

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

EMERGENCY
911

NON-EMERGENCY
SHERIFF
(949) 770-6011

After Hours
Maintenance
(949) 472-1417

Courtesy Patrol
(855) 667-7247

FountainGlen
Office
(949) 249-3155

Fax
(949) 249-1980
Email
FGLaguna@
sares-regis.com

Cox Cable
(949) 240-1212

So Cal Gas
(877) 238-0092

SDGE
(800) 411-7343

Sea Country
Senior Center
(949) 425-5151

OC Animal Care
(714) 935-6848

			1 9:30am (A) Coffee Hour 10:30am (C) Chair Yoga /Qigong with Jasmine 6:30pm (A) Bingo	2 9:30am (A) Coffee Hour 10:30am (C) Weights & Bands with Jasmine 2pm (A) Rummy Cube	3 9:30am (A) Coffee Hour 12:30-2pm (C) FG Chorus 1:30pm (A) Penny Poker	4 9:30am (A) Coffee & Donuts 2:30pm (C-2) Theatre Room Movie Matinee "The Longest Day"
5 Resident Sponsored 2:00pm Women's (Non-Political) Discussion Group Project Social 24040 Camino del Avion Meet at 1:45 in front of Bldg C for a ride. <i>Don't Forget to turn your clocks back 1 hour!</i>	6 9:30am (A) Coffee Hour 10:30am (C) Chair Yoga with Kelli 1:30pm (A) Bunco	7 9:30am (A) Coffee Hour 2:30pm (A) Netflix Documentary "Live to 100: Secrets of the Blue Zones"	8 9:30am (A) Coffee Hour 10:30am (C) Chair Yoga with Kelli 6:30pm (A) Bingo	9 9:30am (A) Coffee Hour 2pm (A) Rummy Cube	10 9:30am (A) Coffee Hour 12:30-2pm (C) FG Chorus 1:30pm (A) Penny Poker	11 Veteran's Day 9:30am (A) Coffee & Donuts 10:00am (A) Veteran's Day Tribute with Boy Scouts & FG Chorus 2:30pm (C-2) Theatre Room Movie Matinee "Saving Private Ryan"
THANKSGIVING FOOD DRIVE						
12	13 9:30am (A) Coffee Hour 10:30am (C) Chair Yoga with Kelli 1:30pm (A) Bunco	14 9:30am (A) Coffee Hour 2:30pm (A) Netflix Documentary "Live to 100: Secrets of the Blue Zones"	15 9:30am (A) Coffee Hour 10:30am (C) Chair Yoga with Kelli 6:30pm (A) Bingo	16 9:30am (A) Coffee Hour 1:30pm (A) RESIDENT APPRECIATION <i>Thanksgiving</i> LUNCH RSVP IN MAILROOM	17 9:30am (A) Coffee Hour 12:30-2pm (C) FG Chorus 1:30pm (A) Penny Poker Resident Sponsored 7:00pm (A) Fall Sing-a-long	18 9:30am (A) Coffee & Donuts 2:30pm (C-2) Theatre Room Movie Matinee "Hacksaw Ridge"
19 Resident Sponsored 2:00pm Women's (Non-Political) Discussion Group Project Social 24040 Camino del Avion Meet at 1:45 in front of Bldg C for a ride.	20 9:30am (A) Coffee Hour 10:30am (C) Chair Yoga & Qigong with Jasmine 1:30pm (A) Bunco	21 9:30am (A) Coffee Hour 10:30am (C) Weights & Bands with Jasmine 2:30pm (A) Netflix Documentary "Live to 100: Secrets of the Blue Zones"	22 9:30am (A) Coffee Hour 10:30am (C) Chair Yoga & Qigong with Jasmine 6:30pm (A) Bingo	23 Office Closed <i>Happy Thanksgiving</i>	24 9:30am (A) Coffee Hour 10:30am (C) Weights & Bands with Jasmine 12:30-2pm (C) FG Chorus 1:30pm (A) Penny Poker	25 9:30am (A) Coffee & Donuts 2:30pm (C-2) Theatre Room Movie Matinee "1917"
26	27 9:30am (A) Coffee Hour 10:30am (C) Chair Yoga & Qigong with Jasmine 1:30pm (A) Bunco with Monthly Prize Party	28 9:30am (A) Coffee Hour 10:30am (C) Weights & Bands with Jasmine 2:30pm (A) Netflix Documentary "Live to 100: Secrets of the Blue Zones"	29 9:30am (A) Coffee Hour 10:30am (C) Chair Yoga & Qigong with Jasmine 6:30pm (A) Bingo	30 9:30am (A) Coffee Hour 10:30am (C) Weights & Bands with Jasmine 2pm (A) Rummy Cube		