



Important Numbers

EMERGENCY

911

After Hours

Maintenance

(949) 472-1417

Courtesy Patrol

(855) 667-7247

FountainGlen

Laguna Niguel

Office

(949) 249-3155

Fax

(949) 249-1980

Email

FGLaguna@
sares-regis.com

Business Center

Fax

(949) 218-2038

Cox Cable

(949) 240-1212

Gas Company

(877) 238-0092

Electric Company

(800) 411-7343

Sea Country

Senior Center

(949) 425-5151

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	1 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 1:00pm Bunco (A)	2 9:30am Good Morning Coffee (A) 3:00pm Netflix Series NIGHT ON EARTH: MOONLIT PLAINS (A)	3 9:30am Good Morning Coffee (A) 10:00am Strength & Balance with Gita (C) 1:00pm Dominos (A) 6:30pm Bingo (A)	4 9:30am Good Morning Coffee (A) 1:30pm Penny Poker (A)	5 9:30am Good Morning Coffee (A) 10:00am Strength & Balance with Gita (C) 5-9pm (A) Casino Night	6 9:30am Coffee & Donuts Grab & Go & Social Hour (A) 2pm Movie Matinee "UNCHARTED" Theater Room (C)
7 OFFICE CLOSED	8 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 1:00pm Bunco (A)	9 9:30am Good Morning Coffee (A) 3:00pm Netflix Series NIGHT ON EARTH: FROZEN NIGHTS (A)	10 9:30am Good Morning Coffee (A) 10:00am Strength & Balance with Gita (C) 1:00pm Dominos (A) 6:30pm Bingo (A)	11 9:30am Good Morning Coffee (A) 4:30pm Happy Hour & Welcome New Neighbors (A Poolside) Bring snacks to share!	12 9:30am Good Morning Coffee (A) 10:00am Strength & Balance with Gita (C) 1:30pm Penny Poker (A)	13 9:30am Coffee & Donuts Grab & Go & Social Hour (C) 2pm Movie Matinee "THE 355" Theater Room (C)
14 OFFICE CLOSED	15 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 1:00pm Bunco (A)	16 9:30am Good Morning Coffee (A) 3:00pm Netflix Series NIGHT ON EARTH: JUNGLE NIGHTS (A)	17 9:30am Good Morning Coffee (A) 4:30pm Strength & Balance with Gita (C) 1:00pm Dominos (A) 6:30pm Bingo (A)	18 9:30am Good Morning Coffee (A) 3:00pm Enjoy Summertime Watermelon Sorbet with the Management Team! (C)	19 9:30am Good Morning Coffee (A) 1:30pm Penny Poker (A) 4:30pm Strength & Balance with Gita (C) 7:00pm Karaoke (A) Sign up in Mailroom BYOB Drinks & snacks	20 9:30am Healthy Habits Summer Fruit Festival Grab & Go & Social Hour (A) 2pm Movie Matinee "THE FOUNDER" Theater Room (C)
21 OFFICE CLOSED	22 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 1:00pm Bunco (A)	23 9:30am Good Morning Coffee (A) 3:00pm Netflix Series NIGHT ON EARTH: DARK SEAS (A)	24 9:30am Good Morning Coffee (A) 4:30pm Strength & Balance with Gita (C) 1:00pm Dominos (A) 6:30pm Bingo (A)	25 9:30am Good Morning Coffee (A) 3:00pm Make Paper Flowers with Sarah (A) Rescheduled from July	26 9:30am Good Morning Coffee (A) 1:30pm Penny Poker (A) 4:30pm Strength & Balance with Gita (C)	27 9:30am Coffee & Donuts Grab & Go & Social Hour (C) 2pm Movie Matinee "SIX MINUTES TO MIDNIGHT" Theater Room (C)
28 OFFICE CLOSED	29 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 1:00pm Bunco with Monthly Prize Party (A)	30 9:30am Good Morning Coffee (A) 3:00pm Netflix Series NIGHT ON EARTH: SLEEPLESS CITIES (A)	31 9:30am Good Morning Coffee (A) 4:30pm Strength & Balance with Gita (C) 1:00pm Dominos (A) 6:30pm Bingo (A)			