

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>1</b>                  9:00 Scrabble-CR                  10:00 Line Dancing with Loren-AR  <b>11:30 Tai Chi-AR</b>  <b>12:30 Shopping to Route #1</b>                  12:00 Hand, Foot and Toe-CR  <b>1:00 Water Aerobics with Judy-Pool</b>                  2:30 Fun Bingo-AR                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>2</b>                  10:00 Sit &amp; Be Fit-AR                  11:00 Brain Teasers -AR  <b>12:30 Shopping to Route #2</b>                  1:00 Mahjong-CR  <b>12:30 Jewelry Making with Deb-AR</b>                  5:00 Mexican Train-CR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>3</b>  <b>9:30 Shopping Route #3</b>                  10:00 Chair Yoga with Marissa-AR                  11:00 Food Chat with Ginger-AR  <b>12:30 "Cards and Things"-with Rachel-AR</b>  <b>2:30-United Healthcare sponsors: Amanda from AM Nutrition-AR</b>                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>4</b>                  10:00 Tai Chi-AR                  11:00 Wii Bowling – AR                  11:00 Mexican Train-SR                  12:30 Activity Chat with Audrey-AR                  1:00 Scrabble-CR                  1:15-1:45 Doves Blood Pressure Checks - Doves Office (2<sup>nd</sup> Floor)  <b>1:45 Cocktails with Ken Levine</b>                  5:00 Mexican Train-CR</p>	<p><b>9:30 Shopping to Route #4</b> <b>5</b>                  10:00 Sit &amp; Be Fit-AR                  10:00 Catholic Communion-CH                  12:00 Movie Matinee "Finding Nemo"-AR                  1:00 Texas Hold'em-BR                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p>9:15 Hand, Foot, and Toe-CR <b>6</b>                  5:00 Mexican Train-CR                  6:30 Movie-night- "West Side Story"-AR</p>
<p>10:30 Catholic Communion CH <b>7</b>                  2:30-3:30 non-denominational church service-AR                  2:30 Mexican Train-SR  <b>6:30 Sign Language for fun with Stephanie-AR</b></p> <p style="text-align: right;"><i>Daylight Saving Time Ends</i></p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>8</b>                  9:00 Scrabble-CR                  10:00 Line dancing with Loren-AR  <b>11:00 ABC Hearing sponsors Coffee Chat</b>                  12:00 Hand, Foot and Toe-CR  <b>12:30 Shopping to Route #1</b>  <b>1:00 Water Aerobics with Judy-Pool</b>                  2:30 Prize Bingo-AR                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>9</b>                  10:00 Sit &amp; Be Fit-AR                  11:00 Brain Teasers-AR  <b>12:30 Shopping to Route #2</b>                  1:00 Mahjong-CR  <b>2:30 Corn Hole for Beginners -Practice session-AR</b>                  5:00 Mexican Train-CR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>10</b>  <b>9:30 Shopping Route #3</b>                  10:00 Chair cardio and drumming-AR  <b>2:00 Fall Birthday Celebration-AR By Invitation Only</b>                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>11</b>  <b>10:30 Newcomers Meeting-PDR</b>                  10:00 Tai Chi-AR                  11:00 Mexican Train-SR                  11:00 Wii Bowling – AR                  1:00 Scrabble-CR  <b>1:30 Veterans Alliance Sponsors-Veterans Pinning and Ceremony-AR</b>                  5:00 Mexican Train-CR  <b>6:30 United Healthcare sponsors "Bingo-AR"</b>  <small>veterans Day remembrance Day (Canada)</small></p>	<p><b>9:30 Shopping to Route #4</b> <b>12</b>                  10:00 Sit &amp; Be Fit-AR                  12:00 Movie Matinee- "The Long Trailer"-AR                  1:00 Texas Hold'em-BR  <b>2:30 Thanksgiving Craft with Audrey-AR</b>                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p>9:00-12:00 Porcelain Club-AR <b>13</b>                  9:15 Hand, Foot and Toe-CR                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>
<p>10:30 Catholic Communion CH <b>14</b>                  2:30 Mexican Train-SR                  2:30-3:30 non-denominational church service-AR  <b>6:30 Sign Language for fun with Stephanie-AR</b></p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>15</b>                  9:00 Scrabble-CR                  10:00 Line dancing with Loren-AR  <b>10:15 Southwest Mobility-DR</b>  <b>12:30 Shopping to Route #1</b>                  12:00 Hand, Foot and Toe-CR  <b>1:00 Water Aerobics with Judy-Pool</b>  <b>2:00 Piano Music with John Demand-AR</b>                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>16</b>                  10:00 Sit &amp; Be Fit-AR                  11:00 Brain Teasers-AR  <b>12:00 Taco Tuesday</b>  <b>12:30 Shopping to Route #2</b>                  12:30 Jewelry Making with Deb-AR                  1:00 Mahjong-CR  <b>2:30 Corn Hole for Beginners-Practice-AR</b>                  Last day to sign and pay for Hale Theater</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>17</b>  <b>9:30 Shopping Route #3</b>  <b>12:00 Out to Lunch JJ Madisons</b>  <b>12:30 "Cards and Things" Artwork with Rubber stamps-AR</b>                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>18</b>                  10:00 Tai Chi-AR                  1:00 Scrabble-CR                  1:15-1:45 Doves Blood Pressure Checks - Doves Office (2<sup>nd</sup> Floor)  <b>2:00 Town Hall-AR</b>                  5:00 Mexican Train-CR</p>	<p><b>9:30 Shopping to Route #4</b> <b>19</b>                  10:00 Sit &amp; Be Fit-AR                  12:00 -"Movie Matinee-"An Old Fashioned Thanksgiving" AR                  1:00 Texas Hold'em-BR  <b>2:30 Stretching with Ellie-AR</b>                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p>9:15 Hand, Foot and Toe -CR <b>20</b>                  5:00 Mexican Train-CR                  6:30 Movie night "Shrek"</p>
<p>10:30 Catholic Communion CH <b>21</b>                  2:30 Mexican Train-SR                  2:30-3:30 non-denominational church service-AR  <b>6:30 Sign Language for fun with Stephanie-AR</b></p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>22</b>                  9:00 Scrabble-CR                  10:00 Line Dancing with Loren-AR                  12:00 Hand Foot and Toe-CR  <b>12:30 Shopping to Route #1</b>  <b>1:00 Water Aerobics with Judy-Pool</b>  <b>2:30 Fun Bingo-AR</b>                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>23</b>                  10:00 Sit &amp; Be Fit-AR                  11:00 Brain Teasers-AR  <b>12:30 Shopping to Route #2</b>                  1:00 Mahjong-CR  <b>2:30 Ken Sorensen presents "Thanksgiving through the ages"-AR</b>                  5:00 Mexican Train-CR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>24</b>  <b>9:45-1:00 Trip to Casino AZ</b>                  10:00 Chair cardio and drumming-With Marissa-AR  <b>11:30 Hatfield Medical Presents "Christmas crafts with Lori-AR</b>                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p><b>No Shopping or Transportation today</b> <b>25</b>  <b>Activity Department closed in observance of the Thanksgiving Holiday.</b></p>  <p style="text-align: center;">Thanksgiving Day</p>	<p><b>No Shopping or Transportation today</b> <b>26</b>  <b>Activity Department closed in observance of the Thanksgiving Holiday.</b>                  1:00 Texas Hold'em-BR                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>	<p>9:15 Hand, Foot and Toe -CR <b>27</b>                  5:00 Mexican Train-CR                  6:30 Resident Bingo-AR</p>
<p>10:30 Catholic Communion CH <b>28</b>                  2:30 Mexican Train-SR                  2:30-3:30 non-denominational church service-AR  <b>6:30 Sign Language for fun with Stephanie-AR</b></p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>29</b>                  9:00 Scrabble-CR                  10:00 Line Dancing with Loren-AR                  12:00 Hand, Foot and Toe-CR  <b>12:30 Shopping to Route #1</b>  <b>1:00 Water Aerobics with Judy-Pool</b>                  2:30 Prize Bingo-AR                  5:00 Mexican Train-CR                  6:30-Resident Bingo-AR</p>	<p><b>8:00 – 2:30 Doctor Appts.</b> <b>30</b>                  10:00 Sit &amp; Be Fit-AR                  11:00 Brain Teasers -AR  <b>12:30 Shopping to Route #2</b>                  1:00 Mahjong-CR  <b>2:30 Corn Hole-Tournament-AR</b>                  5:00 Mexican Train-CR</p>	 <h1 style="text-align: center;">November 2021</h1> <p style="text-align: center;">DR-Dining Room (1<sup>st</sup> Floor), LO-Lobby (1<sup>st</sup> Floor), LI-Library (2<sup>nd</sup> Floor), AR-Activity Room (2<sup>nd</sup> Floor), SR-Sunroom (3<sup>rd</sup> Floor) SR#2- 2<sup>nd</sup> Floor Sunroom, TBD-To Be Determined, PDR-Private Dining Room (1<sup>st</sup> Floor), CH-Chapel-(2<sup>nd</sup> Floor), BR-Billard Room 3<sup>rd</sup> floor and CR-Cardroom (1<sup>st</sup> Fl)</p>			



***Weekly Shopping Trips—Designated Days***

**Bus will start loading at 9:15 to leave by 9:30am**

**Monday's Route #1**

**Recker Rd. & Brown –  
Mc Kellips & Greenfield**

1. CVS-Pharmacies
2. Washington Federal
3. Chase
4. Bank of America
5. Frys & Pharmacy /Kohls
6. Wells Fargo
7. Walmart/Pharmacies & Dollar Tree
8. Staples

**Wednesday Route #3**

**Brown Rd & Greenfield Rd. & Main St.**

1. BBVA (Van)
2. Frys/Pharmacy & Dollar Tree
3. Bashas's
4. Post Office
5. Walmart-Neighborhood Market
6. Arizona Federal Credit Union (Van)
7. TruWest Credit Union (Van)
8. Cigna Pharmacies (van)

**Tuesday Route #2**

**S. Power Rd. & Southern Ave.**

1. Sprouts
2. Walmart/Pharmacies & Desert Financial
3. Superstition Springs Mall-Main Entrance
4. Ross/Best Buy
5. Bank of America

**Friday's Route #4**

**Power Rd. --Main St. & Broadway**

1. Albertson's Grocery Store/Pharmacy
2. Wells Fargo
3. Big Lots
4. Chase Bank
5. Walgreens-(Main & Recker)
6. National Bank of Arizona
7. Post Office
8. Costco (Van)

**You Fit Gym- please Sign up on the  
Sign-up Sheet-in the Mail Room**