

DISCOVERY POINT MENU for SEPTEMBER 2022

				Thursday 1	Friday 2	Saturday 3
				Western Frittata Cinnamon Roll – Fruit	Biscuits and Gravy Fruit Cup	Poached Eggs – Sausage Patty Donut– Fruit
				Italian Pasta Salad/ Roll Turkey and Dumplings <i>Jell-O or Fresh Fruit</i>	Tossed Salad / Garlic Bread Lasagna with Meat Sauce Zucchini and Onions <i>Eclair Cake or Fresh Fruit</i>	Loaded Potato Soup / Crackers Sloppy Joes Pickle Spear <i>Snickerdoodle Cookies/Fresh Fruit</i>
Sunday 4	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10
Blueberry Pancakes Hickory Smoked Bacon – Fruit	Cheese Omelet – Sausage Shredded Hashbrowns – Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Bacon Egg Cheese Croissant Yogurt – Fruit	Happy Birthday Cake Pancakes Hickory Smoked Bacon – Fruit	Biscuits and gravy Fruit	Poached Eggs – Sausage Patty Muffin – Fruit
Greek Salad / Roll BBQ Meatballs Herb Roasted Red Potatoes Capri Vegetables <i>Peach Pie or Fresh Fruit</i>	Greek Salad / Roll Pork Loin w/ Mushroom Yams Vegetable Blend <i>Lemon Bars or Fresh Fruit</i>	Pea Salad Beef & Broccoli Steamed Rice Oriental Vegetable <i>Caramel Bread Pudding/Fresh Fruit</i>	Chef's Choice Soup/Crackers Chicken Cordon Bleu' Garlic Mashed Potato <i>Asparagus</i> <i>Jell-O w/ Fruit or Fresh Fruit</i>	HAPPY BIRTHDAY Lucille's Cole Slaw / Roll Meatloaf Mashed Potatoes and Gravy 5-Way Vegetable <i>Birthday Cake or Fresh Fruit</i>	Minestrone Soup / Crackers Spaghetti and Meat Sauce Broccoli <i>Ice Cream Scoop or Fresh Fruit</i>	Tossed Salad / Cornbread Chili w/ Cheese and Onions <i>Cowboy Cookies / Fresh Fruit</i>
Sunday 11	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16	Saturday 17
Buttermilk Pancakes Hickory Smoked Bacon – Fruit	Bacon, Egg & Cheese Scramble Pastry	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Yogurt – Fruit	Broccoli & Bacon Frittata Cinnamon Roll – Fruit	Biscuits and Gravy Fruit Cup	Poached Eggs – Sausage Patty Croissant – Fruit
Tossed Salad / Roll Roast Beef Steamed Potatoes, Carrots, Celery and Onions <i>Cheesecake or Fresh Fruit</i>	Macaroni Salad / Roll Pork Chop W/Mushroom Sauce Stuffing Green Beans W/Bacon & Onion <i>Black Forest Cake or Fresh Fruit</i>	Southwest Veg Soup / Crackers Chicken Enchilada Casserole Refried Beans Shredded Lettuce and Tomato Sour Cream and Salsa <i>Flan w/ Caramel or Fresh Fruit</i>	Tossed Salad/ Roll Salisbury Steak Mashed Potatoes and Gravy Carrots <i>Ice Cream Scoop or Fresh Fruit</i>	Navy Bean Soup / Crackers Honey Mustard Chicken Baked Potato w/ Sour Cream Green Beans <i>Peach Cobbler or Fresh Fruit</i>	Caesar Salad / French Bread Tuscan Shrimp Fettuccine Pasta Broccoli <i>Vanilla Pudding or Fresh Fruit</i>	Chef's Choice Soup / Crackers Turkey Bacon Croissant Lettuce and Tomato Vegetable Pasta Salad <i>Sugar Cookies or Fresh Fruit</i>
Sunday 18	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23	Saturday 24
Banana Nut Pancakes Hickory Smoked Bacon – Fruit	Corned Beef Hash Scrambled Eggs – Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Sausage Egg Cheese Croissant Yogurt – Fruit	Belgium Waffles w/ Strawberries Hickory Smoked Bacon – Fruit	Biscuits and Gravy Fruit	Poached Eggs – Sausage Patty Muffin – Fruit
Tomato Basil Soup / Crackers Glazed Ham w/ Pineapple Hashbrown Casserole Brussel Sprouts <i>Coconut Cream Pie/Fresh Fruit</i>	Cottage Cheese Salad / Roll Chicken Tenders French Fries <i>Fruit</i> <i>Carrot Cake or Fresh Fruit</i>	Tossed Salad/Garlic Bread Goulash Zucchini and Onions <i>Jell-O w/ Whipped/Fresh Fruit</i>	Carrot Raisin Salad/ Roll Corned Beef & Cabbage Red Potatoes <i>Fudge Brownies / Fresh Fruit</i>	Chef's Choice Soup /Crackers Sweet and Sour Meatballs Steamed Rice Broccoli <i>Ice Cream Scoop or Fresh Fruit</i>	Tossed Salad / Roll Peperoni Pizza <i>Banana Layer Dessert/Fresh Fruit</i>	Chicken Noodle Soup / Crackers Tuna Salad on Croissant Lettuce and Tomato Potato Salad <i>Peanut Butter Cookies/Fresh Fruit</i>
Sunday 25	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 2
Buttermilk Pancakes Hickory Smoked Bacon – Fruit	Scrambled Eggs w/ Cheese – Fruit Sausage Links – Donut	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Yogurt – Fruit	Western Scramble Cinnamon Roll – Fruit	Biscuits and Gravy Fruit	
Jell-O Salad / Roll Turkey Roast w/ Cranberry Stuffing and Gravy Green Bean Almandine <i>Pumpkin Pie or Fresh Fruit</i>	Broccoli Salad / Rolls Roast Tri-Tip Baked Potato w/ Sour Cream Asparagus <i>Ice Cream Scoop or Fresh Fruit</i>	Clam Chowder/Crackers Shrimp Louis Salad Garlic Bread <i>Texas Sheet Cake or Fresh Fruit</i>	Egg Drop Soup / Crackers Teriyaki Chicken Thighs Steamed Rice Japanese Blend <i>Almond Cake or Fresh Fruit</i>	Applesauce / Roll Pork Chops w/ Gravy Mashed Potatoes Cauliflower and Broccoli <i>Butterscotch Pudding/Fresh Fruit</i>	Potato Salad Bacon Cheeseburger Lettuce, Tomato, Onions & Pickle Baked Beans <i>Peanut Butter Bars or Fresh Fruit</i>	

BREAKFAST served from 7:30 am to 9:45 am DINNER SEATING at 4:00 pm or 5:15 pm

\$2.00 TRAY-PINK UP – BREAKFAST AT 8:30 am; DINNER at 4 pm \$3.00 TRAY DELIVERY TO ROOM – BREAKFAST at 8:30 am; DINNER at 3:45 pm

Menu subject to change depending on availability

Daily Cereal Options

- Oatmeal
- Cream of Wheat
- Cold Cereal (Self-Serve Bar)

Breakfast Bar Options

- White bread
- Whole Grain Bread
- English Muffin
- Bagel
 - Cream Cheese
 - Jam/Jelly
 - Butter

Additional Options

- Fruit Plate
- Fruit and Cottage Cheese
- Fruit and Yogurt

ALWAYS AVAILABLE DINNER OPTIONS (Sign-up by 1PM or call front desk)

DINNER ALTERNATES

SALAD

- Daily Salad Special
- Side Salad – green lettuce, tomatoes, carrots, and cucumbers with choice of dressing
- Chicken Salad
- Chef Salad
- Cottage Cheese

Entree

- Roasted Chicken Legs–Two Chicken Legs baked to crispy perfection
- Tilapia Filet

Sandwiches – all served with potato chips or potato salad

- Hamburger
- Cheeseburger
- Beef Hot Dog – 100% beef hot dog on a bun with
- Corndog – State Fair Classic corn battered hot dog
- Turkey Sandwich on choice of bread
- Ham Sandwich on choice of bread

DINNER SIDE ALTERNATES

- Tomato Slices
- Green Beans
- Mashed Potatoes and Gravy