

DISCOVERY POINT MENU for AUGUST 2022

	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
	Scrambled Eggs w/ Cheese – Fruit Hickory Smoked Bacon – Danish	French Toast Sausage Links – Fruit	Baked Vegetable Omelet Yogurt – Fruit	Belgium Waffles w/ Strawberries Hickory Smoked Bacon – Fruit	Sausage Gravy over Biscuits Fresh Fruit Cup	Poached Eggs – Sausage Patty Apple Strudel – Fruit
	Egg Roll / Sweet Chili Sauce Teriyaki Chicken Thighs Fried Rice Stir Fry Vegetable <i>Texas Sheet Cake</i>	Cottage Cheese and Pears/ Roll Beef Tips over Mashed Potatoes Carrots <i>Lemon Angel Cake</i>	Caesar Salad/Garlic Bread Spaghetti w/ Meat Sauce Broccoli and Cauliflower <i>Jell-O w/ Whipped Cream</i>	Cole Slaw / Roll Pulled Pork Sandwich Potato Wedge Watermelon Slice <i>Pineapple Upside Down Cake</i>	Clam Chowder / Crackers Lemon Baked Cod W/ Tartar Sauce Noodles Romanoff Asparagus Angel Food Cake W/ Strawberries	Turkey Noodle Soup / Crackers Hot Dog w/ Onions Macaroni Salad Watermelon <i>Fresh Baked Cookies</i>
Sunday 7	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13
Apple Cinnamon Pancakes Hickory Smoked Bacon – Fruit	Western Scramble Hashbrown Patty – Fruit	French Toast Bake Link Sausage – Fruit	Sausage Egg Cheese Biscuit Yogurt – Fruit	Happy Birthday Cake Pancakes Hickory Smoked Bacon – Fruit	Sausage Gravy over Biscuits Fruit Cup (peaches)	Poached Eggs – Sausage Patty Blueberry Muffin – Fruit
Tossed Salad / Roll Roast Beef Mashed Potatoes and Gravy Corn <i>Citrus Cheesecake</i>	Carrot Raisin Salad / Roll Oven Fried Chicken Macaroni and Cheese Peas <i>Chocolate Pudding</i>	Potato Salad/ Roll BBQ Brisket Baked Beans Corn Apple Cake	Spinach Salad / Roll Baked Ham Hashbrown Casserole Green Beans <i>German Chocolate Cake</i>	HAPPY BIRTHDAY Split Pea Soup / Crackers Meatloaf Scalloped Potatoes Glazed Baby Carrots <i>Birthday Cake</i>	Tossed Salad Chili Bowl W/ Cheese & Onions Corn Muffin <i>Ice Cream Scoop</i>	Chef's Choice Soup / Crackers Philly Cheese Steak Sandwich French Fries Grapes <i>Fresh Baked Cookies</i>
Sunday 14	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20
Buttermilk Pancakes Hickory Smoked Bacon – Fruit	Scrambled Eggs w/ Cheese – Fruit Sausage Links – Danish	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Yogurt – Fruit	Scrambled Eggs W/Bacon Danish – Fruit	Beef Gravy over Biscuits Fruit Cup (pears)	Poached Eggs – Sausage Patty Scone – Fruit
Waldorf Salad / Roll Turkey Roast w/ Cranberry Stuffing and Gravy Green Bean <i>Cherry Pie</i>	Tossed Salad / Roll Malibu Chicken Breast Roasted Red Potatoes Peas <i>Jell-O w/ Fruit</i>	Caesar Salad/Garlic Bread Spinach Ravioli With Marinara Zucchini and Mushrooms <i>Raspberry Parfait</i>	Chef's Choice Soup / Crackers Salisbury Steak Mashed Potatoes and Gravy Carrots <i>Ice Cream Scoop</i>	Beet Salad Brats with Sauerkraut German Potato Salad Green Beans W Bacon & Onions <i>Layered Brownies</i>	Tossed Salad / French Bread Beef Stroganoff With Wide Egg Noodles California Blend <i>Yum Yum Dessert</i>	Beef Barley Soup / Crackers Egg Salad on White Bread Fresh Fruit Potato Chips and Pickle Spear <i>Fresh Baked Cookies</i>
Sunday 21	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27
Chocolate Chip Pancakes Hickory Smoked Bacon – Fruit	Corned Beef Hash Scrambled Eggs – Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Sausage Egg Cheese Croissant Yogurt – Fruit	Belgium Waffles w/ Strawberries Hickory Smoked Bacon – Fruit	Sausage Gravy over Biscuits Fruit Cup	Poached Eggs – Sausage Patty Orange Cranberry Muffin – Fruit
Jell-O Salad / Roll Pork Loin w/ Mushroom Sauce Yams Vegetable Blend <i>Pumpkin Pie</i>	Vegetable Soup / Crackers Cabbage Rolls Roasted Red Potatoes Peas and Pearl Onions <i>Ice Cream Scoop</i>	Tossed Salad / Roll Baked Chicken Thighs Mac and Cheese Vegetable Blend <i>Butterscotch Pudding</i>	Cole Slaw Baby Back Ribs Corn on the Cob Baked Beans <i>Zucchini Bars</i>	Lentil Soup / Crackers Spinach Ham Quiche Fresh Fruit Dinner Roll <i>Fruit Crisp</i>	Chef's Choice Soup /Crackers Swedish Meatballs Mashed Potatoes and Gravy Corn <i>Jell-O Poke Cake</i>	Chicken Noodle Soup Shrimp Louis Salad Garlic Bread <i>Fresh Baked Cookies</i>
Sunday 28	Monday 29	Tuesday 30	Wednesday 31			
Buttermilk Pancakes Hickory Smoked Bacon – Fruit	Scrambled Eggs w/ Cheese – Fruit Sausage Links – Donut Holes	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Yogurt – Fruit			
Chicken Noodle Soup / Crackers Baked Salmon Wild Rice Blend Asparagus <i>Chocolate Cream Pie</i>	Broccoli Salad / Rolls Chicken Piccata Garlic Parmesan Pasta Peas <i>Ice Cream Scoop</i>	Egg Drop Soup / Crackers Sweet and Sour Pork Steamed Rice Japanese Blend <i>Peach Cobbler</i>	Potato Salad Cheeseburger Lettuce, Tomato, Onions & Pickle Baked Beans <i>Peanut Butter Bars</i>			

BREAKFAST served from 7:30 am to 9:45 am DINNER SEATING at 4:00 pm or 5:15 pm

\$2.00 TRAY-PINK UP – BREAKFAST AT 8:30 am; DINNER at 4 pm \$3.00 TRAY DELIVERY TO ROOM – BREAKFAST at 8:30 am; DINNER at 3:45 pm

Menu subject to change depending on availability.

ALWAYS AVAILABLE BREAKFAST OPTIONS (Sign-up day before or call front desk)

BREAKFAST ALTERNATES

- Hard-boiled Egg
- Fresh Seasonal Fruit Plate
- Oatmeal
- Cream of Wheat
- Cold Cereal

ALWAYS AVAILABLE DINNER OPTIONS (Sign-up by 1PM or call front desk)

DINNER SALAD ALTERNATES

- Side Salad – green lettuce, tomatoes, carrots, other seasonal vegetables with choice of dressing
- Applesauce
- Canned Peaches
- Cottage Cheese

DINNER ENTRÉE ALTERNATES

- Grilled Chicken Salad – Chicken on bed of lettuce, tomatoes, and seasonal vegetables with side of dressing
- Grilled Chicken Breast – freshly grilled breast of chicken
- Baked Chicken Leg & Thigh – Chicken Leg and Thigh baked to crispy perfection
- Tilapia Filet
- Salmon Patty
- Sandwiches – all served on a bun with lettuce, tomato, pickle, and onion
 - Hamburger
 - Cheeseburger
 - Veggie Burger – Your choice of burger
 - Crispy Chicken Sandwich
 - Salmon Patty Sandwich
- Beef Hot Dog – 100% beef hot dog on a bun with
- Corndog – State Fair Classic corn battered hot dog

DINNER SIDE ALTERNATES

- Tomato Slices
- Green Beans
- Sliced Beets
- Mashed Potatoes and Gravy
- Lay's Potato Chips

DESSERT ALTERNATES

- Fresh Seasonal Fruit Bowl
- Sugar-free Jell-O Cup