

DeVille

Apartment & Builders Inc.



October 2023

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Halloween safety & more!

4811 Whipple Avenue NW Suite 101 • Canton, OH 44718

Happening in October...

National Taco Day, Oct. 4. Have one for breakfast, lunch, dinner, or any time of the day. We celebrate the taco on this day just to give you one more reason to enjoy them.

World Smile Day, Oct. 6. Created by commercial artist Harvey Ball, creator of the ubiquitous "smiley face," who believed that all of us should devote one day each year to smiles and kind acts.

Indigenous Peoples' Day, Oct. 9. A holiday that celebrates and honors Native American peoples and commemorates their histories and cultures.

National Breast Cancer Awareness Month. Professional medical associations and government agencies work together to promote breast cancer awareness, share information and provide greater access to services during October and throughout the year.

Think Pink!

October is Breast Cancer Awareness Month! We encourage our Residents to wear something pink in order to honor this month's cause! While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same. Visit www.nationalbreastcancer.org for more information or to make a donation to aid a woman in need!

Life Hacks

Clogged drain? Pour one cup of baking soda and half a cup of vinegar down it. Cover the plug with a plate and wait for 30 minutes, then blast it with hot water. Problem solved!

Gum in the carpet? When gum freezes, it gets brittle and easily breaks apart. Therefore, if you ever get gum stuck in your carpet, freeze it with an ice pack for about 30 minutes and it will start to crumble and be easy to remove.

Avocado tip. To tell if an avocado is good to eat, just pop off the little button on the stem end. Green means good. Brown means it's too ripe, and likely a slimy mess inside.

Want your strawberries to last longer? Wash them with diluted vinegar. This can extend their life by up to two weeks.

Getting a lot of scam calls recently? Next time you get one, pick up the phone and mute your microphone. This will mark your number as a "ghost number" and you should start receiving less and less calls from telemarketers.

Pulp Fiction

Fact or fiction: Halloween pumpkins last for weeks outdoors. The truth is, unless the temperature drops, they turn to mush after about 72 hours. **That's why we ask our residents to dispose of their jack-o-lanterns in a timely fashion**—before they liquefy on your patio or doorstep. Thanks for your cooperation.

Life Without You Would Be Frightful!

We work hard to attract and keep great residents at DeVille Apartments & Builders Inc.. If your lease is about to expire and you'd like to renew, take a moment to call the Management Office and let us know. We'll be happy to prepare the paperwork, so all you have to do is stop by and sign. We love having you here and hope you will stay.

YOUR COMMUNITY STAFF

London Square

330-477-6717

Perry Hills Colony

330-478-2246

Woodlawn Village

330-478-1467

OFFICE HOURS

Monday thru Friday

8:00 am–4:30 pm

Saturday

Closed

Sunday

Closed

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Cooking safety starts with YOU!

The National Fire Protection Association (NFPA), the official sponsor of Fire Prevention Week for more than 100 years — has announced “Cooking safety starts with YOU! Pay attention to fire prevention,” as the theme for Fire Prevention Week, Oct. 8-14, 2023. This year’s focus on cooking safety works to educate the public about simple yet important steps to take to help reduce the risk of fire when cooking at home, and keeping everyone at home safe.

According to the NFPA, there were approximately 355,400 home fires reported annually in the United States over the last five years. Among these fires, about 31 percent were attributed to cooking mishaps.

The primary cause? Unattended cooking. A momentary distraction or leaving cooking equipment unsupervised can lead to devastating fires in a matter of minutes. Grease fires, caused by overheating oil or fats, can escalate rapidly and pose an immediate danger if not handled correctly.

Preventing kitchen fires mainly requires awareness.

- Never leave cooking unattended, especially when using stovetops, ovens or fryers. If you need to leave the kitchen, turn off the heat.
- Clear clutter like kitchen towels, paper towels and curtains away from open flames or heating elements.
- Be cautious when cooking with oil. Use a thermometer to monitor oil temperature, and never overheat it. If a grease fire starts, do not use water; smother it with a lid or fire blanket.
- Set timers when baking, roasting, or simmering, so you're alerted when food is ready.
- Educate kids about the hazards of the kitchen and establish a safe distance while cooking.
- Maintain functional smoke alarms in the kitchen and throughout the home.
- Keep a fire extinguisher within reach and learn how to use it properly. The NFPA recommends at least one on every level of the home.



Halloween Face Paint Caution

Safety experts favor face paint over masks because the paint doesn’t interfere with children’s vision when they go trick-or-treating.

Now, those same experts are giving a few face paint cautions:

- Allergic rashes have been reported, such as the case of a group of Girl Scouts who broke out in a bumpy rash.

The best advice: Test the paint on a patch of skin before wearing it all evening on Halloween. If a rash occurs, buy a different brand.

- Don’t use any paint that smells bad. Throw it away.

- Make sure kids only use paint designed for the skin.

- Never paint close to the eyes. This is especially true for fluorescent, neon, day-glow and glow-in-the dark colors.

- Kids should remove the paint before going to bed. Wearing it too long could irritate the skin.

The Food and Drug Administration is asking parents to report any problem with face paint this Halloween to its adverse effect hotline toll-free at 800-332-1088.



Halloween chills: Why do we enjoy being scared?

Halloween may be one of the scariest holidays of the year, but people seem to take delight in being scared in every season. What’s the appeal of ghost stories, horror movies, frightening novels, and things that go bump in the night? Experts have a few theories:

- **We like the adrenaline.** Fear has the same adrenaline-producing effect as excitement. It feels good. Scary movies, stories, and books are methods of releasing adrenaline in a controlled environment.
- **Shared fear helps us bond.** The “creeps” create social bonding. Activities like telling ghost stories around a campfire or watching a scary movie together allow us to form ties with strangers as well as family and friends.
- **Horror helps us deal with real-life terrors.** We can deal with the very real horrors of modern times by transforming them into fictional movies and stories in which the monsters and bad guys are always caught and punished.



Colorful twist in car resale value

A recent study by the website iseecars.com delves into the intriguing relationship between car color and resale value, producing an unexpected finding. The research indicates that traditional colors such as black, white, and silver tend to experience a higher depreciation rate compared to more unconventional hues.

The study reveals that, on average, cars across the board lose from 23 percent to 37 percent of their original value after just three years of ownership. However, those sporting vibrant and less conventional colors, such as orange, yellow, and green, tend to fare better in terms of retaining value.

This revelation adds a colorful twist to the age-old debate about car color preferences. While the popularity of traditional shades remains, the study suggests that opting for a less common color might not only make your vehicle stand out, but also cushion the financial blow when it's time to trade it in.

October is breast cancer awareness month.

Is it time for your annual breast exam?

Breast cancer remains a major health concern for women, ranking as the second leading cause of cancer death in women (only lung cancer kills more women each year), according to cancer.org.

The chance that a woman will die from breast cancer is about one in 38 (about 2.6 percent). Breast cancer, especially when caught early, is often treatable. Currently, there are 3.5 million breast cancer survivors in the U.S.

You can do some things to catch breast cancer early and minimize your risk.

Live a healthy lifestyle. Maintain a healthy body mass index. Don't smoke. Avoid alcohol.

Be physically active. Participate in at least 30 minutes of moderate physical activity each day and take steps to stay within your healthy weight range.

Self-examination. All women over age 20 should perform breast self-examination each month. All lumps are not cancerous, but only a doctor can tell the difference. If

you find a lump, see your doctor.

Mammograms. Scientific studies show that for women over age 50, routine mammography can find breast cancer at an early, treatable stage.

The National Institutes of Health offers these pros and cons for women in their 40s to consider.

Some factors are out of a person's control, but these known risk factors should make women more vigilant.

- **Family history.** If your mother or sisters have had breast cancer, you might also have a higher risk. Only about five to 10 percent of breast cancer is hereditary. Talk to your doctor about genetic counseling and advanced screening.

- **Breast density.** Women with high breast density have a higher risk of getting breast cancer. This could be in part because the more dense the breast tissue, the more difficult it is to detect small abnormalities.

- **Hormone replacement therapy** at menopause can be a risk factor for breast cancer.

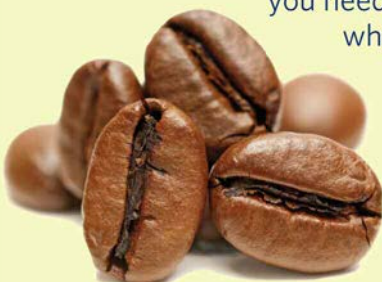
10 to 11 P.M.

That's the ideal time to go to sleep for your heart.

A new study found that people who nodded off during that window slept longer and more soundly. They also were about 25 percent less likely to develop heart disease compared to those who fell asleep after midnight or before 10 p.m. Getting less than six hours of shut-eye nightly raises your risk of heart disease and increases the risk of developing high blood pressure, so aim for a minimum of seven.

HOW TO MAKE A GREAT CUP OF COFFEE. Great coffee starts with great water. Always use fresh, cold water. If your tap water doesn't taste good, don't use it. Use bottled, spring or filtered water (not distilled).

Just as important as the water is the coffee. It has to be fresh and it has to be stored properly. Grind only what you need for the coffee you are about to make. Make sure that the coffee pot, filter holder or whatever it is you are using to brew your coffee is clean and rinsed well.



How much coffee is a matter of taste. Start with 2 level tablespoons for each eight ounces of water and go from there. (If you really like strong coffee, start with 2 1/2 tablespoons).

Serve the coffee as soon as it brews. If you plan on having more later, pour the coffee into a vacuum bottle to keep the fresh taste. Coffee that sits on a warmer will soon become stale and bitter.



Spider Web S'mores

Ingredients • 10 tablespoons marshmallow fluff
 • 10 graham cracker squares
 • 2 (1 ounce) squares unsweetened baking chocolate

- 1** Spread about 1 tablespoon marshmallow fluff evenly onto 1 side of each graham cracker square.
- 2** Melt chocolate in top of a double boiler over simmering water, stirring frequently and scraping down the sides with a rubber spatula to avoid scorching. Cool chocolate for 1 to 2 minutes. Spoon chocolate into a piping bag or plastic bag with a corner snipped.
- 3** Pipe chocolate in the shape of a spider web onto the marshmallow fluff of each graham cracker. Put a dot with some legs in the corner to represent a spider.

sunday	monday	tuesday	wednesday	thursday	friday	saturday
1 Rent Due	2 <i>Name Your Car Day</i>	3 <i>October is Fire Prevention Month</i>	4 <i>National Taco Day</i>	5 <i>Do Something Nice Day</i>	6 <i>World Smile Day</i>	7 <i>October's Birthstones are Opal & tourmaline</i>
8 <i>October is National Pizza Month</i>	9 <i>Columbus Day</i> <i>Columbus Day</i> <i>Indigenous Peoples' Day</i>	10 <i>National Hug a Drummer Day</i>	11 <i>Take Your Parents to Lunch Day</i>	12 <i>National Farmers Day</i>	13 <i>National Train Your Brain Day</i>	14 <i>Be Bald and Be Free Day</i>
15 <i>National Grouch Day</i>	16 <i>October's Birth Flowers are the Marigold and Cosmos</i>	17 <i>Forgive an Ex Day</i>	18 <i>Global Dignity Day</i>	19 <i>National New Friends Day</i>	20 <i>Information Overload Day</i>	21 <i>International Day of the Nacho</i>
22 <i>National Mother-in-Law Day</i>	23	24 <i>October is Breast Cancer Awareness Month</i>	25 <i>World Pasta Day</i>	26 <i>National Pumpkin Day</i>	27 <i>Cranky Co-Workers Day</i>	28 <i>National Make a Difference Day</i>
29 <i>October is Family History Month</i>	30 <i>National Candy Corn Day</i>	31 <i>Halloween</i>				

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