks continue, a dazzling prism of starbursts and blooms cascading until the crescendo. It's a perfect night.

Drew Marcus





Come down to the Rose Room for an hour of entertainment, dancing, beverages & snacks every Thursday in July on:



Thursday, July 2nd at 2:30 p.m.

Entertainment by **Peter Morgan**. Peter is known for his signature coastal smooth jazz vibe, spiced a dash of blues and a taste of country! Peter is a performer that you do not want to miss!



Thursday, July 9th at 2:30 p.m.

Entertainment with **Alincia & Jr.** This father and daughter duo has an expansive range in musical genres as they are able to perform genres ranging from opera to top 40, oldies, standards, country, rock, jazz and beyond.



Thursday, July 16th at 2:30 p.m.

Entertainment by **the Moon Glow Band**. This 4-piece band has a huge repertoire including genres of music from the swing/jazz era to the 90's Classic Rock.



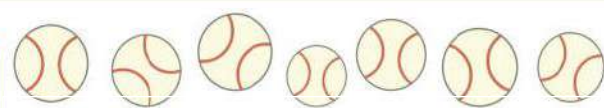
Thursday, July 23rd at 2:30 p.m.

Entertainment by **Gary Blodgett**. Gary is known as a classic country artist. He is a talented musician and singer who gets our residents up on the dance floor! Gary is one of Roseville Commons favorite entertainers.



Thursday, July 30th at 2:30 p.m.

Come celebrate our July birthdays during this Happy Hour! Birthday cupcakes & other snacks will be served! To make the celebration even more enjoyable, **Todd Morgan** will be here to provide lively entertainment for everyone to enjoy!

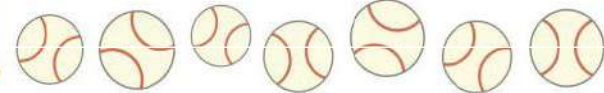


Bean Bag Baseball Championship

Get ready for an exciting afternoon of friendly competition as our Bean Bag Baseball Championship takes center stage! Players have spent weeks practicing their skills, teamwork, and strategy, and now it's time to see who will earn the championship title.

Friday, July 24th at 1:30 p.m.

Stadium Snacks & Beer will be served!



America's 250th Anniversary Trivia

Test your knowledge of American history, famous landmarks, presidents, transitions and patriotic facts. Come to the office for a copy of the answers to see if you are correct and get a prize!

1. How many stars are on the American Flag?
2. What is the capital of the United States?
3. Who was the first President of the USA?
4. Which famous bell is located in Philadelphia?
5. What are the first ten amendments to the Constitution called?
6. Which document begins with the words "We the People"?
7. How many original colonies formed the United States?
8. What is the America's national bird?
9. Which future President was the principal author of the Declaration of Independence?
10. What was the name of the first governing document of the United States before the Constitution?
11. Which state was the first to ratify the U.S. Constitution?
12. Which American patriot made his famous midnight ride on April 18, 1775?
13. What was the final major battle of the American Revolution?
14. Who was the President during the Louisiana Purchase?
15. Which amendment abolished slavery in the United States?
16. Who wrote the words to "The Star-Spangled Banner"?
17. Which President served four terms of office?
18. What does the term "Semiquincentennial" mean?



Refresh Your Wardrobe in Style

We have missed our monthly shopping trips, so we decided to bring the shopping to Roseville Commons until a new bus driver is hired! We have scheduled two outside clothing boutiques to come sell their items in July. Join us for some fun days of fashion, friendship and shopping!

Golden Goodies



Saturday, July 11th
from 12:00 p.m. to 2:00 p.m.
In the Rose Room

Golden Goodies offers a relaxed, friendly shopping experience featuring new, gently loved women's and men's clothing and accessories at affordable prices.

The Traveling Boutique



Saturday, July 25th
from 11:00 a.m. to 2:00 p.m.
In the Rose Room

Michelle and her traveling boutique will return to Roseville Commons in July. Browse a wonderful selection of clothing, accessories and unique finds. Whether you're looking for something stylish or comfortable, there's something for everyone.



We are officially halfway through the year, and it's never too early to start thinking about the holiday season! We are excited to continue our tradition of giving back to the amazing employees who make this community special.

The Employee Holiday Fund is a completely optional and wonderful way for Roseville Commons residents to show their appreciation for the staff that work so hard.

The fund was started by former resident, Lois Richie, whose kindness and thoughtfulness are the foundation for this tradition. Today, the fund is lovingly managed and coordinated by Bobbie Graham, who resides in Apt. 121.

Bobbie wanted to remind residents and families that contributions to the fund are accepted all year long. Some residents also choose to make small monthly contributions.

If you would like to contribute to the Employee Fund, it can be given to the office and deposited into our festive donation box, or it can be given directly to Bobbie Graham. All the funds are distributed to the staff during our December Holiday Party.

If you have any questions, please see Bobbie Graham.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2026 Happy 250th Anniversary America!			1 9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 2:30 Patriotic Celebration & Sing-a-Long with Alincia & Jr.- Pies will be Served- RR 3:30 TV Trivia - RR 6:00 Residents Card Night - RR	2 9:00 Exercise with Weights- RR 9:00 Catholic Communion - CH 9:45 Sit & Stretch Exercise - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 Music Videos - RR 2:30 Happy Hour & Music with Peter Morgan - RR 6:00 Bingo with Terry - RR	3 ***Staff Holiday*** 9:00 Exercise with Weights - RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise - RR 1:30 250th Anniversary of the United States of America History Video - RR 3:30 USA Trivia Challenge - RR 6:00 Friday Night Movie - RR	4 *4th of July Holiday* 9:00 Tai Chi DVD - RR 9:45 Stretch & Strength Exercise 10:30 to 12:30 4th of July BBQ Brunch & To-go Dinner Pick-up 11:00 Seated Yoga - RR 11:30 Wii Bowling Session - RR 6:00 Saturday Night Movie - RR
5 9:00 Tai Chi DVD - RR 9:45 Stretch & Strength DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Exercise - RR 1:00 Afternoon Movie - RR 2:00 Mahjong - LB 6:00 Bingo with Terry	6 9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 POKENO - RR 2:00 Seated Volleyball-RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB	7 9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise 10:30 Tai Chi Exercise DVD - RR 1:00 Gardening Club 2:30 Bean Bag Baseball - RR 3:30 National Chocolate Day Video - RR 6:00 Pencil Color Art - LB	8 9:00 Exercise with Weights- RR 9:00 Bible Study & Worship- CH 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 TV Trivia - RR 6:00 Card Night - RR	9 9:00 Exercise with Weights 9:00 Catholic Communion - CH 9:45 Sit & Stretch Exercise - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 Music Videos - RR 2:30 Happy Hour & Music with Alincia & Jr. - RR 6:00 Bingo with Terry- RR	10 9:00 Exercise with Weights - RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise - RR 1:00 Hydration Presentation with RX Healthcare - RR 3:00 Afternoon Bingo with Ginger - RR 6:00 Friday Night Movie - RR	11 9:00 Tai Chi DVD - RR 9:45 Stretch & Strength Exercise 11:00 Seated Yoga - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 12:00 to 2:00 p.m. Golden Goodies Clothing Sale 3:00 Wii Sports - RR 6:00 Saturday Night Movie - RR
12 9:00 Tai Chi DVD - RR 9:45 Stretch & Strength DVD - RR 11:00 Seated Exercise - RR 1:00 Afternoon Movie - RR 2:00 Mahjong - LB 3:00 Chef Talk with Louis- RR 6:00 Bingo with Terry- RR	13 9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 POKENO - RR 2:00 Seated Volleyball-RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB	14 9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:00 Seated Massages - CR 12:00 Sprinkle & Batter Bakery Sale 12:30 Name that Tune with Piano Man Dan - RR 2:30 Bean Bag Baseball - RR 6:00 Pencil Color Art - LB	15 9:00 Exercise with Weights 9:30 Donut Social - RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 TV Trivia - RR 6:00 Residents Card Night - RR	16 9:00 Exercise with Weights 9:00 Catholic Communion - CH 9:45 Sit & Stretch Exercise - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 Music Videos - RR 2:30 Happy Hour with Moon Glow Band - RR 6:00 Bingo with Terry - RR	17 9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 12:30 Afternoon Bingo - RR 2:30 Karaoke Hour with Jim & Linda - Lemonade will be served - RR 6:00 Friday Night Movie	18 9:00 Tai Chi DVD - RR 9:45 Stretch & Strength Exercise 11:00 Seated Yoga - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 2:00 Down Memory Lane - LB 3:00 Wii Sports - RR 6:00 Saturday Night Movie - RR
19 9:00 Tai Chi DVD - RR 9:45 Stretch & Strength DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Exercise - RR 1:00 Afternoon Movie- RR 3:00 Teaching Kitchen with Chef Louis: Watermelon 6:00 Bingo with Terry	20 9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 POKENO - RR 2:00 Seated Volleyball-RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB	21 9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 1:00 Veteran's Meeting 1:00 Gardening Club 2:30 Bean Bag Baseball 3:30 National Junk Food Day Video - RR 6:00 Pencil Color Art - LB	22 9:00 Exercise with Weights 9:00 Bible Study & Worship- CH 9:45 Sit & Stretch Exercise 10:30 Tai Chi Exercise DVD 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 TV Trivia - RR 6:00 Residents Card Night - RR	23 9:00 Exercise with Weights 9:00 Catholic Communion - CH 9:45 Sit & Stretch Exercise - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 Music Videos - RR 2:30 Happy Hour with Gary Blodgett - RR 6:00 Bingo with Terry - RR	24 9:00 Exercise with Weights- RR 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 1:30 Bean Bag Baseball Championship with Stadium Snacks & Beer 3:30 Amelia Earhart Day History Video - RR 6:00 Friday Night Movie	25 9:00 Tai Chi DVD - RR 9:45 Stretch & Strength Exercise 11:00 Seated Yoga - RR 11:00 a.m. to 2:00 p.m. Women's Clothing Boutique 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 2:00 Down Memory Lane - LB 6:00 Saturday Night Movie - RR
26 9:00 Tai Chi DVD - RR 9:45 Stretch & Strength DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Exercise - RR 1:00 Afternoon Movie - RR 2:00 Mahjong - LB 6:00 Bingo with Terry	27 9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 POKENO - RR 2:00 Seated Volleyball-RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB	28 9:00 Exercise with Weights 9:45 Sit & Stretch Exercise - RR 10:30 Tai Chi Exercise DVD - RR 11:00 Seated Massages - CR 12:30 Name that Tune with Piano Man Dan - RR 2:30 Bean Bag Baseball - RR 3:30 Buffalo Soldiers Day Video 6:00 Pencil Color Art - LB	29 9:00 Exercise with Weights 9:45 Sit & Stretch Exercise 10:30 Tai Chi Exercise DVD 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 TV Trivia - RR 6:00 Residents Card Night - RR	30 9:00 Exercise with Weights 9:00 Catholic Communion - CH 9:45 Sit & Stretch Exercise - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:00 Music Videos - RR 2:30 Happy Hour & Birthday Party with Todd Morgan 6:00 Bingo with Terry - RR	31 9:00 Exercise with Weights 9:45 Sit & Stretch Exercise 10:30 Tai Chi Exercise 2:30 Karaoke Hour with Jim & Linda- Ice Cream Bars will be Served - RR 3:30 TV Jokes & Humor Hour - RR 6:00 Friday Night Movie - RR	