

DISCOVERY POINT MENU for NOVEMBER 2022

		Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5
		French Toast Bake Hickory Smoked Bacon – Fruit	Sausage Egg Cheese Sandwich Yogurt – Fruit	Poached Egg, Bacon Muffin-Fruit	Cream of Wheat w/ Br. Sugar Cinnamon Roll – Fruit	Poached Eggs – Pastry Hickory Smoked Bacon – Fruit
		Tossed Salad / French Bread Breaded Chicken Breast Mashed Potatoes/Country Gravy Broccoli <i>Butterscotch Pudding</i>	Chef’s Choice Soup / Crackers Braised Mushroom Pork Chop Seasoned Rice 5-Way Vegetables <i>Layered Bar</i>	Pea Salad / Roll Stuffed Bell Peppers Cauliflower <i>Chocolate Cake</i>	Caesar Salad / Roll Baked Lasagna Peas & Carrots Sherbet	Cup of Chili / Crackers Hot Dogs w/ Onions Baked Beans Potato Wedges <i>Fresh Baked Cookies</i>
Sunday 6	Monday 7	Tuesday 8	Wednesday 9	Thursday 10 – Happy Birthday	Friday 11	Saturday 12
Buttermilk Pancakes Sausage Patty – Fruit	Western Scrambled Eggs Sausage Link – Fruit	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Sausage Links – Fruit	Birthday Pancakes Hickory Smoked Bacon - Fruit	Sausage Gravy over Biscuits Fruit Cup	Poached Eggs – Muffin Hickory Smoked Bacon – Fruit
Cottage Cheese and Pear Salad Beef Stew W/Potatoes, Onion, Celery and Carrots <i>Corn Muffin</i> <i>Strawberry Rhubarb Pie</i>	Tossed Salad/ Roll Swedish Meatballs Mashed Potatoes and Gravy Brussel Sprouts <i>Pumpkin Cake</i>	Minestrone Soup/ Crackers Chicken Piccata Rice Pilaf Normandy Blend Vegetable <i>Flan w/ Caramel Sauce</i>	Tossed Salad/Roll Kalua Pork Brown Rice Cabbage <i>Brownies</i>	Cheddar Broccoli Soup / Crackers Meatloaf Mashed Potatoes Carrots <i>Birthday Cake</i>	Egg Drop Soup / Crackers Sweet and Sour Pork White Rice Japanese Blend <i>Jell-O w/ Whipped Cream</i>	Caesar Salad/ Garlic Bread Tuscan Shrimp over Pasta <i>Mixed Vegetable</i> <i>Fresh Baked Cookie</i>
Sunday 13	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18	Saturday 19
Blueberry Pancakes Sausage Links – Fruit	Sausage & Cheese Scramble, Danish Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Poached Eggs – Pastry Hickory Smoked Bacon - Fruit	Cheese Omelet, Sausage Link Fruit	Biscuits & Gravy Fruit	Oatmeal w/ Craisins & Walnuts Cinnamon Roll – Fruit
Split Pea Soup / Crackers Pot Roast with Gravy Roasted Potatoes Peas & Carrots <i>Banana Cream Pie</i>	Broccoli Salad / Garlic Bread Spaghetti W/Meat Sauce Zucchini <i>Vanilla Pudding</i>	Tossed Salad / French Bread Chicken Cordon Bleu Oven Roasted Potato Green Beans <i>Texas Sheet Cake</i>	Tomato Basil Soup / Crackers Tortilla breaded Tilapia Baked Potato Halves w/ SC Steamed Vegetables <i>Yum Yum Dessert</i>	Shrimp Cocktail / Roll Italian Sausage Links w/ Peppers and Onions Pasta Marinara Broccoli <i>Ice Cream Scoop</i>	Marinated Salad / Roll Shepard’s Pie Mixed Vegetable <i>Apple Spice Cake</i>	Coleslaw Italian Beef Sandwich Potato wedge <i>Peanut Butter Cookies</i>
Sunday 20	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
Buttermilk Pancakes Sausage Patty	Scrambled Eggs w/ Ham & Cheese Hash Brown Patty – Fruit	French Toast Hickory Smoked Bacon – Fruit	Baked Vegetable Omelet Sausage Links – Fruit	Belgium Waffles w/ Strawberries Hickory Smoked Bacon – Fruit	Cream of Wheat w/ Br. Sugar Cinnamon Roll – Fruit	Poached Eggs – Sausage Patty Bagel w/ Cream Cheese – Fruit
Tossed Salad / Roll Pork Tenderloin w/Mushroom Hash brown Casserole Peas and Pearl Onions <i>Cherry Cheesecake</i>	Cream of Mushroom Soup / Crackers Teriyaki Chicken Drumstick Rice Pilaf Mixed vegetable Ice Cream Bar	Vegetable Soup / Crackers Taco Salad Tortilla Chips layered w/Taco Meat, Refired Beans, Lettuce, Tomatoes, SC and Salsa <i>Black Forest Cake</i>	Potato Salad Cheeseburger French Fries Ice Cream Bar	<i>Happy Thanksgiving</i> <i>Jello Salad</i> <i>Roast Turkey</i> <i>Mashed Potato W/Gravy</i> <i>Stuffing</i> <i>Green Bean Casserole</i> <i>Pumpkin Pie</i>	<i>Jell-O Salad / Roll</i> <i>Turkey and Dumplings</i> <i>Glazed Carrots</i> <i>Apple Pie</i>	Mandarin Oranges Chili Shredded Cheese & Onions Cornbread <i>Fresh Baked Cookie</i>
Sunday 27	Monday 28	Tuesday 29	Wednesday 30			
Pumpkin Walnut Pancakes Hickory Smoked Bacon – Fruit	Corned Beef Hash Scrambled Eggs – Fruit	French Toast Bake Hickory Smoked Bacon – Fruit	Sausage Egg Biscuit Sandwich Yogurt – Fruit			
Chef’s Choice Soup / Crackers Pot Roast Mashed Potatoes and Gravy Corn <i>Peach Pie</i>	Beet Salad / French Bread Ground Beef Stroganoff Brussel Sprouts <i>Layered Brownies</i>	Creamy Vegetable Soup Crackers Fried Chicken Mashed Potatoes W/Country Gravy Broccoli Sherbet	Tossed Salad / Roll Beef Tips over Mashed Potatoes Carrots <i>Apple Fruit Crisp</i>			

BREAKFAST served from 7:30 am to 9:45 am

DINNER served at 4:15 pm or 5:15 pm

@2.00 TRAY PICK-UP-BREAKFAST at 8:30 AM; DINNER at 4 pm

\$3.00 TRAY DELIVERY TO ROOM – BREAKFAST at 9:00 am; DINNER AT 3:30 PM

***Menu subject to change depending on availability

ALWAYS AVAILABLE BREAKFAST OPTIONS (Sign-up day before or call front desk)

BREAKFAST ALTERNATES

Daily Cereal Options

- Oatmeal
- Cream of Wheat
- Cold Cereal (Self-Serve Bar)

Breakfast Bar Options

- White bread
- Whole Grain Bread
- English Muffin
- Bagel
 - Cream Cheese
 - Jam/Jelly
 - Butter

Additional Options

- Fruit Plate
- Fruit and Cottage Cheese
- Fruit and Yogurt
- Hard Boiled Egg

ALWAYS AVAILABLE DINNER OPTIONS (Sign-up by 1PM or call front desk)

DINNER ALTERNATES

SALAD

- Daily Salad Special
- Side Salad – green lettuce, tomatoes, carrots, and cucumbers with choice of dressing
- Chicken Salad
- Chef Salad
- Cottage Cheese

Entree

- Roasted Chicken Legs–Two Chicken Legs baked to crispy perfection
- Salmon Filet
- Breaded Chicken Filet

Sandwiches – all served with potato chips

- Hamburger
- Cheeseburger
- Beef Hot Dog – 100% beef hot dog on a bun
- Turkey Sandwich on choice of White or Wheat bread
- Ham Sandwich on choice of White or Wheat bread
- Egg Salad Sandwich on choice of White or Wheat bread

DINNER SIDE ALTERNATES

- Tomato Slices
- Green Beans/ Peas & Carrots
- Mashed Potatoes and Gravy