

# Discovery View – Menu for Oct 31<sup>st</sup>-Nov 6th

Sunday 31	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
Cole Slaw Fried Chicken Baked Beans Glazed Carrots Pecan Pie	Green Salad Beef Taco Soup Chips n Salsa Maple Nut Ice Cream	Green Salad Turkey Meatloaf Stuffing Steamed Spinach Baklava	Carrot Slaw Sweet n Sour Tempura Chicken Fried Rice Cauliflower Bread Pudding	Green Salad Philly Cheesesteak Stuffed Peppers Butternut Squash Cornbread Berry Crisp	! Friday Night Take Out !  Ham n Swiss OR Turkey n Swiss  sides, chips, cookie, soda	Spinach Salad Beef Marinara Mac Bake Green Beans Garlic Bread Rainbow Sherbet

Alternatives: 1. Hamburger (Cheese) 2. Beef Hot Dog 3. Veggie Burger 4. Chicken Breast (w/Bun and Lettuce, Tomato, Onion) 5. Cottage Cheese and Fruit 6. Large Vegetable Salad w/Cottage Cheese and Hard-Boiled Eggs.