

DISCOVERY POINT MENU for DECEMBER 2021

			Wednesday 1	Thursday 2	Friday 3	Saturday 4
			Sausage Egg Biscuit Sandwich Yogurt – Fruit	Oatmeal w/Craisins & Walnuts Cinnamon Roll – Fruit	Poached Eggs – Sausage Patty Muffin – Fruit	Sausage Gravy over Biscuits Fruit Cup
			Tossed Salad / Roll	Cesar Salad / Garlic Breadsticks	Carrot Raisin Salad / Roll	Cheddar Broccoli Soup / Crackers
			Beef Tips over Mashed Potatoes Carrots	Cheese Ravioli California Blend	Baked Fish Rice Pilaf Stewed Tomatoes	Chicken Tenders Mashed Potatoes and Gravy Corn <i>Soft Ginger Cookies or Fresh Fruit</i>
			<i>Apple Crisp or Fresh Fruit</i>	<i>Banana Cake or Fresh Fruit</i>	<i>Pudding or Fresh Fruit</i>	
Sunday 5	Monday 6	Tuesday 7	Wednesday 8	Thursday 9 – Happy Birthday	Friday 11	Saturday 11
Buttermilk Pancakes Hickory Smoked Bacon – Fruit	Scrambled Eggs w/ Cheese Sausage Links Hash Brown Patty – Fruit	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Sausage Patty – Fruit	Birthday Pancakes Hickory Smoked Bacon - Fruit	Scrambled Eggs – Sausage Links English Muffins w/ Jelly – Fruit	Oatmeal w/ Craisins and Walnuts Pastry – Fruit
Chef's Choice Soup / Crackers	Marinated Salad / Roll	Vegetable Soup / Crackers	Caesar Salad/Garlic Breadsticks	Split Pea Soup / Crackers	Egg Drop Soup / Crackers	Cream of Tomato Soup / Crackers
Glazed Ham w/ Pineapple Ring Macaroni and Cheese Green Beans	Turkey Tetrazzini Creamy Turkey with Mushroom with Spaghetti Noodles Peas	Monterrey Chicken Baked Potato w/ Sour Cream Corn on the Cob	Goulash Broccoli	Meatloaf Mashed Potatoes Carrots	Teriyaki Chicken Thighs Steamed Rice Japanese Blend	Hot Turkey and Cheese on a Croissant Lettuce and Tomato Potato Salad <i>Chocolate Chip Cookies or Fresh Fruit</i>
<i>Sour Cream Raisin Pie or Fresh Fruit</i>	<i>Peanut Butter Bars or Fresh Fruit</i>	<i>Peach Cobbler or Fresh Fruit</i>	<i>Ice Cream Scoop or Fresh Fruit</i>	<i>Birthday Cake or Fresh Fruit</i>	<i>Jell-O w/ Whipped Cream or Fresh Fruit</i>	
Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
Blueberry Pancakes Sausage Links – Fruit	Scrambled Eggs w/ Vegetables Hickory Smoked Bacon – Fruit	Cream of Wheat Cinnamon Roll – Fruit	Sausage Egg Sandwich Yogurt – Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Sausage Gravy over Biscuits Fruit Cup	Poached Eggs – Sausage Patty Muffin – Fruit
Tossed Salad / Roll	Navy Bean Soup / Crackers	Chicken Tortilla Soup / Crackers	Vegetable Soup / Crackers	Macaroni Salad / Roll	Creamy Pea Salad / Dark Bread	Cole Slaw / Roll
Pot Roast with Gravy Roasted Potatoes, Carrots & Celery	Ham and Cheese Quiche Macaroni Salad Orange Slices	Southwest Chicken Casserole Lettuce and Tomatoes Refried Beans and SC/Salsa	Fritos Dish Corn Chips Topped w/ Chili, Lettuce, Tomatoes, SC and Salsa	BBQ Meatballs Baked Potato Halves w/ SC Peas	Malibu Chicken Baked Potato Halves w/ SC Steamed Vegetables	Turkey Pot Pies Flaky Pastry Crust Diced Turkey, Potatoes, Carrots, Celery, Onions and Peas <i>Snickerdoodle Cookies or Fresh Fruit</i>
<i>Cherry Cheesecake or Fresh Fruit</i>	<i>Coconut Cake or Fresh Fruit</i>	<i>Flan w/ Caramel Sauce or Fresh Fruit</i>	<i>Angel Food Cake w/ Fruit or Fresh Fruit</i>	<i>Ice Cream Scoop or Fresh Fruit</i>	<i>Pudding or Fresh Fruit</i>	
Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
Buttermilk Pancakes Hickory Smoked Bacon - Fruit	Scrambled Eggs w/ Cheese Hash Brown Patty – Fruit	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Sausage Links – Fruit	Belgium Waffles w/ Strawberries Hickory Smoked Bacon – Fruit	Poached Eggs – Sausage Patty Bagel w/ Cream Cheese – Fruit	Oatmeal w/ Craisins and Walnuts Pastry – Fruit
Tossed Salad / Roll	Chef's Choice Soup / Crackers	3-Bean Salad / French Bread	Broccoli Salad Garlic Breadsticks	Navy Bean Soup / Crackers	CHRISTMAS EVE	CHRISTMAS DAY
Salisbury Steak Mashed Potatoes Corn	Marinated Chicken Breast Rice Pilaf Stewed Tomatoes	Cheesy Beef and Pasta Broccoli	Lasagna Capri Blend	BBQ Pork Riblet Roasted Red Potatoes Corn	Cottage Cheese Salad / Rolls	French Onion Soup / Crackers
<i>Cherry Pie or Fresh Fruit</i>	<i>Jell-O w/ Fruit or Fresh Fruit</i>	<i>Carrot Cake or Fresh Fruit</i>	<i>Cannoli Poke Cake or Fresh Fruit</i>	<i>Ice Cream Scoop or Fresh Fruit</i>	Turkey Roast w/ Cranberry Mashed Potatoes and Gravy Green Bean Almondine <i>Pumpkin Pie or Fresh Fruit</i>	Glazed Spiral Ham Candied Yams Peas and Pearl Onions <i>Pecan Pie or Fresh Fruit</i>
Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31 -New Year's Eve	January 1-New Year's Day
Banana Nut Pancakes Hickory Smoked Bacon – Fruit	Corned Beef Hash Scrambled Eggs – Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Sausage Egg Biscuit Sandwich Fruit	Fruit Platter Boiled Egg – Muffin	Poached Eggs – Sausage Patty Muffin – Fruit	Sausage Gravy over Biscuits Fruit Cup
Chef's Choice Soup / Crackers	Pea Salad / Roll	Caesar Salad/Garlic Breadsticks	Tossed Salad / Cornbread	Cream of Carrot Soup / Cracker	Cottage Cheese w/ Peaches	HAPPY NEW YEAR 2021!!
Pork Tenders w/Gravy Hash brown Casserole Glazed Baby Carrots	Oven Fried Chicken Baked Potato Halves w/ SC Lima Beans	Spaghetti With Meat Sauce Vegetable Blend	Beef Stew Beef, Potatoes, Carrots, Celery, Onions and Peas	Marinated Chicken Thighs Rice Pilaf Broccoli and Cauliflower	Chili Shredded Cheese & Onions Cornbread	Spinach Salad / French Bread
<i>Oatmeal Raisin Cookies or Fresh Fruit</i>	<i>Ice Cream Scoop or Fresh Fruit</i>	<i>Pineapple Upside Down Cake or Fresh Fruit</i>	<i>Pudding or Fresh Fruit</i>	<i>Layered Banana Pudding or Fresh Fruit</i>	<i>Double Chocolate Cake or Fresh Fruit</i>	Chicken Oscar Black Eye Peas Green Bean Casserole <i>Bread Pudding w/ Caramel or Fresh Fruit</i>

BREAKFAST served from 7:30 am to 9:45 am DINNER served at 4:15 pm or 5:15 pm

\$2.00 TRAY PICK-UP-BREAKFAST AT 9:30 AM; DINNER AT 3:30 PM \$3.00 TRAY DELIVERY TO ROOM – BREAKFAST at 9:30 AM; DINNER at 3:30 PM *Menu subject to change depending on availability**

ALWAYS AVAILABLE BREAKFAST OPTIONS (Sign-up day before or call front desk)

BREAKFAST ALTERNATES

- Hard-boiled Egg
- Oatmeal
- Cream of Wheat

ALWAYS AVAILABLE DINNER OPTIONS (Sign-up by 1PM or call front desk)

DINNER SALAD ALTERNATES

- Side Salad – green lettuce, tomatoes, carrots, other seasonal vegetables with choice of dressing
- Applesauce
- Canned Peaches
- Cottage Cheese

DINNER ENTRÉE ALTERNATES

- Grilled Chicken Salad – Chicken on bed of lettuce, tomatoes, and seasonal vegetables with side of dressing
- Grilled Chicken Breast – freshly grilled breast of chicken
- Baked Chicken Leg & Thigh – Chicken Leg and Thigh baked to crispy perfection
- Tilapia Filet
- Salmon Patty
- Sandwiches – all served on a bun with lettuce, tomato, pickle, and onion
 - Hamburger
 - Cheeseburger
 - Veggie Burger – Your choice of burger
 - Crispy Chicken Sandwich
 - Salmon Patty Sandwich
- Beef Hot Dog – 100% beef hot dog on a bun with
- Corndog – State Fair Classic corn battered hot dog

DINNER SIDE ALTERNATES

- Tomato Slices
- Green Beans
- Sliced Beets
- Mashed Potatoes and Gravy
- Lay's Potato Chips

DESSERT ALTERNATES

- Fresh Seasonal Fruit Bowl
- Sugar-free Jell-O Cup