

## DISCOVERY POINT MENU for NOVEMBER 2021

	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
	Scrambled Eggs w/ Ham & Cheese Hash Brown Patty – Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Sausage Egg Cheese Sandwich Yogurt – Fruit	Fruit Platter Boiled Egg – Muffin	Cream of Wheat w/ Br. Sugar Cinnamon Roll – Fruit	Poached Eggs – Pastry Hickory Smoked Bacon – Fruit
	Cucumber Salad Garlic Breadstick  Goulash California Vegetable Blend  <i>Bread Pudding or Fresh Fruit</i>	Tossed Salad / French Bread  Cranberry Chicken Breast Steamed Potatoes Peas  <i>Butterscotch Pudding or Fresh Fruit</i>	Chef's Choice Soup / Crackers  Baked Pork Chop Seasoned Rice 5-Way Vegetables  <i>Layered Bar or Fresh Fruit</i>	Pea Salad / Roll  Stuffed Bell Peppers Cauliflower  <i>Chocolate Cake or Fresh Fruit</i>	Veggies w/ Ranch / Roll  Cajun Chicken Pasta Diced Chicken Breast, Smoked Cream Sauce, Peppers and Onions with Penne Pasta  <i>Ice Cream Scoop or Fresh Fruit</i>	Cup of Chili / Crackers  Hot Dogs w/ Onions & Tomatoes Baked Beans Potato Wedges  <i>Pumpkin Sugar Cookies or Fresh Fruit</i>
Sunday 7	Monday 8	Tuesday 9	Wednesday 10	Thursday 11 – Happy Birthday	Friday 12	Saturday 13
Buttermilk Pancakes Sausage Patty – Fruit	Corned Beef Hash Scrambled Eggs – Fruit	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Sausage Links – Fruit	Birthday Pancakes Hickory Smoked Bacon - Fruit	Sausage Gravy over Biscuits Fruit Cup	Poached Eggs – Muffin Hickory Smoked Bacon – Fruit
Tossed Salad / Roll  Glazed Ham Sweet Potato Casserole Green Beans  <i>Strawberry Rhubarb Pie or Fresh Fruit</i>	Seafood Pasta Salad / Roll  Swedish Meatballs Mashed Potatoes and Gravy Brussel Sprouts  <i>Pumpkin Cake or Fresh Fruit</i>	Southwest Soup / Crackers  Chicken Enchiladas Lettuce and Tomatoes Refried Beans  <i>Flan w/ Caramel Sauce or Fresh Fruit</i>	Tossed Salad  Turkey Pot Pies Flaky Pastry Crust Diced Turkey, Potatoes, Carrots, Celery, Onions and Peas  <i>Ice Cream Scoop or Fresh Fruit</i>	<b>-HAPPY BIRTHDAY-</b> Cheddar Broccoli Soup / Crackers  Meatloaf Mashed Potatoes Carrots  <i>Birthday Cake or Fresh Fruit</i>	Egg Drop Soup / Crackers  Sweet and Sour Pork White Rice Japanese Blend  <i>Jell-O w/ Whipped Cream or Fresh Fruit</i>	Beef Barley Soup / Crackers  Hot Ham and Cheese on a Croissant Lettuce and Tomato Macaroni Salad <i>Snickerdoodle Cookies or Fresh Fruit</i>
Sunday 14	Monday 15	TACO Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20
Blueberry Pancakes Sausage Links – Fruit	Sausage Egg Cheese Sandwich Yogurt – Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Poached Eggs – Pastry Hickory Smoked Bacon - Fruit	Sausage Gravy over Biscuits Fruit Cup	Scrambled Eggs Hickory Smoked Bacon – Fruit	Oatmeal w/ Craisins & Walnuts Cinnamon Roll – Fruit
Split Pea Soup / Crackers  Pot Roast with Gravy Roasted Potatoes, Carrots & Celery  <i>Banana Cream Pie or Fresh Fruit</i>	Cole Slaw / Roll  Adobado Chicken Thighs Spanish Rice Refried Beans  <i>Vanilla Pudding or Fresh Fruit</i>	<b>\$5 Taco Lunch in DR at 12pm</b> Tossed Salad / French Bread  Cheesy Ham and Potato Casserole Green Beans  <i>Texas Sheet Cake or Fresh Fruit</i>	Tomato Basil Soup / Crackers  Apricot Chicken Breast Baked Potato Halves w/ SC Steamed Vegetables  <i>Yum Yum Dessert or Fresh Fruit</i>	Caprese Salad / Roll  Italian Sausage Links w/ Marinara over Penne Pasta Zucchini and Mushrooms  <i>Ice Cream Scoop or Fresh Fruit</i>	Marinated Salad / Roll  Shepard's Pie Ground Beef, Gravy, Green Beans, Carrots, Mashed Potatoes and Cheese  <i>Apple Spice Cake or Fresh Fruit</i>	Bean Soup / Crackers  Spinach & Bacon Quiche Macaroni Salad Fruit  <i>Peanut Butter Cookies or Fresh Fruit</i>
Sunday 21	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27
Buttermilk Pancakes Sausage Patty	Scrambled Eggs w/ Ham & Cheese Hash Brown Patty – Fruit	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Sausage Links – Fruit	Belgium Waffles w/ Strawberries Hickory Smoked Bacon – Fruit	Cream of Wheat w/ Br. Sugar Cinnamon Roll – Fruit	Poached Eggs – Sausage Patty Bagel w/ Cream Cheese – Fruit
Tossed Salad / Roll  Pork Tender w/Mushroom Hash brown Casserole Peas and Pearl Onions  <i>Cherry Cheesecake or Fresh Fruit</i>	Cream of Mushroom Soup / Crackers  Baked Chicken Thighs Baked Potatoes w/ Sour Cream Carrots  <i>Ice Cream Scoop or Fresh Fruit</i>	Vegetable Soup / Crackers  Taco Salad Tortilla Chips layered w/Taco Meat, Refired Beans, Lettuce, Tomatoes, SC and Salsa  <i>Black Forest Cake or Fresh Fruit</i>	Chef's Choice Soup / Crackers  Marinated Chicken Breast Roasted Red Potatoes Stewed Tomatoes  <i>Jell-O w/ Fruit or Fresh Fruit</i>	<i>Happy Thanksgiving</i>  <i>Deviled Eggs and Olives / Roll Roasted Turkey w/ Cran Relish Mashed Potatoes AND Stuffing Green Bean Casserole</i>  <i>Pumpkin Pie or Fresh Fruit</i>	<i>The Day After</i>  <i>Jell-O Salad / Roll Turkey and Gravy with Egg Noodles Glazed Carrots</i>  <i>Dutch Apple Pie or Fresh Fruit</i>	Mandarin Oranges  Chili Shredded Cheese & Onions Cornbread  <i>Sugar Cookies or Fresh Fruit</i>
Sunday 28	Monday 29	Tuesday 30	DECEMBER Wednesday 1	Thursday 2	Friday 4	Saturday 4
Pumpkin Walnut Pancakes Hickory Smoked Bacon – Fruit	Corned Beef Hash Scrambled Eggs – Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Sausage Egg Biscuit Sandwich Yogurt – Fruit	Oatmeal w/ Craisins & Walnuts Cinnamon Roll – Fruit	Poached Eggs – Muffin Hickory Smoked Bacon – Fruit	Sausage Gravy over Biscuits Fruit Cup
Chef's Choice Soup / Crackers  Pot Roast Mashed Potatoes and Gravy Corn  <i>Peach Pie or Fresh Fruit</i>	Beet Salad / French Bread  Ground Beef Stroganoff Brussel Sprouts  <i>Layered Brownies or Fresh Fruit</i>	Creamy Vegetable Soup Crackers  Anniversary Chicken Breast Baked Potato Halves w/ SC Broccoli  <i>Ice Cream Scoop or Fresh Fruit</i>	Tossed Salad / Roll  Beef Tips over Mashed Potatoes Carrots  <i>Apple Fruit Crisp or Fresh Fruit</i>	Caesar Salad / Garlic Breadsticks  Cheese Ravioli California Blend  <i>Banana Cake or Fresh Fruit</i>	Carrot Raisin Salad / Roll  Baked Catfish Rice Pilaf Stewed Tomatoes  <i>Lemon Pudding or Fresh Fruit</i>	Cream of Tomato Soup / Crackers  Chicken Tenders Mashed Potatoes and Gravy Corn <i>Gingersnap Cookies or Fresh Fruit</i>

BREAKFAST served from 7:30 am to 9:45 am

DINNER served at 4:15 pm or 5:15 pm

@2.00 TRAY PICK-UP-BREAKFAST at 8:30 AM; DINNER at 4 pm

\$3.00 TRAY DELIVERY TO ROOM – BREAKFAST at 9:00 am; DINNER AT 3:30 PM

\*\*\*Menu subject to change depending on availability

**ALWAYS AVAILABLE BREAKFAST OPTIONS (Sign-up day before or call front desk)**

**BREAKFAST ALTERNATES**

- Hard-boiled Egg
- Oatmeal
- Cream of Wheat

**ALWAYS AVAILABLE DINNER OPTIONS (Sign-up by 1PM or call front desk)**

**DINNER SALAD ALTERNATES**

- Side Salad – green lettuce, tomatoes, carrots, other seasonal vegetables with choice of dressing
- Applesauce
- Canned Peaches
- Cottage Cheese

**DINNER ENTRÉE ALTERNATES**

- Grilled Chicken Salad – Chicken on bed of lettuce, tomatoes, and seasonal vegetables with side of dressing
- Grilled Chicken Breast – freshly grilled breast of chicken
- Baked Chicken Leg & Thigh – Chicken Leg and Thigh baked to crispy perfection
- Tilapia Filet
- Salmon Patty
- Sandwiches – all served on a bun with lettuce, tomato, pickle, and onion
  - Hamburger
  - Cheeseburger
  - Veggie Burger – Your choice of burger
  - Crispy Chicken Sandwich
  - Salmon Patty Sandwich
- Beef Hot Dog – 100% beef hot dog on a bun with
- Corndog – State Fair Classic corn battered hot dog

**DINNER SIDE ALTERNATES**

- Tomato Slices
- Green Beans
- Sliced Beets
- Mashed Potatoes and Gravy
- Lay's Potato Chips

**DESSERT ALTERNATES**

- Fresh Seasonal Fruit Bowl
- Sugar-free Jell-O Cup