



- Eva Polley 5/3
- Kathie Dailey 5/7
- Mary Wrathall 5/7
- Betty Risk 5/12
- Beverly Johnson 5/16
- Nancy Reed 5/18
- Dorothy Frank 5/22
- Mary Malson 5/24
- Jerry Anderson 5/30



Shelisa 5/7

Note From Jenny

Hello friends, and welcome to May! It's a month full of fun, connection, and exciting plans. I'm looking forward to a trip with my friends to Country in the Park at Discovery Park in Sacramento, can't wait to see Miranda Lambert live! It's also rodeo season, bring on the cowboy hats and western outfits! Gabby has some fun activities lined up, plus a lunch outing to Vittles in Anderson. Let's kick up our boots and enjoy the month!

Note From the Kitchen

May is here and there are plenty of reasons to celebrate this month! And in this kitchen, we always try to find fun ways to include food into every opportunity.

Food has always been one of the simplest ways to show love, and on Mother's Day, it becomes something more. It becomes a way to honor the hands that fed us, the traditions that shaped us, and the moments that still bring us back home; the meal becomes part of the message: you are appreciated, you are remembered, and you are deeply loved. The beauty of rodeo food is how it brings together comfort and excitement. It's familiar enough to feel nostalgic, like county fairs and backyard cookouts, but dressed up with playful names and a little Wild West attitude.

While we take time to remember those who served, Memorial Day is also often seen as the unofficial start of summer. A time when grills fire up, and meals become more relaxed, colorful, and shared in the sunshine.

Above all, May is about transition and anticipation. It's the bridge between seasons, where every meal feels like a preview of long summer days ahead; warm, abundant, and best enjoyed together.

Resident Reminders

ALL dogs must be on a leash unless they are in your apartment or in the dog run.

Must clean up after your pet - even in the dog run.

May 12th there will be NO transportation available due to Rodeo events.

If you are expecting a delivery after 8pm, you must meet the delivery person in the lobby.



River Commons Chronicle

May 2026

Celebrating May

Asparagus Month

Train Month

Strawberries & Salad Month



Two Different Colored Shoes Day
May 3rd

Good to the Last Drop Day
May 11th

Mother's Day
May 15th



Scavenger Hunt Day
May 24th

River Commons | 301 Hartnell Ave.
Redding, CA 96002 | 530-221-2121



Welcoming May

As May arrives in full bloom, it brings with it longer days, warmer sunshine, and a renewed sense of energy. It's a time when gardens flourish, communities come alive, and we're reminded to slow down and appreciate the beauty around us.

This month also gives us a special opportunity to celebrate the incredible women who shape our lives. Mother's Day is more than a date on the calendar—it's a heartfelt reminder to honor the love, strength, and care that mothers and mother figures share every day.

Whether it's through a simple phone call, a handwritten note, or time spent together, even the smallest gestures can mean the world to someone.

May also brings the rodeo to Redding! Rodeo season is a cherished tradition in many communities, celebrating the spirit of the West with a mix of history, entertainment, and local pride. Even if you're not planning to attend in person, the excitement in the air is something we can all enjoy together.

As we move through this month, let's celebrate growth, gratitude, and the people who lift us up. Wishing you a May filled with sunshine, laughter, and meaningful moments—and a very happy Mother's Day to all who celebrate!

Mother's Day to all who celebrate!

-Jennifer

SADDLIN' UP WITH NEW NEIGHBORS



VIRGINIA STANDAL
APT. 226



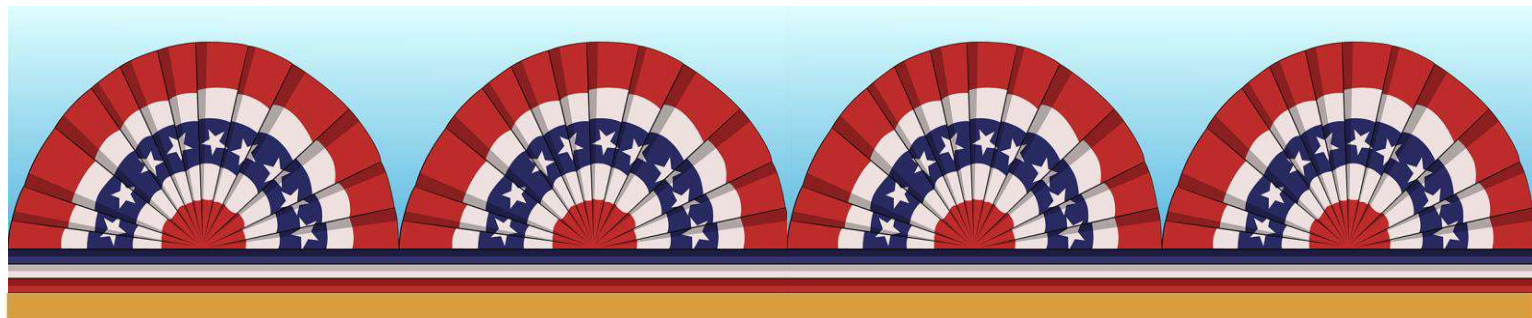
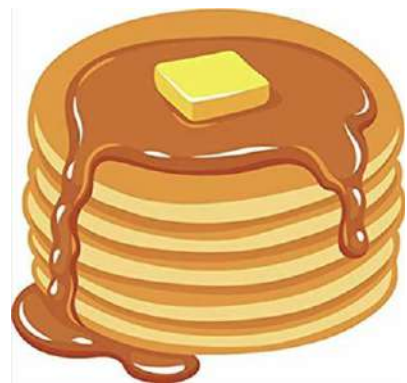
On Memorial Day, we honor and remember the brave men and women who gave their lives in service to our country. Their sacrifice is the foundation of our freedom, and their legacy lives on in the hearts of a grateful nation.



COWBOY PANCAKE BREAKFAST

May 13th at 10:00AM

\$6 CASH ONLY, PAY AT FRONT DESK



RODEO WORD SEARCH



K U S K J M F P F Y M V P Y E K A C L E N N U F
 F C W E O S D H R I P R R F Z X O Q E O T P D W
 C M O M C Y H L X L S C I E H T N H C O V O P G
 D E V T O E X C G K S D Z L F M E O C A R S B C
 G X D C S S Y M C A X L E D S T R E C N O C E C
 C I N W G E L J D F R D S I G E L N A F M V F A
 Q A H V H H V D C E I G S R D F F U A A Z C D N
 B E W Z O O L I B C N H H B L H C S A F Q O Z D
 R N M I M E R L L I C P Z C Y T S A L T X L G I
 Y R R W K Z A S P T I O O I I N U X U O V R G E
 O T B J E N P O E W G W R O N S R A R T J W V D
 U G R I K P R E Z O B G N N L W R O H I A P P A
 Q Z K E W I S K O O I N Z G D J O B C N B C S P
 M F T O W X G S Y K W B M X R O J L L P Y M V P
 G N I C A R L E R R A B R Q G M G J C M O B L L
 K A U L V H N B Z X P D J A O P O S S W U P X E
 B F U W A V F Q S C J C M U E K A D R L P G H S
 S I U L K R N T Z C M E Y Z A D S R U X E E K X
 K N Q I W O R X I H S Z W B U L L L P I A J Q X
 N O M T U D X O Q I H X A R C N B I S R X D O L
 M S J G G G R C C L D W F J E A U I D Y R O P E
 F H B R P C O W B O Y H A T F F F I U C R T F X
 Z J G N N N V W J P K Y I O I C N T R H Z V E J
 B R O N C O S T T S I H R K A G X P S E W C L D



BRIDLE
 AUCTION
 BRONCOS
 FUNNEL CAKE
 SADDLE
 COWBOY

CONCERTS
 ROPING
 LIVESTOCK
 GAMES
 CLOWN
 SPURS

FAIR
 BARREL RACING
 BULL
 POPCORN
 CORRAL
 ROPE

PRIZES
 HEARDING
 COWBOY HAT
 CORNDOGS
 BLANKET
 HORSE

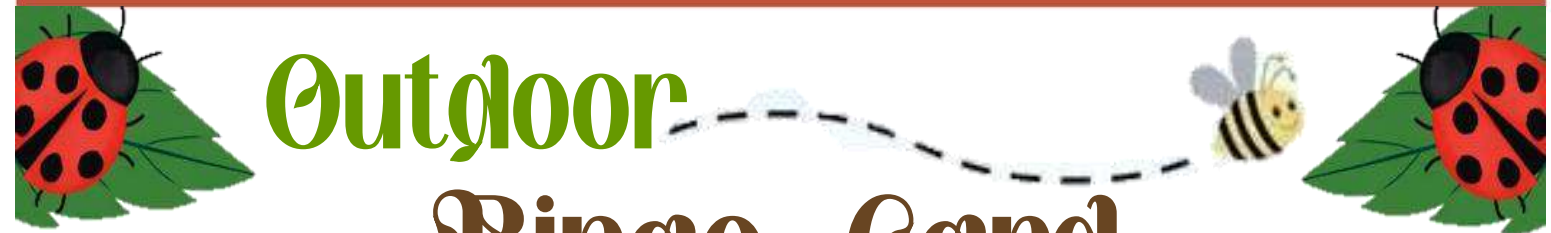


♥ HAPPY ♥ MOTHER'S DAY









Mother's Day in Our Community



This Mother's Day, we take a moment to celebrate the remarkable women who have shaped our lives with love, strength, and wisdom. In our community, we are honored to be surrounded by mothers, grandmothers, and great-grandmothers whose stories and experiences inspire us every day. Their kindness, resilience, and guidance have touched generations, creating legacies that continue to grow within families and beyond. Today, we recognize not only the role they've played, but the vibrant individuals they are—full of memories, laughter, and love. We look forward to celebrating together with special activities, shared meals, and meaningful moments that bring families and friends closer. Whether you're joining us in person or holding a loved one in your thoughts, this day is a reminder of the deep connections that make our community feel like home. To all the mothers in our community and beyond, we wish you a beautiful and heartfelt Mother's Day. 🌸



Outdoor Bingo Card

Spot a pink flower 	Find all (3) River Commons Benches	Spot a deer or a turkey	Look for the rock painted with a BEE in the Resident Garden	Look for a Hummingbird 
Look for Carl on his bike	Take a hydration break 	Watch the sunset	Feel the grass 	Have a seat on the red bench in the Resident Garden
10 different leaves	Complete 4-5 laps in a week	FREE SPACE	Smell flowers in the Resident Garden	Keep an eye out for all the squirrels
Listen to all the birds chirping around the community	Find the 2 geese statues	Spot different trees	Say hello to Smidgen	Look at the clouds 
Find a muffin 	Watch the sunrise 	Say hello to your fellow neighbors and have a conversation	Find a cool rock	Ladybug 

PRIZE: 



POPCORN BUCKET FILLED WITH GOODIES FOR THE WINNER. BRING YOUR COMPLETED FORM TO JENNY

Sunday

Monday

Tuesday























Wednesday

Thursday

Friday

Saturday

May 2026

<p>3:00 Non-denominational Chapel Service</p>  <p>Eva Polley</p>	<p>8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Ping Pong 21</p> 	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Balance 10:00 Yahtzee 2:00 Bingo 3:15 Corn Hole</p>  <p>Cinco de Mayo</p>	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Regular 10:00 Uzzle 2:30 Happy Hour Pine Dogz</p>	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Balance 10:00 Wii Bowling 2:00 Bingo 3:15 Horse Races</p> <p>Mary Wrathall Kathie Dailey</p>	<p>8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Chair Volleyball 11:00 Yahtzee 2:30 Card Sharks</p>  <p>May Day</p>	<p>9:00 Exercise-Regular</p> 
<p>3:00 Non-denominational Chapel Service</p>  <p>Mother's Day National Skilled Nursing Care Week</p>	<p>8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Ping Pong 21</p> 	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Balance 10:00 Yahtzee 2:00 Bingo 3:15 Corn Hole</p> <p>Betty Risk</p>	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Regular 12:00 Cowboy Picnic 10:00 Uzzle 2:30 Happy Hour</p>	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Balance 10:00 Wii Bowling 2:00 Bingo 3:15 Horse Races</p> 	<p>8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Chair Volleyball 11:00 Yahtzee 2:30 Card Sharks</p> 	<p>9:00 Exercise-Regular</p>  <p>Beverly Johnson Armed Forces Day</p>
<p>3:00 Non-denominational Chapel Service</p> 	<p>8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Ping Pong 21 3:00 Walker Clinic</p>  <p>Nancy Reed Victoria Day (Canada)</p>	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Balance 10:00 Yahtzee 2:00 Bingo 3:15 Corn Hole</p> 	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Regular 10:00 Uzzle 2:30 Happy Hour Don Burton</p>	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Balance 10:00 Wii Bowling 2:00 Bingo 3:15 Horse Races</p> <p>Shavuot Begins</p>	<p>8:30 Walking with Gabby 9:00 Exercise-Regular 10:30 River City Line Dancers 11:00 Yahtzee 2:30 Card Sharks</p> 	<p>9:00 Exercise-Regular</p> 
<p>3:00 Non-denominational Chapel Service</p>  <p>Mary Malson</p>	<p>8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Ping Pong 21</p>  <p>Memorial Day</p>	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Balance 10:00 Yahtzee 2:00 Bingo 3:15 Corn Hole</p>	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Regular 10:00 Uzzle 2:30 Happy Hour All That Jazz</p> 	<p>8-11 Transportation 8:30 Walking 9:00 Exercise-Balance 10:00 Wii Bowling 2:00 Bingo 3:15 Horse Races</p> 	<p>8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Chair Volleyball 11:00 Yahtzee 2:30 Card Sharks</p> 	<p>9:00 Exercise-Regular</p>  <p>Jerry Anderson</p>
<p>3:00 Non-denominational Chapel Service</p> 	<p>Test Your Medical Pendants Monthly</p>					