

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



								9:15 Hand, Foot, and Toe-CR 5:00 Mexican Train-CR 6:30 Movie-night- "True Grit"-AR New Year's Day		1			
10:30 Catholic Communion CH 2:30-3:30 non-denominational church service-AR 2:30 Mexican Train-SR 6:30 Sign Language for fun with Stephanie-AR	2	8:00 – 2:30 Doctor Appts. 9:00 Scrabble-CR 12:00 Hand, Foot and Toe-CR 12:30 Shopping to Route #1 12:30 "Show Me The Money"-AR 2:30 Fun Bingo-AR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	3	8:00 – 2:30 Doctor Appts. 10:00 Sit & Be Fit-AR 11:00 Brain Teasers-AR 12:30 Jewelry Making with Deb-AR 1:00 Mahjong-CR 2:30 Meeting for Resident Talent Show 5:00 Mexican Train-CR	4	8:00 – 2:30 Doctor Appts. 9:00 Bridge-CR 9:30 Shopping Route #3 10:00 Chair Yoga with Marissa-AR 11:00 Food Chat with Ginger-AR 12:30 Cards and Things with Rachel-AR 2:00 United Healthcare presents "Trivia Time"-AR 6:30 Resident Bingo-AR	5	8:00 – 2:30 Doctor Appts. 10:00 Tai Chi-AR 11:00 Wii Bowling – AR 11:00 Mexican Train-SR 12:30 Activity Chat with Audrey-AR 1:00 Scrabble-CR 1:15-1:45 Doves Blood Pressure Checks - Doves Office (2nd Floor) 1:45 Cocktails with Les Kohl-AR 5:00 Mexican Train-CR	6	6:30 Resident Bingo-AR 9:30 Shopping to Route #4 10:00 Sit & Be Fit-AR 10:00 Catholic Communion-CH 11:30 Movie Matinee- "A Beautiful Day in the Neighborhood-AR 1:00 Texas Hold'em-BR 2:00 Trip to Dairy Queen for Ice Cream 5:00 Mexican Train-CR	7	9:00-12:00 Porcelain Club-AR 9:15 Hand, Foot and Toe-CR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	8
10:30 Catholic Communion CH 2:30-3:30 non-denominational church service-AR 2:30 Mexican Train-SR 6:30 Sign Language for fun with Stephanie-AR	9	8:00 – 2:30 Doctor Appts. 9:00 Scrabble-CR 12:00 Hand, Foot and Toe-CR 12:30 Shopping to Route #1 2:30 Mary Kominska presents Avon Price is Right game-AR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	10	8:00 – 2:30 Doctor Appts. 10:00 Sit & Be Fit-AR 11:00 Brain Teasers-AR 12:30 Shopping to Route #2 1:00 Mahjong-CR 2:30 Ken Sorensen presents Martin Luther King"-AR 5:00 Mexican Train-CR	11	8:00 – 2:30 Doctor Appts. 9:00 Bridge-CR 9:30 Shopping Route #3 10:00 Chair cardio and drumming-AR 1:15 Bus to Hobby Lobby 1:30 Doves Home Healthcare sponsors "Bingo"-AR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	12	8:00 – 2:30 Doctor Appts. 10:30 Newcomers Meeting-PDR 10:00 Tai Chi-AR 11:00 Mexican Train-SR 11:00 Wii Bowling – AR 1:00 Scrabble-CR 1:45 Cocktails in the Card Room Piano Music by John Demand 5:00 Mexican Train-CR	13	9:30 Shopping to Route #4 10:00 Sit & Be Fit-AR 11:30 Movie Matinee- "12 Mighty Orphans-AR 1:00 Texas Hold'em-BR 2:00 A.T. Still University presents; "A matter of Balance class"-AR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	14	9:15 Hand, Foot and Toe -CR 5:00 Mexican Train-CR 6:30 Movie night- "Max"-AR	15
10:30 Catholic Communion CH 2:30-3:30 non-denominational church service-AR 2:30 Mexican Train-SR 6:30 Sign Language for fun with Stephanie-AR	16	No Shopping Route Activity Office and Transportation will be closed for holiday 9:00 Scrabble-CR 10:15 Southwest Mobility-DR 12:00 Hand, Foot and Toe-CR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR Martin Luther King Jr. Day	17	8:00 – 2:30 Doctor Appts. 10:00 Sit & Be Fit-AR 11:00 Brain Teasers-AR 12:00 Taco Tuesday-DR 12:30 Shopping to Route #2 1:00 Mahjong-CR 2:30 Talent Show Practice-AR 5:00 Mexican Train-CR	18	8:00 – 2:30 Doctor Appts. 9:00 Bridge-CR 9:30 Shopping Route #3 10:00 Chair Yoga with Marissa-AR 10:00 Resident Council Meeting-PDR 1:00 "The Science of Contentment" A musical experience-AR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	19	8:00 – 2:30 Doctor Appts. 10:00 Tai Chi-AR 1:00 Scrabble-CR 1:15-1:45 Doves Blood Pressure Checks – Doves Office (2nd Floor) 2:00 Town Hall-AR 5:00 Mexican Train-CR 6:30 Nelson Retirement presents "Bingo"-AR	20	9:30 Shopping to Route #4 10:00 Sit & Be Fit-AR 11:30 Movie Matinee- "Fried Green Tomatoes"-AR 11:45 Out to Lunch at California Seafood Grill 1:00 Texas Hold'em-BR 2:00 A.T. Stills University presents, "A Matter of Balance" -AR	21	9:15 Hand, Foot, and Toe-CR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	22
10:30 Catholic Communion CH 2:30-3:30 non-denominational church service-AR 2:30 Mexican Train-SR 6:30 Sign Language for fun with Stephanie-AR Activity Professionals Week	23	8:00 – 2:30 Doctor Appts. 9:00 Scrabble-CR 10:00 Crafts with Audrey-AR 12:00 Hand Foot and Toe-CR 12:30 Shopping to Route #1 12:30 "Show Me The Money"-AR 2:00 Snowflake Creations with Lori From Hatfield Medical-AR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	24	8:00 – 2:30 Doctor Appts. 10:00 Sit & Be Fit-AR 11:00 Brain Teasers -AR 12:30 Shopping to Route #2 12:30 Jewelry Making with Deb-AR 1:00 Mahjong-CR 2:30 Talent Show Dress Rehearsal-AR 5:00 Mexican Train-CR	25	8:00-2:30 Doctors Appts. 9:00 Bridge-CR 9:45-1:30 Casino Trip to Wild Horse Pass With Marissa-AR 12:30 "Cards and Things" Artwork with Rubber stamps-AR 2:30 Discovery Point Resident Talent show 5:00 Mexican Train-CR 6:30 Resident Bingo-AR Australia Day (Observed)	26	8:00 – 2:30 Doctor Appts. 10:00 Tai Chi-AR 11:00 Wii Bowling – AR 11:00 Mexican Train-SR 1:00 Scrabble-CR 1:45 Cocktails with Carl Block-AR 5:00 Mexican Train-CR	27	9:30 Shopping to Route #4 10:00 Sit & Be Fit-AR 11:30 Movie Matinee- "Homeward Bound"-AR 1:00 Texas Hold'em-BR 2:00 A.T. Stills University presents "A Matter of Balance" -AR 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	28	9:15 Hand, Foot, and Toe-CR 5:00 Mexican Train-CR 6:30 Movie-night- "Respect"-AR The story of Aretha Franklin	29
10:30 Catholic Communion CH 2:30-3:30 non-denominational church service-AR 2:30 Mexican Train-SR	30	8:00 – 2:30 Doctor Appts. 9:00 Scrabble-CR 12:00 Hand, Foot and Toe-CR 12:30 "Show Me The Money"-AR 2:00 Bingo Sponsored by Unity Hospice 5:00 Mexican Train-CR 6:30 Resident Bingo-AR	31	<p>DR--Dining Room (1st Floor), LO--Lobby (1st Floor), LI--Library (2nd Floor), AR -Activity Room (2nd Floor), SR--3rd Floor Sunroom, SR#2—2nd Floor Sunroom, TBD--To Be Determined, PDR--Private Dining Room (1st Floor), CH--Chapel (2nd Floor) BR--Billiard Room (3rd Floor), CR-Card Room (1st Floor)</p>									



Weekly Shopping Trips—Designated Days

Bus will start loading at 9:15 to leave by 9:30am

Monday's Route #1

**Recker Rd. & Brown –
Mc Kellips & Greenfield**

1. CVS-Pharmacies
2. Washington Federal
3. Chase
4. Bank of America
5. Frys & Pharmacy /Kohls
6. Wells Fargo
7. Walmart/Pharmacies & Dollar Tree
8. Staples

Wednesday Route #3

Brown Rd & Greenfield Rd. & Main St.

1. BBVA (Van)
2. Frys/Pharmacy & Dollar Tree
3. Bashas's
4. Post Office
5. Walmart-Neighborhood Market
6. Arizona Federal Credit Union (Van)
7. TruWest Credit Union (Van)
8. Cigna Pharmacies (van)

Tuesday Route #2

S. Power Rd. & Southern Ave.

1. Sprouts
2. Walmart/Pharmacies & Desert Financial
3. Superstition Springs Mall-Main Entrance
4. Ross/Best Buy
5. Bank of America

Friday's Route #4

Power Rd. ---Main St. & Broadway

1. Albertson's Grocery Store/Pharmacy
2. Wells Fargo
3. Big Lots
4. Chase Bank
5. Walgreens-(Main & Recker)
6. National Bank of Arizona
7. Post Office
8. Costco (Van)

**You Fit Gym- please Sign up on the
Sign-up Sheet-in the Mail Room**