FOUNTAINGLEN
LAGUNA NIGUEL
55+ APARTMENT HOMES

Leasing Office Open Monday - Friday 9:00am - 6:00pm

> EMERGENCY 911 NON-EMERGENCY SHERIFF (949) 770-6011

AFTER HOURS MAINTENANCE (949) 249-3155

COURTESY PATROL (855) 667-7247

FOUNTAINGLEN OFFICE (949) 249-3155 FAX (949) 249-1980 EMAIL FGLAGUNA@SARES-REGIS.COM

COX CABLE (949) 240-1212

SOCAL GAS (877) 238-0092

SDGE (800) 411-7343

SEA COUNTRY SENIOR CENTER (949) 425-5151

OC ANIMAL CARE (714) 935-6848

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GLEN	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GUEL HOMES	a line		9:30am (A) & (C) Coffee Chat	2 9:30am (A) & (C) Coffee Chat 10:30 (C)	9:30am (A) & (C) Coffee Chat 10:30 (C)	9:30am (A) & (C) Coffee Chat	9:30am (A) Coffee & Ghoulish Treats
Open iday	0/2/0		10:30 (C) Strength Training with Jasmine	Chair Yoga Flow/Qigong with Jasmine	Strength Training with Jasmine 1:00pm (A)	12:30-2:00 (C) FG Chorus	
00pm	(3)			6:30pm (A) Bingo	Chicken Foot Dominoes 3:00pm (C) Tailgate Party!	1:30 (A) Penny Poker	
Y NCY	.0	7 9:30am (A) & (C) Coffee Chat	8 9:30am (A) & (C) Coffee Chat	9 9:30am (A) & (C) Coffee Chat	10 9:30am (A) & (C) Coffee Chat	11 9:30am (A) & (C) Coffee Chat	12 9:30am (A) Coffee & Ghoulish Treats
)11	G L O	10:30 (C) Chair Yoga Flow/Qigong	10:30 (C) Strength Training with Jasmine	10:30 (C) Chair Yoga Flow/Qigong	10:30 (C) Strength Training with Jasmine	12:30-2:00 (C) FG Chorus	
ITENANCE 55	S E D	with Jasmine 1:30pm (A) Bunco	4pm-7pm (A) Lobster Food Truck!	with Jasmine 6:30pm (A) Bingo	1:00pm (A) Chicken Foot Dominoes	1:30 (A) Penny Poker	4
IROL 247	13	14 9:30am (A) & (C) Coffee Chat	15 9:30am (A) & (C) Coffee Chat	16 9:30am (A) & (C) Coffee Chat 10:30 (C)	17 9:30am (A) & (C) Coffee Chat	18 9:30am (A) & (C) Coffee Chat	19 9:30am (A) Coffee & Ghoulish Treats
OFFICE 55	C L O	10:30 (C) Chair Yoga Flow/Qigong with Jasmine	10:30 (C) Strength Training with Jasmine	Chair Yoga Flow/Qigong with Jasmine 5pm-7pm (A)	10:30 (C) Strength Training with Jasmine	12:30-2:00 (C) FG Chorus 1:30 (A) Penny Poker	
1980	C E D	1:30pm (A) Bunco		Lime Food Truck! 6:30pm (A) Bingo	1:00pm (A) Chicken Foot Dominoes	7:00pm (A) FG Chorus Sing Along & Karaoke	
regis.com E	20	21 9:30am (A) & (C) Coffee Chat	22 9:30am (A) & (C) Coffee Chat	23 9:30am (A) & (C) Coffee Chat	24 9:30am (A) & (C) Coffee Chat	25 9:30am (A) & (C) Coffee Chat	26 9:30am (A) Coffee & Ghoulish Treats
:12 S	CLO	10:30 (C) Chair Yoga Flow/Qigong with Jasmine	10:30 (C) Strength Training	10:30 (C) Chair Yoga Flow/Qigong	10:30 (C) Strength Training with Jasmine	12:30-2:00 (C) FG Chorus	
92	C E D	1:30pm (A) Bunco	with Jasmine	with Jasmine 6:30pm (A) Bingo	1:00pm (A) Chicken Foot Dominoes	1:30 (A) Penny Poker	
43	27	28 9:30am (A) & (C) Coffee Chat No Fitness Class	29 9:30am (A) & (C) Coffee Chat No Fitness Class	30 9:30am (A) & (C) Coffee Chat No Fitness Class	31 9:30am (A) & (C) Coffee Chat No Fitness Class	***	
OR CENTER 51	E C	110 11111033 61033	1 to 1 micos ciass	110 1 1111033 61033	1:00pm (A) Chicken Foot Dominoes	3	
ARE 48	C E D	1:30pm (A) Bunco & Prize Party		6:30pm (A) Bingo	130pm - 3:00pm (A) Halloween Party!		+