

DISCOVERY POINT MENU for JUNE 2022

			Wednesday 1	Thursday 2	Friday 3	Saturday 4
			Sausage Egg Cheese Croissant Yogurt – Fruit	Belgium Waffles w/ Strawberries Hickory Smoked Bacon	Sausage Gravy over Biscuits Fruit Cup	Western Scramble - Sausage Patty, Danish – Fruit
			Marinated Salad / Roll	Tossed Salad / Roll	Clam Chowder Soup/Crackers	Vegetable Pasta Salad
			Beef Stroganoff Over Egg Noodles Brussel Sprouts	Chicken Cacciatore in Tomato Sauce over Seasoned Rice Vegetable Blend	Shrimp Scampi w/ Angel Hair Pasta Asparagus Pieces	Egg Salad on Croissant Lettuce & Tomato Chips
			<i>Ice Cream Treat</i>	<i>Lemon Bars</i>	<i>Jell-O w/ Whipping Cream</i>	<i>Chocolate Turtle Cookies</i>
Sunday 5	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11
Buttermilk Pancakes Hickory Smoked Bacon – Fruit Pea Salad / Roll	Cheesy Scrambled Eggs Sausage Links -- Fruit Tomato Soup / Crackers	French Toast Hickory Smoked Bacon – Fruit Caesar Salad / French Bread	Baked Vegetable Omelet Yogurt – Fruit Broccoli Salad / Roll	Happy Birthday Cake Pancakes Hickory Smoked Bacon – Fruit HAPPY BIRTHDAY Creamy Vegetable Soup/Crackers	Ground Beef Gravy over Biscuit - Fruit Tossed Salad / Cornbread	Spinach Bacon Frittata Blueberry Muffin – Fruit Vegetable Beef Soup / Crackers
Baked Turkey Roast Stuffing and Gravy Green Beans Almondine <i>Pumpkin Pie</i>	Cheeseburgers Lettuce, Tomato, Pickles Potato Wedges <i>French Silk Dessert</i>	Lasagna Meat Sauce Zucchini and Onions <i>Apple Cake</i>	Hawaiian Haystack Chicken and Gravy over Rice with Tomatoes, Celery, Peppers, Green Onions, Pineapple, Coconut, Almonds, and Crunchy Noodles <i>Jell-O w/ Whipped Cream</i>	Meatloaf Scalloped Potatoes Peas and Pearl Onions <i>Birthday Cake</i>	Beef Stew Beef, Potatoes, Carrots, Celery, Onions and Peas <i>Ice Cream Scoop</i>	Chicken Caesar Salad Romaine Lettuce, Parmesan Cheese and Croutons <i>Butterscotch Cowboy Cookies</i>
Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
Blueberry Pancakes Hickory Smoked Bacon – Fruit Tossed Salad / Roll	Cheese Omelet Hashbrown Patty– Fruit Chef's Choice Soup / Crackers	French Toast Bake Sausage Links – Fruit Chips & Salsa	Sausage Egg Cheese Croissant Yogurt – Fruit Pear & Cottage Cheese Salad/Wheat Roll	Oatmeal w/ Craisins & Walnuts Cinnamon Roll – Fruit Tossed Salad / Roll	Sausage Gravy over Biscuits Fruit Cup Chicken Noodle soup /Crackers	Cheesy Scrambled Eggs – Scone Sausage Patty – Fruit Loaded Potato Soup / Cracker
Roast Beef Mashed Potatoes and Gravy Corn <i>Cherry Cheesecake</i>	Stuffed Bell Peppers California Vegetable Blend <i>Zucchini Bars</i>	Green Chili Chicken Enchiladas Refried Beans Shredded Lettuce and Tomato Sour Cream and Salsa <i>Rainbow Sherbet</i>	Shepherd's Pie Ground Beef, Gravy, Green Beans, Carrots, Mashed Potatoes & Cheese <i>Pound Cake w/ Fruit</i>	Baked BBQ Chicken Breast Potato Salad Green Beans w/ Peppers <i>Peach Cobbler</i>	Lemon Cod Rice Pilaf Asparagus Cuts <i>Vanilla Mousse</i>	Turkey & Provolone on Wheat Lettuce & Tomato Macaroni Salad <i>Chocolate Chip Cookies</i>
Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
Buttermilk Pancakes Hickory Smoked Bacon – Fruit HAPPY FATHER'S DAY Tossed Salad / Cheese Biscuit	Scrambled Eggs w/Peppers & Onions, Sausage Links - Fruit Caesar Salad/ Roll	French Toast Hickory Smoked Bacon – Fruit Oriental Salad / Roll	Baked Vegetable Omelet Yogurt – Fruit Cream of Tomato Soup / Crackers	Belgium Waffles w/ Strawberries Hickory Smoked Bacon – Fruit Carrot Raisin Salad / Roll	Cream of Wheat w/ Br. Sugar Cinnamon Roll - Fruit Potato Salad	Cheese Omelet – Sausage Patty Orange Cranberry Muffin – Fruit Beef Barley Soup / Crackers
BBQ Pork Ribs Macaroni and Cheese Baked Beans <i>Apple Pie Ala Mode</i>	Swedish Meatballs Egg Noodles California Blend <i>Cannoli Poke Cake</i>	Teriyaki Chicken Thighs Steamed White Rice Broccoli <i>Ice Cream Scoop</i>	Salisbury Steak Mashed Potatoes and Gravy Peas <i>Almond Cake</i>	Baked Chicken Quarters Scalloped Potatoes Tomato Wedges <i>Jell-O w/ Fruit</i>	Pulled Pork Sandwich Baked Beans Coleslaw <i>Butterfinger Cake</i>	Craisin Feta Chicken Salad Mixed Greens, Craisins, Walnuts & Feta Cheese Raspberry Vinaigrette <i>Oatmeal Cookies</i>
Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday JULY 1	Saturday JULY 2
Banana Nut Pancakes Hickory Smoked Bacon – Fruit French Onion Soup / Crackers	Hashbrown Patty Scrambled Eggs– Fruit Vegetable Soup / Crackers	French Toast Bake Sausage Links – Fruit Lucille's Cole Slaw / Roll	Sausage Egg Cheese Croissant Yogurt – Fruit Chicken Tortilla Soup / Crackers	Oatmeal w/ Craisins & Walnuts Cinnamon Roll – Fruit Egg Drop Soup / Crackers	Sausage Gravy over Biscuits Fruit Cup Tossed Salad / Garlic Bread	Vegetable Quiche Sausage Patty -- Fruit Chef's Choice Soup / Crackers
Baked Salmon Parmesan Red Potatoes Asparagus <i>Fruit of the Forest Pie</i>	Anniversary Chicken Baked Potato w/ Sour Cream Green Beans <i>Lemon Angel Dessert</i>	Baked Pork Chops Roasted Potatoes Broccoli and Cauliflower <i>Butterscotch Pudding</i>	Taco Salad Ground beef, tomatoes, onions, cheddar cheese on bed of corn chips <i>Peanut Butter Bars</i>	Sweet and Sour Chicken Steamed White Rice Japanese Vegetable Blend <i>Ice Cream Scoop</i>	Baked Ziti & Italian sausage Ricotta, Mozzarella & Marinara Vegetable Blend <i>Texas Sheet Cake</i>	Sloppy Joes Tater Tots Watermelon Slice <i>Snickerdoodle Cookies</i>

BREAKFAST served from 7:30 am to 9:45 am DINNER SEATING at 4:00 pm or 5:15 pm

\$2.00 TRAY-PINK UP – BREAKFAST AT 8:30 am; DINNER at 4 pm \$3.00 TRAY DELIVERY TO ROOM – BREAKFAST at 8:30 am; DINNER at 3:45 pm

Menu subject to change depending on availability.

ALWAYS AVAILABLE BREAKFAST OPTIONS (Sign-up day before or call front desk)

BREAKFAST ALTERNATES

- Hard-boiled Egg
- Fresh Seasonal Fruit Plate
- Oatmeal
- Cream of Wheat
- Cold Cereal

ALWAYS AVAILABLE DINNER OPTIONS (Sign-up by 1PM or call front desk)

DINNER SALAD ALTERNATES

- Side Salad – green lettuce, tomatoes, carrots, other seasonal vegetables with choice of dressing
- Applesauce
- Canned Peaches
- Cottage Cheese

DINNER ENTRÉE ALTERNATES

- Grilled Chicken Salad – Chicken on bed of lettuce, tomatoes, and seasonal vegetables with side of dressing
- Grilled Chicken Breast – freshly grilled breast of chicken
- Baked Chicken Leg & Thigh – Chicken Leg and Thigh baked to crispy perfection
- Tilapia Filet
- Salmon Patty
- Sandwiches – all served on a bun with lettuce, tomato, pickle, and onion
 - Hamburger
 - Cheeseburger
 - Veggie Burger – Your choice of burger
 - Crispy Chicken Sandwich
 - Salmon Patty Sandwich
- Beef Hot Dog – 100% beef hot dog on a bun with
- Corndog – State Fair Classic corn battered hot dog

DINNER SIDE ALTERNATES

- Tomato Slices
- Green Beans
- Sliced Beets
- Mashed Potatoes and Gravy
- Lay's Potato Chips

DESSERT ALTERNATES

- Fresh Seasonal Fruit Bowl
- Sugar-free Jell-O Cup