

FOUNTAIN GLEN
LAGUNA NIGUEL
55+ APARTMENT HOMES

EMERGENCY
911

NON-EMERGENCY
SHERIFF

(949) 770-6011

AFTER HOURS
MAINTENANCE

(949) 249-3155 #1

COURTESY PATROL
Call (714) 646-9937
Text (310) 461-4407

FOUNTAIN GLEN OFFICE

(949) 249-3155

FAX (949) 249-1980

EMAIL
FGLAGUNA@SARES-REGIS.COM

COX CABLE
(949) 240-1212

SO CAL GAS
(877) 238-0092

SDGE
(800) 411-7343

SEA COUNTRY SENIOR CENTER
(949) 425-5151
OC ANIMAL CARE
(714) 935-6848

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 9:30am (A)
Coffee Chat

10:30 (A)
Aqua Aerobics
with Kelli

1:30pm (A)
Bunco

2 9:30am (A)
Coffee Chat

10:30 (C)
Chair Yoga
with Jasmine

3 9:30am (A)
Coffee Chat

10:30 (C)
Strength Training
with Jasmine

6:30pm (A)
Bingo

4 9:30am (A)
Coffee Chat
Happy 4th of July
Office Closed

5 9:30am (A)
Coffee Chat

10:30 (A)
Aqua Aerobics
with Kelli

12:30-2:00 (C)
FG Chorus

1:30 (A)
Penny Poker

6 9:30am (A)
Coffee & Bagels

Office Closed

7

Office Closed

8 9:30am (A)
Coffee Chat

10:30 (A)
Aqua Aerobics
with Kelli

1:30pm (A)
Bunco

9 9:30am (A)
Coffee Chat

10:30 (C)
Strength Training
with Jasmine

10 9:30am (A)
Coffee Chat

10:30 (C)
Chair Yoga
with Jasmine

6:30pm (A)
Bingo

11 9:30am (A)
Coffee Chat

10:30 (C)
Strength Training
with Jasmine

1:00pm (A)
Chicken Foot
Dominoes

12 9:30am (A)
Coffee Chat

10:30 (A)
Aqua Aerobics
with Kelli

12:30-2:00 (C)
FG Chorus

1:30 (A)
Penny Poker

13 9:30am (A)
Coffee & Donuts

Office Closed

New Numbers!

14

Office Closed

15 9:30am (A)
Coffee Chat

10:30 (C)
Chair Yoga
with Kelli

1:30pm (A)
Bunco

16 9:30am (A)
Coffee Chat

10:30 (A)
Aqua Aerobics
with Jasmine

Clubhouse C Reserved
Private Event 9am-5pm

17 9:30am (A)
Coffee Chat

10:30 (C)
Strength Training
with Jasmine

6:30pm (A)
Bingo

18 9:30am (A)
Coffee Chat

10:30 (C)
Chair Yoga
with Jasmine

1:00pm (A)
Chicken Foot
Dominoes

3:30pm (C)
Community Ed
OC Fire Department

19 9:30am (A) Coffee Chat

10:30 (A)
Aqua Aerobics
with Kelli

12:30-2:00 (C)
FG Chorus

1:30 (A)
Penny Poker

7:00pm (A) FG Chorus
Sing Along & Karaoke

20 9:30am (A)
Coffee & Muffins

Office Closed

21

Office Closed

22 9:30am (A)
Coffee Chat

10:30 (A)
Aqua Aerobics
with Kelli

1:30pm (A)
Bunco

23 9:30am (A)
Coffee Chat

10:30 (C)
Strength Training
with Jasmine

24 9:30am (A)
Coffee Chat

10:30 (C)
Chair Yoga
with Jasmine

6:30pm (A)
Bingo

25 9:30am (A)
Coffee Chat

10:30 (C)
Strength Training
with Jasmine

1:00pm (A)
Chicken Foot
Dominoes

3:30 (C)
Celebrate July Birthdays &
Welcome New Neighbors

26 9:30am (A)
Coffee Chat

10:30 (A)
Aqua Aerobics
with Kelli

12:30-2:00 (C)
FG Chorus

1:30 (A)
Penny Poker

27 9:30am (A)
Coffee & Pastries

Office Closed

28

Office Closed

29 9:30am (A)
Coffee Chat

10:30 (A)
Aqua Aerobics
with Kelli

1:30pm (A)
Bunco & Prize Party

30 9:30am (A)
Coffee Chat

10:30 (C)
Chair Yoga
with Kelli

31 9:30am (A)
Coffee Chat

10:30 (C)
Chair Yoga
with Kelli

6:30pm (A)
Bingo

July 2024
Activities Calendar