FOUNTAINGLEN LAGUNA NIGUEL 55+ APARTMENT HOMES

Leasing Office Open Monday - Friday 9:00am - 6:00pm

> EMERGENCY 911 NON-EMERGENCY SHERIFF (949) 770-6011

AFTER HOURS MAINTENANCE (949) 249-3155

COURTESY PATROL (855) 667-7247

FOUNTAINGLEN OFFICE (949) 249-3155 FAX (949) 249-1980 EMAIL FGLAGUNA@SARES-REGIS.COM

COX CABLE (949) 240-1212

SO CAL GAS (877) 238-0092

SDGE (800) 411-7343

SEA COUNTRY SENIOR CENTER (949) 425-5151

OC ANIMAL CARE (714) 935-6848

d	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
V	1 Office Closed	10:30 (A) Aqua Aerobics with Kelli	3 10:30 (C) Strength Training with Jasmine	4 10:30 (C) Chair Yoga Flow/Qigong with Jasmine	5 10:30 (C) Strength Training with Jasmine	10:30 (A) *Aqua Aerobics with Kelli 12:30-2:00 (C) FG Chorus	9:30 am (A) Saturday Social & Snacks Hour
		1:30pm (A) Bunco		6:30pm (A) Bingo	1:30 (A) Chicken Foot Dominos	1:30 (A) Penny Poker	Office Closed
	8 Office Closed	9 10:30 (A) *Aqua Aerobics with Kelli 1:30pm (A) Bunco 6:00-8:30pm (A)	10:30 (C) Chair Yoga Flow/Qigong with Jasmine	10:30 (C) Strength Training with Jasmine	12 10:30 (C) Chair Yoga Flow/Qigong with Jasmine	13 10:30 (A) *Aqua Aerobics with Kelli 12:30-2:00 (C) FG Chorus	9:30 am (A) Special Social Hour for Father's Day
Ē		* Shanghai * Kitchen		6:30pm (A) Bingo	1:30 (A) Chicken Foot Dominos	1:30 (A) Penny Poker	Office Closed
	15 Office Closed Happy Forthers Day	10:30 (A) *Aqua Aerobics with Kelli	17 10:30 (C) Strength Training with Jasmine	10:30 (C) Chair Yoga Flow/Qigong with Jasmine	19 10:30 (C) Strength Training with Jasmine	20 10:30 (A) *Aqua Aerobics with Kelli 12:30-2:00 (C) FG Chorus 1:30 (A) Penny Poker	9:30 am (A) Saturday Social & Snacks Hour
м		1:30pm (A) Bunco		6:30pm (A) Bingo	1:30 (A) Chicken Foot Dominos	7:00pm (A) FG Chorus Sing Along & Karaoke	Office Closed
/*\	22 Office Closed	10:30 (A) *Aqua Aerobics with Kelli	10:30 (C) Chair Yoga Flow/Qigong with Jasmine	10:30 (C) Strength Training with Jasmine	Chair Yoga Flow/Qigong with Jasmine 1:30 (A) Chicken Foot Dominos	10:30 (C) Healthy Cooking with Kelli	9:30 am (A) Saturday Social & Snacks Hour
		1:30pm (A) Bunco		6:30pm (A) Bingo	3:30 (C) Popsicle Party	1:30 (A) Penny Poker	Office Closed
R	29 Office Closed	10:30 (A) *Aqua Aerobics with Kelli 1:30pm (A)	5	Walki	ng On		20)
		Bunco & Prize Party	/TDAY O II A				

*During Pool Renovation (TBA) Gentle Aerobic Classes Will Replace Aqua Aerobics 10:30am Clubhouse (C)