

Important Numbers

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

EMERGENCY

911

After Hours
Maintenance

(949) 472-1417

Courtesy Patrol

(855) 667-7247

FountainGlen
Laguna Niguel
Office

(949) 249-3155

Fax

(949) 249-1980

Email

FGLaguna@
sares-regis.com

Business Center

Fax

(949) 218-2038

Cox Cable

(949) 240-1212

Gas Company

(877) 238-0092

Electric

Company

(800) 411-7343

Sea Country

Senior Center

(949) 425-5151

				1 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C)	2 9:30am Good Morning Coffee (A) 10:00am Weights & Bands with Jasmine (C) 1:30pm Penny Poker (A)	3 9:30am Coffee & Donuts Grab & Go & Social Hour (A) 2pm Movie Matinee "THE UPSIDE" Theater Room (C 2 nd Floor)
4 OFFICE CLOSED	5 OFFICE CLOSED <i>Happy Labor Day</i>	6 9:30am Good Morning Coffee (A) 3:00pm Netflix Series TALES BY LIGHT: SUBMERGED & HIMALAYA (A)	7 9:30am Good Morning Coffee (A) 10:00am Weights & Bands with Jasmine (C) 1:00pm Dominos (A) 6:30pm Bingo (A)	8 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C)	9 9:30am Good Morning Coffee (A) 10:00am Weights & Bands with Jasmine (C) 1:00pm FG Chorus Craft Room (C 2 nd Floor) 1:30pm Penny Poker (A)	10 9:30am Coffee & Donuts Grab & Go & Social Hour (C) 2pm Movie Matinee "UNFINISHED SONG" Theater Room (C 2 nd Floor)
11 OFFICE CLOSED 	12 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 1:00pm Bunco (A)	13 9:30am Good Morning Coffee (A) 3:00pm Netflix Series TALES BY LIGHT: MISUNDERSTOOD PREDATORS (A)	14 9:30am Good Morning Coffee (A) 10:00am Weights & Bands with Jasmine (C) 1:00pm Dominos (A) 6:30pm Bingo (A)	15 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 3:00pm Presentation from Chief of Laguna Niguel Police Services (C)	16 9:30am Good Morning Coffee (A) 10:00am Weights & Bands with Jasmine (C) 1:00pm FG Chorus Craft Room (C 2 nd Floor) 1:30pm Penny Poker (A) 7:00pm Karaoke (A) RSVP in Mailroom BYOB Drinks & snacks	17 9:30am Coffee & Donuts Grab & Go & Social Hour (A) 2pm Movie Matinee "MRS. HARRIS GOES TO PARIS" Theater Room (C 2 nd Floor)
18 OFFICE CLOSED	19 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 1:00pm Bunco (A)	20 9:30am Good Morning Coffee (A) 10am or 1pm Halloween Crafts with Tina Craft Room (C) RSVP in Mailroom 3:00pm Netflix Series TALES BY LIGHT: SACRED NATURE (A)	21 9:30am Good Morning Coffee (A) 10:00am Weights & Bands with Jasmine (C) 1:00pm Dominos (A) 6:30pm Bingo (A)	22 1st Day of Fall 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C)	23 9:30am-11:30am Gourmet Coffee Cart (A) 10:00am Weights & Bands with Jasmine (C) 1:00pm FG Chorus Craft Room (C 2 nd Floor) 1:30pm Penny Poker (A)	24 9:30am Coffee & Donuts Grab & Go & Social Hour (C) 2pm Movie Matinee "ELVIS" Theater Room (C 2 nd Floor)
25 OFFICE CLOSED	26 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 1:00pm Bunco with Monthly Prize Party (A)	27 9:30am Good Morning Coffee (A) 3:00pm Netflix Series TALES BY LIGHT: PARADISE IN PERIL (A)	28 9:30am Good Morning Coffee (A) 10:00am Weights & Bands with Jasmine (C) 1:00pm Dominos (A) 6:30pm Bingo (A)	29 9:30am Good Morning Coffee (A) 9:30 Chair Yoga with Jasmine (C) 3:00pm Make Apple Body Scrub with Sarah (A)	30 9:30am Good Morning Coffee (A) 10:00am Weights & Bands with Jasmine (C) 1:00pm FG Chorus Craft Room (C 2 nd Floor) 1:30pm Penny Poker (A)	