

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025

DR-Dining Room (1st FL), LO-Lobby (1st FL), LI-Library (2nd FL), AR-Activity Room (2nd FL), SR-Sunroom (2nd FL), TBD-To Be Determined, PDR-Private Dining Room (1st FL), CH-Chapel-(2nd FL), BR-Billiard Room (3rd FL), CR-Cardroom-(1st FL) RF-Resident Function

<p>10:30 Catholic Communion-CH 11:00 Mexican Train-CR 12:30 Funny Rummy-BR 2:00 LDS Sacrament-SR 3<sup>rd</sup> Fl. 2:30 Non-Denominational Church Service-AR 6:30 Pinocle-CR 6:30 Mahjong-CR</p>	<p>5 8:30-2:30 Doctor's Appts. 9:00 Scrabble-CR 10:00 Sit &amp; Be Fit With Mary-AR 11:30 Scripture &amp; Prayer-AR 12:30 Jewelry With Deb-AR 2:30 New Year New You! With Brielle from Archwell-AR 6:30 Bingo-AR</p>	<p>6 8:30-2:30 Doctor's Appts. 10:00 Healthy Body, Healthy Mind-AR 10:30 Shopping To Walmart 11:30 Shopping #1 11:30 Food Chat with Mike-AR 12:30 Hospitality Committee-LI 2:30 Bingo (1.25 to play)-AR 6:30 Movie Night- "Return Of The King"-The Rise &amp; Fall Of Elvis-AR</p>	<p>7 8:30-2:30 Doctor's Appts. 10:30 Newcomers Meeting-PDR (Please sign up in the mailroom) 11:00 Casino Trip to We-Ko-Pa 11:00 Stretching With Tara-AR 12:30 Interactive Bible Study With Chad Kent-LI 6:30 Bingo-AR</p>	<p>8 8:30-2:30 Doctor's Appts. 9:30 Mahjong-SR 3rd Fl. 10:00 Tai Chi-AR 10:00 Scrabble-CR 10:30 Shopping #3 11:00 Wii Bowling-AR 12:00 "Guess That Candy Game- With John From Alignment-AR 1:00 Blood Pressure Checks Doves' Office 2<sup>nd</sup> Fl. 1:30 Rivera Strings Trio-AR</p>	<p>9 8:30-2:30 Doctor's Appts. 9:30 Mahjong-SR 3rd Fl. 10:00 Tai Chi-AR 10:00 Scrabble-CR 10:30 Shopping #4 11:00 Veterans &amp; Friends Coffee Hour With Chad Kent-AR 1:00 Texas Hold'em-CR 1:00 Out To Lunch-Lins' Grand Buffet 6:30 Bingo-AR</p>	<p>10 9:30 Mahjong-CR 10:00 Pinocle-CR 1:00 Crochet Club-AR</p>
<p>12 10:30 Catholic Communion-CH 11:00 Mexican Train-CR 11:45 Non-Denominational Church Service-AR 12:30 Funny Rummy-BR 2:00 LDS Sacrament-SR 3<sup>rd</sup> Fl. 6:30 Pinocle-CR 6:30 Mahjong-CR</p>	<p>13 8:30-2:30 Doctor's Appts. 9:00 Scrabble-CR 10:00 Sit &amp; Be Fit With Mary-AR 11:30 Scripture &amp; Prayer-AR 11:30-2:00 Audrey Offsite Meeting 6:30 Bingo-AR</p>	<p>14 8:30-2:30 Doctor's Appts. 10:00 Healthy Body, Healthy Mind-AR 10:30 Shopping To Walmart 11:30 Shopping #1 12:00 Taco Tuesday-DR 2:00 Scan Presents "Where Did I Put My Keys?" Workshop about Dementia-AR 6:30 Movie Night- "The Forge"-AR</p>	<p>15 8:30-2:30 Doctor's Appts. 10:30 Special Shopping Sprouts, Frys, &amp; Safeway 11:00 Yoga With Tara-AR 12:30 Interactive Bible Study With Chad Kent-LI 2:00 RKE Presents Music for a Happy Afternoon-AR 6:30 Bingo-AR</p>	<p>16 8:30-2:30 Doctor's Appts. 9:30 Mahjong-SR 3rd Fl. 10:00 Tai Chi-AR 10:00 Scrabble-CR 10:30 Shopping #3 11:00 Wii Bowling-AR 1:00 Blood Pressure Checks-Doves' Office 2<sup>nd</sup> Fl. 1:45 Cocktail Hour with Dan-AR</p>	<p>17 10:00 Sit &amp; Be Fit With Mary-AR 10:30 Shopping #4 11:00 Village Medical Presents "Self-Care" Bingo-AR 1:00 Texas Hold'em-AR 1:00 AT Stills Matter of Balance Class Begins-AR</p>	<p>18 9:30 Mahjong-CR 1:00 Pinocle-CR 1:00 Crochet Club-AR</p>
<p>19 10:30 Catholic Communion-CH 11:00 Mexican Train-CR 12:30 Funny Rummy-BR 2:00 LDS Sacrament-SR 3<sup>rd</sup> Fl. 2:30 Non-Denominational Service-AR 6:30 Pinocle-CR 6:30 Mahjong-CR</p>	<p>20 Activity &amp; Transportation Office Is closed. 9:00 Scrabble-CR 10:15 Southwest Mobility-DR 11:30 Scripture &amp; Prayer-AR 1:30 Tribute To Martin Luther King Jr. Presented by Richard Lawrence-AR 6:30 Bingo-AR</p>	<p>21 8:30-2:30 Doctor's Appts. 10:00 Healthy Body, Healthy Mind 10:30 Shopping To Walmart 11:30 Shopping #2 12:30 Bingo With Oak Street-AR 2:00 Resident Council-AR 6:30 Movie Night- "Rob Peace"-AR</p>	<p>22 8:30-2:30 Doctor's Appts. No Shopping! 11:00 Out To Lunch @ Culvers 11:00 Stretching With Tara-AR 12:30 Interactive Bible Study With Chad Kent-LI 12:30 Card Creations With Rachel-AR 2:30 Historian Ken Sorensen Presents: 20th Century Literature-AR 6:30 Bingo-AR</p>	<p>23 8:30-2:30 Doctor's Appts. 9:30 Mahjong-SR 3rd Fl. 10:00 Tai Chi-AR 10:00 Scrabble-CR 10:30 Shopping #3 11:00 Wii Bowling-AR 1:00 Blood Pressure Checks-Doves' Office 2<sup>nd</sup> Fl. 1:00 Music Bingo With Heather-AR</p>	<p>24 10:00 Sit &amp; Be Fit With Mary-AR 10:30 Shopping #4 1:00 Texas Hold'em-CR 1:00 AT Stills a Matter Of Balance Class-AR 6:30 Bingo-AR</p>	<p>25 9:30 Mahjong-CR 1:00 Pinocle-CR 1:00 Crochet Club-CR</p>
<p>26 10:30 Catholic Communion-CH 11:00 Mexican Train-CR 11:45 Non-Denomnational Service-AR 2:00 LDS Sacrament-SR 3<sup>rd</sup> Fl. 6:30 Pinocle-CR 6:30 Mahjong-CR</p>	<p>27 8:30-2:30 Doctor's Appts. 9:00 Scrabble-CR 10:00 Sit &amp; Be Fit With Mary-AR 11:00 Avon Boutique-CR 11:30 Scripture &amp; Prayer-AR 12:30 Jewelry Making With Deb-AR 6:30 Bingo-AR</p>	<p>28 8:30-2:30 Doctor's Appts. 10:00 Healthy Body, Healthy Mind-AR 10:30 Shopping To Walmart 11:30 Shopping #1 1:30 Workshop with Ahh..Wellness on the "Immune System"-AR 6:30 Movie Night- The Six Triple Eight"-AR</p>	<p>29 8:30-2:30 Doctor's Appts. NO SHOPPING ROUTE TODAY! 10:00 Healthy Body, Healthy Mind-AR 10:30 Trip To Hobby Lobby 11:00 Yoga With Tara-AR 12:30 Interactive Bible Study With Chad Kent-LI 1:30 Card Creations With Rachel-AR 6:30 Bingo-AR</p>	<p>30 8:30-2:30 Doctor's Appts. 9:30 Mahjong-Sr 3<sup>rd</sup> Fl. 10:00 Tai Chi-AR 10:00 Scrabble-CR 10:30 Shopping #3 11:00 Wii Bowling-AR 1:00 Blood Pressure Checks-Doves' Office 2<sup>nd</sup> Fl. 1:45 Cocktail Hour With "The Peppermints"-AR</p>	<p>31 10:00 Sit &amp; Be Fit With Mary-AR 10:30 Shopping #4 11:30 Coloring For A Cause Thank You Luncheon-AR (Private Event) 1:00 Texas Hold'em-CR 1:00 AT Stills Matter of Balance Class-AR 6:30 Bingo-AR</p>	



Discovery Point Retirement Community 6210 E. Arbor Ave. Mesa, Az. 85206 Phone (480) 924-6474 Fax (480) 807-9656

***Weekly Shopping Trips—Designated Days***  
***AS OF 4/8/24 THIS IS THE MOST CURRENT LIST***

**Tuesday Walmart Trip Only**

**10:30-12:00**

**Tuesday Route #1**

**11:30-1:00**

**S. Power Rd. & Southern Ave.**

1. Sprouts
2. Walmart/Pharmacies & Desert Financial
3. Superstition Springs Mall-Main Entrance/Ross
4. Best Buy
5. Bank of America

**Thursday Route #3**

**10:30-12:00**

**Recker Rd. & Brown –  
Mc Kellips & Greenfield**

1. CVS-Pharmacies
2. Washington Federal
3. Chase
4. Bank of America
5. Frys & Pharmacy/Kohls
6. Wells Fargo
7. Walmart/Pharmacies & Dollar Tree
8. Staples

**Please note there are sign up sheets for shopping trips in the mailroom. Sign Up sheets are available at 4:15 PM the Friday before the following Shopping Week.**

**Wednesday Route #2**

**10:30-12:00**

**Brown Rd & Greenfield Rd. & Main St.**

1. PNC Bank
2. Frys/Pharmacy & Dollar Tree
3. Bashas's/Thrift Store & Post Office
4. Walmart-Neighborhood Market

**Friday's Route #4**

**10:30-12:00**

**Power Rd. ---Main St. & Broadway**

1. Albertson's Grocery Store/Pharmacy
2. Big Lots
3. Chase Bank
4. Walgreens- (Main & Recker)
5. Goodwill
6. Post Office
7. Red Mountain Library