

**FOUNTAINGLEN  
LAGUNA NIGUEL**  
55+ APARTMENT HOMES

**Leasing Office Open**  
Monday - Friday  
9:00am - 6:00pm  
Saturday 9:00am - 12:00pm

**EMERGENCY**  
911  
**NON-EMERGENCY**  
**SHERIFF**  
(949) 770-6011

**AFTER HOURS MAINTENANCE**  
(949) 249-3155

**COURTESY PATROL**  
(855) 667-7247

**FOUNTAINGLEN OFFICE**  
(949) 249-3155  
FAX (949) 249-1980  
EMAIL  
FGLAGUNA@SARES-REGIS.COM

**COX CABLE**  
(949) 240-1212

**SO CAL GAS**  
(877) 238-0092

**SDGE**  
(800) 411-7343

**SEA COUNTRY SENIOR CENTER**  
(949) 425-5151

**OC ANIMAL CARE**  
(714) 935-6848

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Office Closed 	<b>2</b> 9:30am (A&C) Morning Coffee 10:30 (C) Chair Yoga Flow/Qigong with Jasmine 1:30pm (A) Bunco	<b>3</b> 9:30am (A&C) Morning Coffee 10:30 (C) Strength Training with Jasmine 2:30 (A) Doc Tuesday "Our Great National Parks" Episode 2. 50min	<b>4</b> 9:30am (A&C) Morning Coffee 10:30 (C) Chair Yoga Flow/Qigong with Jasmine 2:30 (C) Toy Drive Kick-off 6:30pm (A) Bingo	<b>5</b> 9:30am (A&C) Morning Coffee 10:30 (C) Strength Training with Jasmine 1:30 (A) Chicken Foot	<b>6</b> 9:30am (A&C) Morning Coffee 12:30-2:00 (C) FG Chorus 1:30 (A) Penny Poker	<b>7</b> 9:30am (A) Coffee & Goodies  Office Closed
<b>8</b> Office Closed 	<b>9</b> 9:30am (A&C) Morning Coffee 10:30 (C) Chair Yoga Flow/Qigong with Jasmine 1:30pm (A) Bunco	<b>10</b> 9:30am (A&C) Morning Coffee 10:30 (C) Strength Training with Jasmine 2:30 (A) Doc Tuesday "Our Great National Parks" Episode 3. 50min	<b>11</b> 9:30am (A&C) Morning Coffee 10:30 (C) Chair Yoga Flow/Qigong with Jasmine 6:30pm (A) Bingo	<b>12</b> 9:30am (A&C) Morning Coffee 10:30 (C) Strength Training with Jasmine 1:30 (A) Chicken Foot 3:30 (C) Ugly Sweater Birthday Party	<b>13</b> 9:30am (A&C) Morning Coffee 12:30-2:00 (C) FG Chorus 1:30 (A) Penny Poker 7:00pm (A) FG Chorus Sing Along & Karaoke	<b>14</b> 9:30am (C) Coffee & Goodies  Office Closed
<b>15</b> Office Closed 	<b>16</b> 9:30am (A&C) Morning Coffee 10:30 (C) Chair Yoga Flow/Qigong with Jasmine 1:30pm (A) Bunco	<b>17</b> 9:30am (A&C) Morning Coffee 10:30 (C) Strength Training with Jasmine 2:30 (A) Doc Tuesday "Our Great National Parks" Episode 4. 50min	<b>18</b> 9:30am (A&C) Morning Coffee 10:30 (C) Chair Yoga Flow/Qigong with Jasmine 6:30pm (A) Bingo	<b>19</b> 9:30am (A&C) Morning Coffee 10:30 (C) Strength Training with Jasmine 1:30 (A) Chicken Foot 3:00 (A) Winter Open House Tree Lighting	<b>20</b> 9:30am (A&C) Morning Coffee 1:30 (A) Penny Poker	<b>21</b> 9:30am (A) Coffee & Goodies  Office Closed
<b>22</b> Office Closed 	<b>23</b> 9:30am (A&C) Morning Coffee 1:30pm (A) Bunco	<b>24</b> 9:30am (A&C) Morning Coffee  Office Hours 9:00am-1:00pm	<b>25</b> 9:30am (A&C) Morning Coffee  Office Closed	<b>26</b> 9:30am (A&C) Morning Coffee 1:30 (A) Chicken Foot	<b>27</b> 9:30am (A&C) Morning Coffee 1:30 (A) Penny Poker	<b>28</b> 9:30am (C) Coffee & Goodies  Office Closed
<b>29</b> Office Closed 	<b>30</b> 9:30am (A&C) Morning Coffee 1:30pm (A) Bunco & Prize Party	<b>31</b> 9:30am (A&C) Morning Coffee  Office Hours 9:00am-1:00pm				