

WINTER QUARTER 2023 SAMPLE MENU

NAME: \_\_\_\_\_

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>NEW YEAR's DAY!</b> Fruit Hashbrowns Denver Omelette Frittata (w/Ham) Chef's Choice Dessert	2 Tossed Salad Warm Roll & Butter Roasted Potatoes Meatloaf Cake	3 Broccoli Salad Warm Roll & Butter Creamy Dijon Chicken Served over Pasta Cookies	4 <b>BIRTHDAY LUNCH!</b> Macaroni Salad Potato Chips BLT Hoagie Cake & Ice Cream	5 Tossed Salad Vegetarian Croissant Minestrone Soup Fruit	6 Cole Slaw French Fries Salmon Burger w/Lett & Tomato Pudding	7 Creamy Italian Pasta Salad Chicken Lett & Tomato Slider White Chicken Chili w/Beans Ice Cream
8 Fruit Yogurt Chili Relleno Breakfast Bake w/Bacon Chef's Choice Dessert	9 Tossed Salad Fruit Warm Roll & Butter Peppersteak over Pasta Cake	10 Broccoli Salad Macaroni & Cheese Oven Baked Chicken Cookies	11 Macaroni Salad Chips 'n Salsa Mexican Pork Burrito Bowl served w/Rice Ice Cream	12 Tossed Salad Biscuit & Butter Vegetarian Pot Pie Fruit	13 Cole Slaw Warm Roll & Butter Tuna Casserole Pudding	14 Pasta Salad 1/2 Egg Salad Sandwich Beef Stew Ice Cream
15 Fruit Biscuit & Butter Shepherd's Inn Breakfast Pie (w/Sausage) Chef's Choice Dessert	16 Tossed Salad Baguette & Butter Baby Carrots Stroganoff Soup Cake	17 Broccoli Salad Garlic Bread Green Beans Chicken Carbonara Cookies	18 Macaroni Salad French Fries Pork Chop Sandwich w/Lett & Tom Ice Cream	19 Tossed Salad Garlic Bread Vegetarian Lasagna Fruit	20 Cole Slaw Fish 'n Chips w/Tartar Sauce Pudding	21 Caesar Pasta Salad Potato Chips Sloppy Joes Ice Cream
22 Fruit English Muffin Banana Blueberry Oatmeal Bake Chef's Choice Dessert	23 Tossed Salad Garlic Bread Spaghetti w/ Meat Sauce Cake	24 Broccoli Salad Fruit Chicken Tender Hoagie W/Lettuce & Tomato Cookies	25 Macaroni Salad Warm Roll & Butter Mixed Vegetables Creamy Ham & Potatoes Ice Cream	26 Tossed Salad Potato Puff Cups Garden Burger w/Lett & Tomato Fruit	27 Cole Slaw Warm Roll & Butter Seasoned Rice Lemon Pepper Fish Pudding	28 Pasta Salad Tater Tots Chili Corndogs w/Onions Ice Cream
29 Fruit Yogurt Bacon Pancakes w/Syrup & Butter Chef's Choice Dessert	30 Tossed Salad Fruit Potato Chips Cheeseburger w/Lett & Tomato Cake	31 Broccoli Salad Mashies & Gravy Spinach & Mushroom Smothered Chicken Cookies	<p><b>ALTERNATIVES:</b> If you do not want a particular day's meal, cross it out and put the number of the alternative you would like &amp; return your menu to the kitchen, with your name on the top.</p> <ol style="list-style-type: none"> <li>1. Daily Salad, Artichoke/Spinach Lasagna, Daily Dessert</li> <li>2. Daily Salad, Grilled Cheese Sandwich, Daily Dessert</li> <li>3. Daily Salad, Refried Bean &amp; Cheese Quesadilla, Daily Dessert</li> </ol> <p>Menu subject to change, due to availability of product.  <b>THE KITCHEN REQUIRES 24 HOUR NOTICE OF ANY MENU CHANGE</b></p>			