

# DeVille

Apartment & Builders Inc.



March 2025  
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Refrigerator tips  
March Quick Reads and more!

4811 Whipple Avenue NW Suite 101 • Canton, OH 44718

## Happening in March...

**Women's History Month.** Celebrate the achievements of women like Juliette Gordon Low, who founded the Girl Scouts in 1912, before women had the right to vote and despite her severe hearing impairment.

**Pi Day, March 14.** It's a never-ending number: 3.14159...And it's Albert Einstein's birthday.

**St. Patrick's Day, March 17.** Break out the green, read some James Joyce, and try to catch a leprechaun.

**National Poison Prevention Week, March 16-22.** A week dedicated to raising awareness of poison control centers and the Poison Help Hotline (800-222-1222).

**Make Up Your Own Holiday Day, March 26.** Why not observe a cause that's near and dear to your heart?

**Take a Walk in the Park Day, March 30.** Walking is a great way to decrease stress. Take a break to enjoy the scenery and breathe the fresh spring air today.

## Daylight Saving Time Begins

Get ready to spring forward into longer days and warmer weather. Daylight Saving Time begins at 2 am on Sunday, March 9th. Don't forget to set your clocks forward one hour before going to bed Saturday night.

## Household Hacks

**No More Moldy Bread.** To keep your bread from molding, place a clean dry paper towel under the bread in its original bag when storing it.

**What do you do for a weird smell in your car?** Just take a sheet of fabric softener and place a couple under the seats and in the trunk.

**Got stains?** To remove ketchup or tomato stains, remove the excess with a dull knife, then dab with a damp, warm sponge. Apply a little bit of shaving cream to the stain and let it dry. Then wash as usual.

**Out of cleaning supplies?** Baking soda can clean a TON of things such as; bathtubs, carpets, dishes, counters, drains, floors, grout, laundry, marble, pots and pans and pretty much any stain.

## Symptoms Of Alzheimer's

Be aware of signs of the onset of Alzheimer's in an aging parent or friend: • Change in personality. Suspicion, fear or dependence. • Misplacing or unusual placement of items such as an iron in the freezer. • Drastic mood/behavior changes. • Disorientation with place and/or time. Alzheimer's patients may get lost on their own street. • Memory loss and difficulty performing familiar tasks. Visit your doctor or [www.alz.org](http://www.alz.org) for more information.

## We're Lucky to Have You Here

DeVille Apartments & Builders Inc. has been granted a bit o' luck—with warm, friendly residents like you. Our good fortune probably makes other properties green with envy! We want you to know that we genuinely care and appreciate you. By continuing to provide the quality service you deserve, we hope to keep both luck and you on our side!

### YOUR COMMUNITY STAFF

#### London Square

330-477-6717

#### Perry Hills Colony

330-478-2246

#### Woodlawn Village

330-478-1467

### OFFICE HOURS

#### Monday thru Friday

8:00 am–4:30 pm

#### Saturday

Closed

#### Sunday

Closed

### CONTACT DIRECTORY

#### Corporate Office

(330) 492-8650

#### Corporate Fax

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#### Website

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#### Corporate Email

[deville@devilleapts.com](mailto:deville@devilleapts.com)



# REFRIGERATOR 101: WASTE NOT, WANT NOT

Are you tired of tossing mushy, freezer-burned, or stale food? A few storage strategies will help you take care of what you have so you can eat it while it's fresh.



**a**fter a trip to the grocery store or farmers market, it's more than a matter of putting everything away. Get in the habit of organizing your food for freshness from the start. You'll save money and help the environment by keeping methane producing food waste out of landfills.

- **KEEP IT VISIBLE** You won't use what you don't remember you have. Line up items neatly, keep labels facing out, and embrace clear containers.

- **MARK IT** Give everything a date—either the date you purchased the item or a toss date. ID leftovers and homemade items. A few minutes of labeling before storing will pay off.

- **DECANT IT** Separate food into portions you're likely to use. It will all stay fresher longer than if you continually draw from one big package.

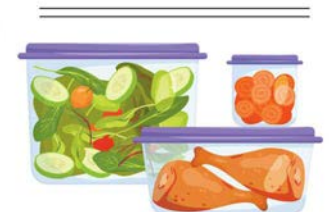
**refrigerator** Think of your fridge shelves and bins as zones where food is grouped based on specific traits and typical use. Commit to putting everything in its best place after meals by following this plan.

**1** The temperature can vary, mostly due to the door being opened. Milk, eggs, and cheese do best in the coldest spot—often the bottom shelf.

**2** The top shelf is a good place for delicate fruit, such as berries. To keep them fresh longer, don't rinse them until you're ready to eat them.

**3** Store asparagus and herbs upright in glass containers with a little water. Put leafy greens in an airtight container with a dry or damp paper towel.

**4** Produce that puts off ethylene gas (apples, ripe peaches and plums) belong in a drawer so they don't ripen other produce too quickly.



## FRONT & CENTER

Store leftovers at eye level and in front so they're easy to see and available to use in a new meal.



# March!

 **QUICK READS**

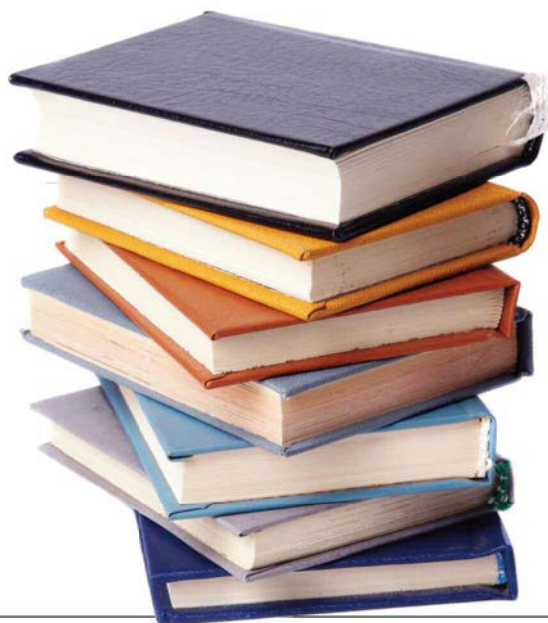
**59**  
MINUTES



That's how long you need to lift weights weekly to lower your risk of metabolic syndrome, a combination of abdominal fat and high blood pressure, cholesterol, and blood sugar.

## *March 2* **IS READ ACROSS AMERICA DAY.**

Diving into a book can reduce your stress levels by 68 percent. Reading regularly has also been shown to help sharpen your mind, fend off dementia, and foster empathy.



## STUDIES SHOW THAT USING COUPONS CAN **SAVE \$30 TO \$50 ON YOUR WEEKLY GROCERY BILL.**

The average American that uses digital coupon codes saves an annual total of \$1,465, a yearly savings of 6.4% of the average American household spending. According to Nerdwallet.com, some of the best free apps include Ibotta, ShopSavvy, and CouponCabin.

**\$2,670**

is the average annual cost of car insurance. To get the best price, always comparison shop; websites like Insurify.com or Zebra.com can help. Also consider a higher deductible, which can lower monthly costs.

Source: Bankrate.com



**MARCH 31**

## **WORLD BACKUP DAY**

Reminder: At least once a month, you should save important docs and photos from all your devices on an external hard drive or online drive, such as Dropbox, OneDrive, or Google Drive.



# Hello Spring!

FIRST DAY OF SPRING IS  
TUESDAY, MARCH 20TH

## March 2025

saturday

sunday	monday	tuesday	wednesday	thursday	friday	saturday
2 National Read Across America Day	3 National Anthem Day	4 National Hug a G.I. Day	5 Cheese Doodle Day	6 Returned Borrowed Books Week	7 National Cereal Day	1 Rent Due
9 Daylight Saving Time It's Time to "Spring Forward"	10 March is Women's History Month	11 National Dream Day	12 National Girl Scout Day	13 Good Samaritan Day	14 National Pi Day	15 True Confessions Day
16 National No Selfies Day	17 St. Patrick's Day Happy Saint Patrick's Day!	18 Forgive Mom & Dad Day	19 National Let's Laugh Day	20 Won't You Be My Neighbor Day	21 World Down Syndrome Day	22 As Young As You Feel Day
23 World Poetry Day	24 Cocktail Day	25 International Waffle Day	26 Make Up Your Own Holiday Day	27 International Scribble Day	28 National Something on a Stick Day	29 International Mermaid Day
30 Take a Walk in the Park Day	31 National Neighbor Day					