

DeVille

Apartment Builders Inc.

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Happening in April...

April Fools' Day, Apr. 1. Play a joke on a friend—and be a good sport when someone does the same to you.

National Volunteer Week. April 21-27. Let a cause near and dear to your heart inspire you to take action. Go to AllForGood.org to find a service project in your area and get involved this week.

Income Tax Day, April 15. Not exactly a holiday, but one day you shouldn't forget.

Earth Day, April 22. Since 1970, people around the world have focused on issues that affect our planet. The theme of this year's campaign is "Planet vs. Plastics." Visit EarthDay.org to find out how you can be an environmental steward.

Jazz Appreciation Month. An annual public spotlight on jazz, Jazz Appreciation Month (or JAM) is devoting to drawing public attention to the glories of jazz as both a historical and a living treasure, encouraging musicians, concert halls, schools, colleges, museums, libraries, and public broadcasters to offer special programs on jazz.

Life Hacks

Freeze grapes to chill your drink without it getting watered down. The next time you're making a drink that you don't want to be diluted by the water when it melts (such as white wine, lemonade, or orange juice) use frozen grapes instead of ice cubes. That way when it melts, your drink won't be watered down.

Put a paper towel under your fruit and vegetables in the fridge. If you're storing loose fruit and vegetables in the fridge, pop a paper towel under them. This way, it will soak up all the water and help them to last longer.

Freeze fresh herbs with olive oil in an ice cube tray. Place herbs in ice cube trays before topping them up with olive oil and putting them in the freezer. When you want to use them, you can simply take out a frozen herby olive oil cube and voila!

Earth Day Recycling Ideas

Recycle paperboard. It's the thin cardboard packaging that holds many of the items like cereal and tissue. Pizza boxes aren't accepted because they may have food residue.

Think about how items can be reused. Glass jars are ideal for storing leftovers. Old holiday cards can be turned into gift tags. Sell sporting equipment in a yard sale.

Save outgrown or out-of-favor clothes so others can use them. Make a tax deductible contribution to a charity. Sell nice things on eBay or through a consignment shop. Even torn or worn-out clothing can be donated to Goodwill, which sells them to recyclers.

Recycle electronics. E-waste is the fastest growing disposal problem in the country. Its components are both dangerous and valuable. Website buyback programs and qualified recyclers are listed at www.DoYourPart.com/columns.

It's the Considerate Thing to Do

You're settling down to a nice, restful night...you're dozing off when...BAM! One of your neighbors slams the door and jolts you awake. You may not realize how disturbing a slammed door can be to your neighbors. Please, remember to gently close interior and exterior doors, especially during the evening hours. Thank you!



April 2024

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Saturday

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Sunday

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Spring Cleaning Tips & Tricks

A taste for greatness: Origins of some familiar foods

Where do our favorite foods come from? If your answer is “the supermarket,” dig a little deeper. Here are the origins of some time-honored products:

- **Coca-Cola.** John Pemberton, a pharmacist in Atlanta, first concocted the soft drink in 1886 as a cure for upset stomach. He marketed it as a cure for morphine addiction, neurasthenia, headache, and impotence.

- **Quaker Oats.** Before this product was sold on grocery shelves, it was stored in open barrels, where it spoiled easily. Its store packaging was introduced in 1891. Quick-cooking oatmeal came in 1921—one of the first convenience foods.

- **Wonder Bread.** In 1921, a Taggart Baking Co. executive by the name of Elmer Cline was put in charge of naming a new brand of bread. He came up with Wonder Bread after he saw hundreds of balloons fill the sky one day—a sight that filled him with wonder.



Spring cleaning is aptly named, because it's best to do it when bright light highlights dust and dirt that has accumulated over the winter. As you're cleaning, plan to de-clutter as much as possible.

- **De-cluttering and tidying** Tackle clutter room by room, including drawers and cupboards, and evaluate and deal with things in the following ways.

- **Discard** Look for anything that can be thrown away, recycled, donated to a thrift store or sold online or at a garage sale. Don't forget the pantry, fridge and freezer.

- **Keep** Hold onto papers to be filed and anything that needs to be put away. Replace all items in their correct place.

Use storage boxes.

- **Take action** Identify anything that needs cleaning, repairing or replacing, paperwork that needs action or photos to put in albums, and so on.

- **Assemble your cleaning tools** Before you start work, think about what you'll need to clean everything in the room you're tackling. Don't forget the windows, heavy-duty cleaners for any stains, something to reach cobwebs (such as a broom with its head wrapped in a clean, soft cloth), plenty of cloths and dusters, and stepladders for high places.

- **Your cleaning strategy** Start at the top of the house and work down. Work through

each room in the following pattern, always finishing a room before starting the next.

- Take down curtains and launder them, or take to the dry cleaner.

- Remove all pictures and other decorations from the walls.

- Think dry then wet—start with the dusting, sweeping and vacuuming, then move on to wet cleaning, such as that for windows and floors.

- Move all furniture to clean underneath it and blitz any neglected corners.

- Use the gentlest cleaning methods first, before moving onto something more aggressive for stubborn marks and stains.

Want to Green Up Your Spring Cleaning?

If you really want to green up your cleanser collection, it's a pretty easy thing to do. You just need five ingredients, all of which are affordable and readily available. With this stash you can clean anything in your home: distilled vinegar and antiseptic essential oil, liquid soap and detergent, washing soda and baking soda.

Vinegar and essential oils. These ingredients are neutralizers of stains and odors, they also dissolve scale and help remove the dirt trapped in wood. Make sure you use white distilled vinegar because apple cider vinegar can stain some upholsteries. If you need to kill bacteria and mold then antiseptic essential oils will be a big help. You can choose from the following list: birch, lavender, cinnamon, eucalyptus, clove, rose, lemongrass, sweet orange or tea tree.

Liquid soap or detergent. Soap is better for you and the environment. However, if you use soap to wash your clothes it can leave a graying film on them. When selecting a detergent, go for the most biodegradable one available.

Baking soda and washing soda. These are mineral neutralizers. They can cut grease and dissolve wax. Baking soda is also mildly abrasive. Washing soda is for heavy duty jobs, but it can be caustic, so make sure you wear gloves.

—adapted from Mother Earth News



hello April!

April 16

WEAR PAJAMAS TO WORK DAY

Celebrate by donating a pair to a family or child in need through caseycares.org, pajamaprogram.org, or family-to-family.org.

People who eat diets rich in vitamins C and E were

**38% LESS
LIKELY
TO DEVELOP
PARKINSON'S
DISEASE.**

These antioxidants may protect against the nerve damage that contributes to the disease. Foods high in vitamin C include bell peppers, tomatoes, oranges, and other citrus fruits; foods with vitamin E include spinach, broccoli, nuts, and seeds.



Each year Americans use 100 billion plastic bags—enough to circle the Earth

773

times. Check out reusable bag options at baggu.com, envirosax.com, and chicobag.com.

APRIL 22

EARTH DAY

Small changes to your daily routine can have a big positive impact on the environment.

380

BILLION

Plastic bags Americans use each year, which requires around 12 million barrels of oil, says the Environmental Protection Agency.

34

MILLION TONS

The amount of paper thrown away each year. Think twice before printing that e-mail or document, and recycle all paper.

Cancel unwanted catalogs at catalogchoice.org.

4

POUNDS

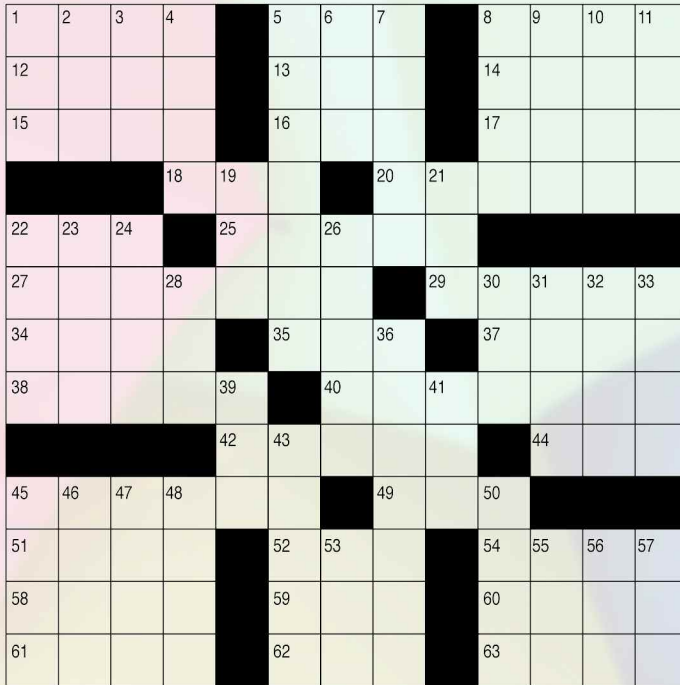
Trash each person creates in one day. About 75 percent of that is recyclable.

Find out where to recycle anything—paint, cell phones—at search.earth911.com.

April 27 is National Prescription Drug Take Back Day.

To find a location accepting them, visit takebackday.dea.gov. Or dispose of them yourself correctly: Mix medicines with dirt, coffee grounds, or kitty litter to make them inedible to animals and people. Place the mixture in a sealed paper bag and toss in the trash. Flushing meds down the toilet can lead to chemicals contaminating water supplies.





ACROSS

1. Speak
5. Cover charge
8. Cluster
12. Burn soother
13. Lenient

14. Cord
15. Adhesive
16. Mine shipment
17. Baking chamber
18. Neither fish ____ fowl

45. Canadian city
49. Frying utensil
51. Horse shed
52. Enemy
54. Beehive State
58. Leave

20. Current
22. Switch position
25. Amusingly clever
27. Singer Tony ____
29. Sidestep
34. Quick look
35. Rainbow shape
37. Suggestion
38. Shows to a chair
40. Glossy fabrics
42. Dote on
44. Porky's pad

59. Lard
60. Finished
61. Shrill cries
62. Cent. units
63. Tips

DOWN

1. Label
2. Full amount
3. Rocker Reed
4. Sharp
5. Tampa's location
6. Sense of hearing
7. Put forth
8. Gator's kin
9. Affection
10. Earnest
11. Camper's shelter
19. Personal
21. Gawk at
22. Klutz's exclamation
23. At liberty
24. Hopping insect
26. Trunk
28. Prone
30. Contend
31. Thirst

- quenchers
32. Fender mark
33. "____ Money"
36. Rugs
39. Watched
41. "Eat a Bowl of ____"
43. Loony
45. Submit to
46. Urban vehicle
47. Journey
48. Picnic crashers
50. Unclothed
53. Rowing blade
55. Weight unit
56. "Romeo ____ Juliet"
57. "____ So Fine"



	monday	tuesday	wednesday	thursday	friday	saturday
sunday	1 Rent Due	2 <i>National Peanut Butter and Jelly Day</i>	3 <i>World Party Day</i>	4 <i>April Flower: Daisy or Sweet Pea</i> <i>April Birthstone: Diamond</i>	5 <i>Gold Star Spouses Day</i>	6 <i>International Pillow Fight Day</i>
7 <i>World Health Day</i>	8 <i>National Zoo Lovers Day</i>	9 <i>National Unicorn Day</i>	10 <i>National Siblings Day</i>	11 <i>The Masters Tournament Begins Today</i>	12 <i>Walk On Your Wild Side Day</i>	13 <i>National Scrabble Day</i>
14 <i>National Dolphin Day</i>	15 <i>Tax Day</i> <i>Tax Filing Deadline</i>	16 <i>Wear Your Pajamas to Work Day</i>	17 <i>International Haiku Poetry Day</i>	18 <i>National High Five Day</i>	19 <i>Bicycle Day</i>	20 <i>Pizza Delivery Driver Appreciation Day</i>
21 <i>National Tea Day</i>	22 <i>National Jelly Bean Day</i>	23 <i>National Picnic Day</i>	24 <i>April is National Poetry Month</i>	25 <i>World Penguin Day</i>	26 <i>April is Jazz Appreciation Month</i>	27 <i>Morse Code Day</i>
28 <i>Global Pay It Forward Day</i>	29 <i>International Dance Day</i>	30 <i>Mr. Potato Head Day</i>				

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