# **DISCOVERY POINT MENU for SEPTEMBER 2024**

Sunday 1	Monday 2	Tuesday3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
Cheese Blintz/W Berry topping Smoked BaconFruit	Scrambled Eggs – Sausage Links Fresh Fruit- Pastry	Cream Cheese/French Toast Bake Hickory Smoked Bacon – Fruit	Sausage, Egg & Cheese Croissant, Berry &Yogurt Parfait	Western Frittata Cinnamon Roll – Fruit	Biscuits and Gravy-Poached Egg Fruit Cup	Poached Eggs – Sausage Pa Bineget– Fruit
Chicken Gnocchi Soup	Labor Day BBQ 12 Noon to 2:00pm	3-Bean Salad/Roll	Greek Rotini Salad	Tossed Salad/Roll	Shrimp Cocktail	Chicken Noodle Soup
Roast Beef Oven Roasted Potatoes Peas & Carrots	Macaroni Salad	Beef Burgundy Mashed Potatoes Seasoned Carrots	BBQ Western Burger Lettuce, Tomato, Onion Potato Wedge	Roasted Chicken leg w/ Peppers & Onions Garlic Mashed Potatoes	Coconut Tilapia Creamy Herb Pasta Yellow Squash W/Red Onion	Sloppy Joes Potato Wedges Pickle Spear
Lemon Meringue Pie	BBQ Country Ribs Cowboy Beans Corn on The Cob	Texas Sheet Cake	Magic Bar	Mixed Vegetable	Tellow Squasifi W/Red Officif	Fresh Baked Cookies
J	Ice Cream Treat		Ç	Jell-O W/Fruit	Assorted Desserts	
Sunday 8	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13	Saturday 14
Blueberry Pancakes Hickory Smoked Bacon – Fruit	Scrambled Eggs – Sausage Country Potatoes – Fruit	Western Frittata Cinnamon Roll – Fruit	Cheese Omelet—Smoked Bacon Fresh Fruit	Waffles W/Strawberries Hickory Smoked Bacon – Fruit	Biscuits and Gravy-Scrambled Egg Fruit	Poached Eggs – Sausage P Muffin – Fruit
Tossed Salad/Roll	Spiced Apples	Taco Tuesday	Caesar Salad	HAPPY BIRTHDAY  Beet Salad/Roll	Clam Chowder	Tomato Soup
BBQ Meatballs Mac and Cheese Vegetable Blend Apple Pie	Braised Pork Shank W/ Ginger Scallion Sauce Scalloped Potatoes Vegetable Blend	Tossed Salad  Chicken Schnitzel W/Lemon Cream Gravy Garlic Mashed Potatoes Braised Cabbage	Lasagna with Marinara Broccoli Garlic Bread	Meatloaf Mashed Potatoes and Gravy 5-Way Vegetable	Fish & Chips Coleslaw Lemon Wedge & Tartar Sauce	Grilled Cheese and Tomat Sandwich Potato Chips Dill Pickle Spear
	Eclair Cake	Cherry Pie Bar	Spumoni	Birthday Cake	Ice Cream Treat	Fresh Baked Cookie
Sunday 15	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21
Cheese Blintz W/Fruit Sauce Hickory Smoked Bacon-Fruit	Bacon, Spinach &Cheese Scramble-Pastry-Fruit	French Toast Hickory Smoked Bacon – Fruit	Farmers Strata Berry & Yogurt Parfait	Poached Egg—Sausage Link Cherry Turnover—Fruit	Biscuits and Gravy-Poached Egg  – Fruit	Poached Eggs – Sausage F Croissant – Fruit
Tossed Salad	Cottage Cheese & Pear Salad	Tossed Salad	Greek Salad/Roll	Navy Bean Soup	Tossed Salad	Coleslaw
Chicken and Dumplings  Strawberry Rhubarb Pie	Breaded Chicken W/ Chicken Gravy Mashed Potatoes Broccoli	Beef Soft Tacos W/ Cheese & Lettuce Spanish Rice Refried Beans	Country Fried Steak Mashed Potatoes and Gravy Glazed Carrots  Peach & Cream Bar	Honey Mustard Chicken Baked Potato w/ Sour Cream Green Beans W/ Bacon & Onions Ice Cream Sundae	Seasoned Cod With Cherry Tomato Sauce Harvest Blend Rice Zucchini & Onions	Roast Beef PO' Boy French Fries Dill Pickle Spear Fresh Baked Cookies
	German Chocolate Cake	Flan w/ Caramel			Assorted Desserts	
Sunday 22	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28
Banana Nut Pancakes Hickory Smoked Bacon – Fruit	Corned Beef Hash Scrambled Eggs – Fruit	Pumpkin French Toast Bake Hickory Smoked Bacon – Fruit	Poached Eggs-Ham Slice Hashbrowns- Fruit	Belgium Waffles w/ Strawberries Hickory Smoked Bacon – Fruit	Biscuits and Gravy-Scrambled Egg Fruit	Poached Eggs – Sausage F Muffin – Fruit
Tomato Soup	Tossed Salad /Roll	Coleslaw	Carrot Raisin Salad	French Onion Soup	Tossed Salad	Cream of Mushroom Sou
Glazed Ham w/ Pineapple. Sweet Potato Casserole Brussel Sprouts	Beef Stroganoff Egg Noodles Mixed Vegetable	BBQ Pork Riblets Baked Beans Cauliflower	Spaghetti W/Meat Sauce Garlic Bread Italian Vegetable	Anniversary Chicken Baked Potato Cauliflower	PIZZA NITE BBQ Wings	Monte Cristo Sandwich Spinach Berry Salad Roll
Coconut Cream Pie	Zucchini Cake	S'mores Bar	Tiramisu	Cookies & Cream Cake	Ice Cream Treat	Fresh Baked Cookies
Sunday 29	Monday 30					
Buttermilk Pancakes Hickory Smoked Bacon – Fruit	Scrambled Eggs w/ Cheese – Fruit Sausage Links – Donut Hole					
Broccoli Cheese Soup	BLT Pasta Salad		AMA			
Turkey Roast w/ Cranberry Stuffing & Gravy Green Bean Almandine	Chili Con Carne Cheese & Onions W/Corn Muffin	0.0				
Pumpkin Mousse Pie	Rice Pudding					
		* STAY HYDRATED **				

# **Daily Cereal Options**

- Oatmeal
- Cream of Wheat
- Cold Cereal

## **Breakfast Bar Options**

- White bread
- Whole Grain Bread
- Rye Bread
- English Muffin
- Bagel
  - Cream Cheese
  - Jam/Jelly
  - Butter

## **Additional Options**

- Fruit and Cottage Cheese
- Fruit and Yogurt

## Entrée

## **ALWAYS AVAILABLE DINNER OPTIONS**

# Please sign up in lobby or call front desk by 1:30pm

- Breaded Chicken Breast
- Roasted Chicken Legs
- Poached Salmon
- Turkey Patty
- Hamburger
- Cheeseburger
- Beef Hot Dog 100%

# **DINNER ALTERNATES**

## **SALAD**

- Chicken Salad
- Chef Salad
- Tuna Salad With Naan

# **Sandwiches** – Your choice of white or wheat bread all served with Lettuce, Tomato, Pickles and potato chips

- Turkey Sandwich
- Ham Sandwich
- Egg Salad Sandwich
- Tuna Sandwich
- BLT Sandwich

# **DINNER SIDE ALTERNATES**

- Tomato Slices
- Green Beans
- Mashed Potatoes and Gravy
- Cottage Cheese
- Baked Potato (MUST SIGN UP)