DISCOVERY POINT MENU for DECEMBER 2024

| Sunday 1 | Monday 2 | Tuesday3 | Wednesday 4 | Thursday 5 | Friday 6 | Saturday 7 |
|------------------------------|----------------------------------|-------------------------------------|--|---------------------------------|----------------------------------|----------------------------|
| Blueberry Pancakes - | Scrambled Egg- Sausage Links | French Toast | Sausage Egg Croissant | Belgium Waffles w/ Strawberries | Biscuits & Gravy- Scrambled Eggs | Poached Eggs – Sausage Pat |
| Hickory Smoked Bacon - Fruit | Cinnamon Roll- Fruit | Hickory Smoked Bacon-Fruit | Yogurt – Fruit | Hickory Smoked Bacon – Fruit | Fruit Cup | Muffin – Fruit |
| Fagioli Soup | 3-Bean Salad | Carrot Raisin Salad | Tossed Salad / Cornbread | Caesar Salad/Garlic Bread | Clam Chowder | Zuppa Tuscana |
| Pork Tenderloin/ Mushroom | Polish Sausage | Chicken Fried Steak | Honey Mustard Chicken | Spaghetti With Meat Sauce | Coconut Tilapia | Monte Cristo Sandwich |
| Baked Potato | Mac & Cheese | Mashed Potatoes | Oven Roasted Potatoes | Vegetable Blend | Rice Pilaf | Potato Chips |
| Malibu Vegetable Blend | Braised Cabbage | Mixed Vegetable | Broccoli | Vogotablo Biolita | Steamed Beets | Dill Pickle Spear |
| C | | Ū. | | | | |
| Strawberry Rhubarb Pie | Peppermint Cake | Zucchini Bar | Pumpkin Bread Pudding | Peach Cobbler | Ice Cream Scoop | Fresh Baked Cookies |
| Sunday 8 | Monday 9 | Tuesday 10 | Wednesday 11 | Thursday 12 – Happy Birthday | Friday 13 | Saturday 14 |
| Buttermilk Pancakes | Scrambled Eggs w/ Cheese | French Toast Bake | Cheese Omelet | Country Fried Steak-Hashbrown | Biscuits & Gravy- scrambled eggs | Poached EggsBacon |
| Hickory Smoked Bacon – Fruit | Hash Brown Patty – Fruit | Hickory Smoked Bacon – Fruit | FruitYogurt | Scrambled Eggs-Fruit | Fruit | Scone – Fruit |
| Tossed Salad | Greek Pasta Salad / Roll | TACO TUESDAY | Tossed Salad/Roll | HAPPY BIRTHDAY | Tossed Salad/ Roll | Broccoli Cheddar Soup |
| Beef Stew | Chicken Cordon Bleu | Carrot Raisin Salad | Anniversary Chicken | Navy Bean Soup | Lemon Butter Poached Cod | Chicken Salad Croissant |
| Corn Muffin | Oven Roasted Potatoes | | Oven Roasted Potatoes | NAL ALL A | Rice Pilaf | Lettuce and Tomato |
| | Mixed Vegetables | Beef Stroganoff | Cauliflower | Meatloaf Machael Datatage | Yellow Squash | Potato Chips |
| | | W/ Egg Noodles | | Mashed Potatoes | | |
| Sweet Potato Pie | Peanut Butter Bars | Zucchini | Vanilla Pudding | Carrots | | Fresh Baked Cookies |
| | | Cookies and Cream Cake | | Birthday Cake | Jell-O w/ Whipped Cream | |
| Sunday 15 | Monday 16 | Tuesday 17 | Wednesday 18 | Thursday 19 | Friday 20 | Saturday 21 |
| Banana Pancakes | Spinach, Bacon & Cheese | French Toast | Eggs Benedict | Belgium Waffles w/ Strawberries | Biscuits & Gravy- Scrambled Eggs | Poached Eggs – Sausage Pa |
| Sausage Links – Fruit | Crustless Quiche-Kolache – Fruit | Hickory Smoked Bacon – Fruit | Hash Brown – Fruit | Hickory Smoked Bacon – Fruit | Fruit Cup | Muffin – Fruit |
| Potato Bacon Soup | 3-Bean Salad | Tossed Salad | Spring Rolls | Peaches and Cottage Cheese | <u>3:00pm to 5:00pm</u> | Tomato Soup |
| Pot Roast | Chicken Marsala | Swedish Meatballs | Sweet & Sour Chicken | Smothered Pork Chops | CHRISTMAS | Bacon Swiss Chicken Burge |
| Mashed Potatoes/ Gravy | Sicilian Pasta | | Fried Rice | Roasted Potatoes | | Lettuce and Tomato |
| Mixed Vegetables | Zucchini | Buttered Egg Noodles Green Beans | Mandarin Vegetable | Glazed Carrots | THEME DINNER | French Fries |
| Mixed vegetables | | Green Beans | Mandarin vegetable | Glazed Carrols | CHRISTMAS SWEATERS | FIEICHFIES |
| Strawberry Cheesecake | Coconut Cake | Angel Food Cake w/ Fruit | Cherry Jello Dessert | Ice Cream Scoop | | Fresh Baked Cookies |
| Sunday 22 | Monday 23 | Tuesday 24 | Wednesday 25 | Thursday 26 | Friday 27 | Saturday 28 |
| Buttermilk Pancakes | Scrambled Eggs w/ Cheese | French Toast Bake | Cheese Blintz W/Strawberries | Ham & Cheese Quiche | Biscuits & Gravy- Poached Eggs, | Poached Eggs, Sausage Lin |
| Hickory Smoked Bacon - Fruit | Hash Brown Patty – Fruit | Hickory Smoked Bacon – Fruit | Link Sausage-Fruit | Cinnamon Roll-Fruit | Fruit | Pastry – Fruit |
| Chef's Choice Soup | BLT Pasta Salad | Clam Chowder | CHRISTMAS DAY | Krab salad | Tossed Salad | Navy Bean Soup |
| Roast Turkey | Breaded Chicken Breast | Fish & Chips | | Italian Sausage Lasagna | DIZZA | Italian Sub Sandwich |
| Stuffing | Mashed Potatoes W/Gravy | Lemon & Tartar Sauce | | Mixed Vegetable | PIZZA | Potato Wedge |
| Mixed Vegetable | Broccoli | Coleslaw | Dinner Meal | Mixed Vegetable | & | Dill Pickle Spear |
| 5 | | | 12:00pm to 2:00pm | Raspberry Whip | WINGS | |
| Cherry Pie | Jell-O w/Fruit | Butterscotch Pudding | 12:00pm to 2:00pm | | | Assorted Cookies |
| Sunday 29 | Monday 30 | Tuesday 31 | 1 | <u> </u> | Ice Cream Treat | |
| Blueberry Pancake | Corned Beef Hash | French Toast | | | | |
| Hickory Smoked Bacon -Fruit | Scrambled Eggs – Fruit | Hickory Smoked Bacon – Fruit | | | | |
| Tossed Salad | Spinach Salad | Shrimp Cocktail | (Construction) | NERRY | | |
| Turkey Pot Pie | Pork Riblet | | | Prole ANAS | | |
| I UINEY FUL FIE | Mac & Cheese | Beef Burgundy | | | | |
| | Corn | Mashed Potatoes | | | | |
| Lemon Meringue Pie | Com | Peas & Carrots | and the second s | | | |
| Lemon Menngue Fle | Fruit & Jell-O Salad | | | | | |
| | | Fruit Crisp | | | 1 | |

BREAKFAST served from 7:30 am to 9:45 am DINNER served at 4:15 pm or 5:15 pm \$2.00 TRAY PICK-UP-BREAKFAST AT 9:30 AM; DINNER AT 3:30 PM \$3.00 TRAY DELIVERY TO ROOM – BREAKFAST at 9:30 AM; DINNER at 3:30 PM ***Menu subject to change depending on availability.

ALTERNATE MENUS Daily Cereal Options

- Oatmeal
- Cream of Wheat
- Cold Cereal

Breakfast Bar Options

- White Bread
- Whole Grain Bread
- Marble Rye Bread
- English Muffin
- Bagel
 - Cream Cheese
 - Jam/Jelly
 - o Butter

Additional Options

- Fruit and Cottage Cheese
- Fruit and Yogurt
- Hard Boiled Egg

Entrée **<u>ALWAYS</u>** AVAILABLE DINNER OPTIONS

Please sign up in lobby or call front desk by 1:30pm

- Breaded Chicken Breast
- Poached Salmon
- Roasted Chicken Leg
- Hamburger
- Cheeseburger
- Beef Hot Dog 100% beef

DINNER ALTERNATES

SALAD

- Chicken Salad
- Chef Salad
- Tuna Salad With Naan

Sandwiches – Your choice of white, wheat or Rye bread all served with Lettuce, Tomato, Pickles, and potato chips.

- Turkey Sandwich
- Ham Sandwich
- Egg Salad Sandwich
- Tuna Sandwich
- BLT Sandwich

DINNER SIDE ALTERNATES

- Tomato Slices
- Green Beans
- Mashed Potatoes and Gravy
- Cottage Cheese
- Baked Potato (Must order in advance)