

SEPTEMBER 2023

IMPORTANT
PHONE
NUMBERS

EMERGENCY:
911
After-Hours
Maintenance
Emergency:
714-973-7501
Office:
714-960-1600
Courtesy Patrol:
877-819-3031
HB Police – Non-
Emergency:
714-960-8811
Spectrum Cable:
714-981-4424 (Dan
Nguyen)
Gas Company:
800-427-2200
Electric Company:
800-684-8123
Senior Center in
Central Park:
714-536-5600
Seniors on the Go
Transportation:
714-374-1742
Email:
fgseacliff@sares-
regis.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:00 Coffee 10:30 Aqua Aerobics 1:00 Mah Jongg 5:30 Resident Social	9:30 Donut Dunk 10:30 Wii Bowling 12:00 Movie
3	4	5	6	7	8	9
10:30 Wii Bowling	Labor Day National Wildlife Day! 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge OFFICE CLOSED	9:00 Coffee 10:30 Aqua Aerobics CANCELLED 1:00 Mah Jongg	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Wii Bowling	9:00 Coffee 10:30 Wii Bowling 10:30 Aqua Aerobics CANCELLED 1:00 Mah Jongg 5:30 Resident Social	9:30 Donut Dunk 10:30 Wii Bowling 12:00 Movie 6:30 Bingo
10	11	12	13	14	15	16
10:30 Wii Bowling	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Aqua Aerobics 1:00 Mah Jongg	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Wii Bowling 3:00 Crafts with Cathy	9:00 Coffee 10:30 Aqua Aerobics 1:00 Mah Jongg 5:30 Resident Social	9:30 Donut Dunk 10:30 Wii Bowling 12:00 Movie
17	18	19	20	21	22	23
10:30 Wii Bowling	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Aqua Aerobics 1:00 Mah Jongg	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Wii Bowling	9:00 Coffee 10:30 Aqua Aerobics 1:00 Mah Jongg 5:30 Resident Social	First Day of Fall 9:30 Donut Dunk 10:30 Wii Bowling 12:00 Movie 6:30 Bingo
24	25	26	27	28	29	30
10:30 Wii Bowling	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	9:00 Coffee 10:30 Aqua Aerobics 1:00 Mah Jongg	9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	National Good Neighbor Day! 9:00 Coffee 10:30 Wii Bowling 3:00 Resident Birthday Party	9:00 Coffee 10:30 Aqua Aerobics 1:00 Mah Jongg 5:30 Resident Social	9:30 Donut Dunk 10:30 Wii Bowling 12:00 Movie

September
Birthdays

David P 9/02
Erik B 9/02
Deanna M 9/03
Elsie C 9/05
Allison M 9/05
Gail P 9/06
Susan G 9/07
Kerry B 9/07
John D 9/09
Eric A 9/09
Erika S 9/11
Raymond R 9/11
Patrick A 9/12
Doris H 9/14
Phyllis M 9/14
Ivy F 9/14
Dorothy P 9/17
Joseph K 9/18
Catherine K 9/20
Sharon R 9/22
Joanne A 9/22
Jacquelyn P 9/24
Doreen R 9/25
Fam F 9/26
Madalena F 9/29
Richard Z 9/30

