

Transportation at Hearthstone

We will soon be finalizing the purchase of a new shuttle for Hearthstone Lodge to better serve your transportation needs. Once operational, we will operate on a scheduled timetable.

Transportation services will continue to be provided by Gold Country Cab. Please follow these guidelines to ensure seamless service:

- **Scheduling:** Contact Paige or Amani at least 24 hours in advance to book your ride.
- **Cancellations:** If you need to cancel, please notify us 24 hours in advance. Because we are charged for unused, last-minute cancellations, any cancellation made inside the 24-hour window will result in the cost being billed back to you with your next month's rent.

Transportation services are available during regular business hours. To accommodate travel from Auburn to Roseville Kaiser, we require a one-hour buffer for all appointments. Due to heavy traffic congestion on I-80, we recommend scheduling appointments for late mornings to avoid peak traffic times. Please note that traffic conditions are beyond our control.

Transportation is unavailable during the weekends and holidays.

If you left Hearthstone by ambulance, please note that return transportation is not provided. We recommend contacting a family member or arranging a ride-sharing service to take you home.

If you have any questions, please let us know.

National Elder Fraud Hotline at
833-372-8311

Important Phone Numbers

If you're using your in-house phone, be sure you press 8 for an **outside line**.

Emergency 8-911

Placer County Sheriff 8-530-889-7800

Placer County NON-EMERGENCY 8-211

OR 8-530-886-5375 for Dispatch

Gold Country Cab 8-530-885-1111

Terrie Brock Beauty Salon 8-530-913-4773

For extensions within Hearthstone Lodge, you **DO NOT** need to press 8 before dialing.

Reception 100

Dining Room/Bistro/Bar 152 or 200

Special Holiday Meal Reminder

It's always good to remind everyone, especially our new residents. When we have a special meal, like our upcoming Spring Holiday Brunch on Sunday, April 5th, the dining team provides the meal in the dining room and then they can leave to spend the holiday with their family. The dining room and bistro will close for the rest of the day.

We will offer a boxed dinner that you are able to pick up during your Spring Holiday meal.

Please be sure you sign up for your entrée choice, if you are having guests and their choice, and your boxed dinner choice.

The sign-up sheets will now be located on the table as you enter the dining room a week or more before the holiday meal.

If you have any questions about the upcoming holiday meal, please ask a dining team staff member.

Thank you~

April 2026

Hearthstone Lodge

11490 Black Falcon Drive | Auburn, CA 95602 | 530-485-4000 | Fax: 530-485-4199



Hearthstone Lodge Team Members

Community Administrator

Christine Pesola

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Marketing Director

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Activities Director

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Resident Relations

Amani Cunningham

Sandra Page/Friday & Saturday

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Maintenance

Jack Pesola

jpesola@raystoneinc.com

Part-Time Day/Evening Porter

Tom Shotwell

Housekeeping

Cynthia Ferral & Florina Guillen

Evening Porters

Rafael Zubio/Sun-Thurs

Philecia Billingsly/Mon-Thurs

Raymond Martel/Fri-Sun

Morrison Team

Serina Holly

Christine's Comments

As spring arrives and the days grow longer, get outside before the hotter weather arrives. Take a walk, sit outside with a good book and enjoy the sunshine.

The front doors will remain unlocked until 6:30 PM, at which time the evening porter will set them to one-way access. You may exit freely, but please use your key fob to re-enter. Do not switch the control to two-way; ensuring the security of our community is our top priority.

The waste rooms are programmed to be unlocked from 6am-midnight. From 12:01am to 5:59am, you must use your key fob to get in.

Quick reminder: all work orders must be recorded at the front with Amani or Sandra. Please do not stop maintenance in the hallways to report a work order. First in and first out is our policy, unless of course it is an emergency.

Sign-up sheets for our Spring Holiday Brunch (on Sunday, April 5th) will be located on the table as you enter the dining room. Please be sure you select either lamb chops or game hen, if you are having guests – the number of guests, and their choice. For the boxed dinner, please be sure you sign up for either the ham sandwich or the vegetable wrap.

On Tuesday, March 31st, the outdoor dining area will have the fencing installed for the outdoor dining area. This will allow Morrison to *legally* serve alcohol outside.

We are so happy to have Terrie Brock as our new hair stylist! Be sure and call Terrie (her number is listed on the back of this newsletter) for all your hair needs. Terrie will be on vacation (this was planned before she came on board) April 10th through the 26th. She'll return on Monday, April 27th.

April is a reminder that something better is always around the corner.

Paige's Page – Activity Corner

Spring has officially sprung here at Hearthstone Lodge—and you can feel it everywhere! From the sunshine to the smiles, and especially in our beautiful community garden. A huge THANK YOU to everyone who helped plant and continue to care for it. It's growing wonderfully, just like our community!

April is blooming with fun, and we've got something for everyone to enjoy. Join us every Wednesday for music-filled Happy Hours—great tunes, good company, and plenty of reasons to tap your toes.

And speaking of Wednesdays, we're turning *Tax Day* into a treat! On April 15th, we'll wrap up our National Pajama Day Happy Hour with a cozy courtyard showing of the classic movie *The Sandlot* at 6:30 PM (weather permitting—because, well, Northern California likes to keep us guessing!) Don't forget to wear your favorite pajamas—we can't wait to see them!

We've also planned a couple of wonderful outings this month:

A trip to Thunder Valley on Tuesday, April 7th and a visit to the beautiful Crystal Hermitage on Tuesday, April 21st - The Crystal Hermitage trip is \$15 per person, and space is limited to just 10 residents, so be sure to sign up early—look for the sheet in the lobby!

Calling all quilters! We're excited to start up our Quilting Club, meeting Thursday, April 9th at 10:30 AM in the 2nd floor lounge. Whether you're a seasoned pro or just curious, we'd love to have you join.

And don't forget—Friday mornings mean *Puttin' with Paige!* It's a fun, friendly way to kick off the day, share some laughs, and maybe even show off your putting skills.

Before we wrap up, a little reminder about our Sundry Shop—it's not just snacks! You'll find cards, stamps, and all sorts of handy items. It's worth stopping by to take a look—you never know what you might find!

Let's make April a month full of laughter, friendship, and new memories. We're so glad you're part of what makes Hearthstone Lodge feel like home.

April Birthdays

In astrology, those born between April 1–19 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. As eternal optimists, no odds are ever considered insurmountable. Those born April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, are not shy about rewarding themselves for a job well done.

Sue Hess, April 1st

July Barker, April 7th

Barbara Edison, April 9th

Tom Pfeiffer, April 12th

Cheri Nabors, April 16th

A Perfect Pairing

Is there a more perfect sandwich than peanut butter and jelly? In celebration of one of the best food combinations of all time, April 2 is Peanut Butter and Jelly Day. When

it comes to PB&J, many think, "If it ain't broke, don't fix it." However, if you're looking to expand your PB&J horizons, do what Elvis did and swap the jelly for fresh fruit. Bananas, strawberries, or even pomegranates fit the bill. More adventurous types opt for grilling their sandwiches in a frying pan, while others ditch the bread and slather their pancakes with PB&J.

When it comes to food combinations, PB&J certainly tops the list. But is this humble sandwich tastier than bacon and eggs? Macaroni and cheese? Spaghetti and meatballs? A burger and fries? Cookies and milk? Dietician Katherine Brooking offers some insight into PB&J's allure. "Humans have an innate predilection for salt, sweet, and fat," she says. Add the creamy texture of peanut butter, and this sandwich becomes "one of the hardest foods to eat in moderation."



Culinary Corner by Chef Serina



As spring blooms here at Hearthstone Lodge, we're thrilled to bring you a fresh burst of flavor to our kitchen. This season, we're bringing back a variety of crisp, refreshing salads and light dishes, perfect for keeping you cool on those warm spring afternoons. From fresh spring greens, chilled soups to local peaches from Twin Peaks Orchard in Lincoln. We are excited to share these seasonal delights with you.

Please remember to sign up for Spring Holiday Brunch and your boxed dinner on April 5th before the deadline date of March 29th.

We'd like to welcome our new cook, David Chung, and new server, Kylie Roberts.

Don't forget to join me and Chef Jennifer Padilla on Wednesday, April 8th for our monthly Chef's Chat and New Resident Orientation. This is your time to share your comments and suggestions and for our new residents to learn more about the dining services and how our point system works.

SEMI-ANNUAL UNIT INSPECTIONS

Our semi-annual unit inspections are conducted in April and October. Maintenance will enter your apartment to change the HVAC filters, check your smoke alarm batteries and check for any leaks, and anything else out of the ordinary.

You will receive another reminder, but here is the schedule for now, all starting at 10:00am.

1st floor is scheduled for Tuesday, April 7th

2nd floor is scheduled for Wednesday, April 8th

3rd floor is scheduled for Thursday, April 9th

Welcome NEW Residents

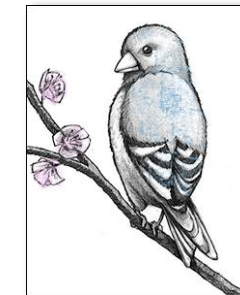
Kenneth & Charlotte Bloom #112

Beth Benjamine #113

Barbara Edison #114

Lynn Hood #214 (May 1st)

Drawn to Birds



Draw a Bird Day, celebrated on April 8 each year, dates to 1943, when seven-year-old Dorie Cooper visited her uncle, a wounded war veteran, in the hospital. He was in poor spirits, and Dorie tried to cheer him up by requesting he draw a bird for her. Dorie couldn't help but

laugh at the resulting picture, but she did, indeed, boost her uncle's spirits. With each subsequent visit to the hospital, Dorie was greeted with pictures of birds drawn by the soldiers, some good and many bad, but all of them evoking smiles. On April 8, put your talents to work drawing a bird. And don't feel too bad if your work isn't quite as beautiful as the paintings of famous ornithologist John J. Audubon, whose birthday is celebrated on April 26.

Speaking of birds, we know that the pigeons are back. We will be adding spikes to certain parts of the building. We can't put spikes everywhere, but we will do our best to control those nasty birds as much as possible.

Please do not adjust the thermostats. If an area is too cold or too hot, please alert a staff member to adjust. Thank you!

