

NOVEMBER 2022

IMPORTANT PHONE NUMBERS

EMERGENCY:
911

After-Hours
Maintenance

Emergency:
714-973-7501

Office:

714-960-1600

Courtesy Patrol:

877-819-3031

HB Police – Non-

Emergency:

714-960-8811

Spectrum Cable:

714-981-4424 (Dan
Nguyen)

Gas Company:

800-427-2200

Electric Company:

800-684-8123

Senior Center in

Central Park:

714-536-5600

Seniors on the Go

Transportation:

714-374-1742

Email:

fgseacliff@sares-
regis.com

FOUNTAIN GLEN
SEACLIFF
55+ APARTMENT HOMES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
		9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Wii Bowling	9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg 5:30 Resident Social	9:30 Donut Dunk 10:30 Wii Bowling 3:00 Movie 6:30 Bingo
6	7	8	9	10	11	12
10:30 Wii Bowling	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Wii Bowling 3:00 Craft Day with Cathy	9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg 5:30 Resident Social	9:30 Donut Dunk 10:30 Wii Bowling 3:00 Movie
13	14	15	16	17	18	19
World Kindness Day	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Wii Bowling	9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg 3:00 Thanksgiving Luncheon 5:30 Resident Social	9:30 Donut Dunk 10:30 Wii Bowling 3:00 Movie 6:30 Bingo
20	21	22	23	24	25	26
10:30 Wii Bowling	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg 3:00 Resident Birthday Party	9:00 Coffee 10:00 Coffee Talk with Management 10:30 Wii Bowling 1:00 Bridge	Thanksgiving Day OFFICE CLOSED	9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg 5:30 Resident Social	9:30 Donut Dunk 10:30 Wii Bowling 3:00 Movie
27	28	29	30	1	2	3
10:30 Wii Bowling	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge			

NOVEMBER BIRTHDAYS

Lisa R.	11/02
Venita R.	11/05
Julie M.	11/07
Linda F.	11/08
Debra B.	11/10
Hanh N.	11/11
Evelyn P.	11/14
Paul W.	11/15
Sheila V.	11/17
Sara R.	11/18
Kamlia I.	11/19
Catherine E.	11/20
Mava G.	11/22
Mariem T.	11/25
Jane K.	11/26
Charles D.	11/26
Chinying W.	11/27
Angela M.	11/28
James F.	11/28
Ruth R.	11/30
Roger S.	11/30
Mike B.	11/30

