

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |
|--|--|--|--|---|--|---|
| <p><i>You Are the Heart of FountainGlen</i></p>  |  |  |  |   |  |   |
| <p>Coffee All Day (A) &amp; (C) <b>2</b></p> <p>Office Closed</p>  | <p>Coffee All Day (A) &amp; (C) <b>3</b></p> <p>10:30 (C)<br/>Chair Yoga Flow/Qigong with Jasmine</p> <p>1:30pm (A)<br/>Bunco</p>  | <p>Coffee All Day (A) &amp; (C) <b>4</b></p> <p>10:30 (C)<br/>Strength Training with Jasmine</p> <p>2:00pm (A)<br/>Two-gather Tuesday Chesapeake Shores</p>  | <p>Coffee All Day (A) &amp; (C) <b>5</b></p> <p>10:30 (C)<br/>Chair Yoga Flow/Qigong with Jasmine</p> <p>6:30pm (A)<br/>Bingo</p>  | <p>Coffee All Day (A) &amp; (C) <b>6</b></p> <p>10:30 (C)<br/>Strength Training with Jasmine</p> <p>1:30pm (A)<br/>Chicken Foot</p> <p>3:00pm (C)<br/>Resident Roundtable</p>                               | <p>Coffee All Day (A) &amp; (C) <b>7</b></p> <p>12:30 - 2:00pm (C)<br/>FG Chorus</p> <p>1:30pm (A)<br/>Penny Poker</p>   | <p>Coffee All Day (A) &amp; (C) <b>1</b></p> <p>9:30 am (A)<br/>Donuts</p> <p>Office Closed</p>                         |
| <p>Coffee All Day (A) &amp; (C) <b>9</b></p> <p>2:00-7:00 pm (C)<br/>Clubhouse Closed Private Event</p> <p>Office Closed</p> | <p>Coffee All Day (A) &amp; (C) <b>10</b></p> <p>10:30 (C)<br/>Chair Yoga Flow/Qigong with Jasmine</p> <p>1:30pm (A)<br/>Bunco</p> | <p>Coffee All Day (A) &amp; (C) <b>11</b></p> <p>10:30 (C)<br/>Strength Training with Jasmine</p> <p>2:00pm (A)<br/>Two-gather Tuesday Chesapeake Shores</p> | <p>Coffee All Day (A) &amp; (C) <b>12</b></p> <p>10:30 (C)<br/>Chair Yoga Flow/Qigong with Jasmine</p> <p>6:30pm (A)<br/>Bingo</p> | <p>Coffee All Day (A) &amp; (C) <b>13</b></p> <p>10:30 (C)<br/>Strength Training with Jasmine</p> <p>10:30-12:00pm (A)<br/>OC Mobile Library </p> <p>1:30pm (A)<br/>Chicken Foot</p>                        | <p>Coffee All Day (A) &amp; (C) <b>14</b></p> <p>♥ 10:30am (A) ♥<br/><i>You Are the Heart of FountainGlen</i><br/>Resident Appreciation Brunch</p> <p>12:30-2:00pm (C)<br/>FG Chorus</p> <p>1:30pm (A)<br/>Penny Poker</p> | <p>Coffee All Day (A) &amp; (C) <b>8</b></p> <p>9:30 am (A)<br/>Donuts</p> <p>Office Closed</p>                         |
| <p>Coffee All Day (A) &amp; (C) <b>16</b></p> <p>Office Closed</p>   | <p>Coffee All Day (A) &amp; (C) <b>17</b></p> <p>10:30 (C)<br/>Chair Yoga Flow/Qigong with Jasmine</p> <p>1:30pm (A)<br/>Bunco</p> | <p>Coffee All Day (A) &amp; (C) <b>18</b></p> <p>10:30 (C)<br/>Strength Training with Jasmine</p> <p>2:00pm (A)<br/>Two-gather Tuesday Chesapeake Shores</p> | <p>Coffee All Day (A) &amp; (C) <b>19</b></p> <p>10:30 (C)<br/>Chair Yoga Flow/Qigong with Jasmine</p> <p>6:30pm (A)<br/>Bingo</p> | <p>Coffee All Day (A) &amp; (C) <b>20</b></p> <p>10:30 (C)<br/>Strength Training with Jasmine</p> <p>1:30pm (A)<br/>Chicken Foot</p> <p>3:00pm (C)<br/>COASC Behavioral Health</p>                          | <p>Coffee All Day (A) &amp; (C) <b>21</b></p> <p>1:30pm (A)<br/>Penny Poker</p> <p>7:00pm (A)<br/>FG Chorus Sing Along &amp; Karaoke</p>   | <p>Coffee All Day (A) &amp; (C) <b>15</b></p> <p>9:30 am (A)<br/>Donuts</p> <p>Office Closed</p>                        |
| <p>Coffee All Day (A) &amp; (C) <b>23</b></p> <p>Office Closed</p>   | <p>Coffee All Day (A) &amp; (C) <b>24</b></p> <p>10:30 (C)<br/>Chair Yoga Flow/Qigong with Jasmine</p> <p>1:30pm (A)<br/>Bunco</p> | <p>Coffee All Day (A) &amp; (C) <b>25</b></p> <p>10:30 (C)<br/>Strength Training with Jasmine</p> <p>2:00pm (A)<br/>Two-gather Tuesday Chesapeake Shores</p> | <p>Coffee All Day (A) &amp; (C) <b>26</b></p> <p>10:30 (C)<br/>Chair Yoga Flow/Qigong with Jasmine</p> <p>6:30pm (A)<br/>Bingo</p> | <p>Coffee All Day (A) &amp; (C) <b>27</b></p> <p>10:30 (C)<br/>Strength Training with Jasmine</p> <p>1:30pm (A)<br/>Chicken Foot</p> <p>3:30 (C)<br/>Queen of Hearts Birthday &amp; New Neighbors Party</p> | <p>Coffee All Day (A) &amp; (C) <b>22</b></p> <p>9:30 am (A)<br/>Bagels</p> <p>Office Closed</p>   | <p>Coffee All Day (A) &amp; (C) <b>28</b></p> <p>12:30 - 2:00pm (C)<br/>FG Chorus</p> <p>1:30pm (A)<br/>Penny Poker</p> |