



DISTINCTIVE APARTMENT HOMES

WHO'S WHO AT JACOBS WOODS

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SEASONS JULY 2021

CALENDAR

July 1 — Rent Due

July 4 — Office Closed

July 6 — Late Fees Applied

UV SAFETY AWARENESS MONTH

Summer has arrived and while the sun is shining bright it's a golden time to highlight July as UV Safety Awareness Month!

Fortunately, there are things you can do to minimize the risk that comes with sun exposure.

1. **Cover Up**: Wearing a Hat or other shade-protective clothing can partly shield your skin from the harmful effects of UV ray exposure. Proper clothing may include long-sleeved shirts, pants, hats, and Sunglasses - for eye protection.

2. **Stay in the Shade**: The sun's glare is most intense at midday. Staying in the shade between the hours of 10 a.m. and 4 p.m. will further protect your skin. The sun can still damage your skin on cloudy days or in the winter.

3. **Choose the Right Sunscreen**: The FDA's new regulations for sunscreen labeling recommend that your sunscreen have a sun protection factor (SPF) of at least 15, and should protect against both Ultraviolet A (UV-A) and Ultraviolet B (UV-B) rays.

4. **Use the Right Amount of Sunscreen**: When out in the sun, it's important that you apply at least one ounce (a palmful) of sunscreen every two hours. You should apply it more often if you are sweating or swimming, even if the sunscreen is waterproof.

MARKET IN THE *Vineyard*

AT WYCOMBE VINEYARDS | FURLONG, PA

JULY 17TH 12 - 4

SHOP LOCAL SMALL BUSINESSES

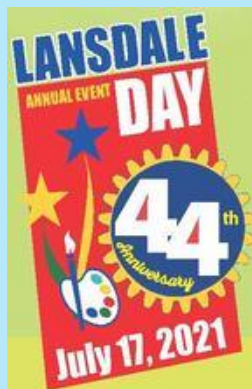
WINE • COCKTAILS • CRAFT FOOD

ASK US TO BECOME A VENDOR!

HAPPY 4TH OF JULY!

LANSDALE DAY 2021

July 17, 2021
10am - 4pm
West Main Street



REMINDERS:

- The pool is open everyday now from 12pm to 8pm. You do not need a reservation and we do have the pool furniture out. Please remember to bring your pool pass when going and check in with the lifeguard.
- Any play equipment such as basketball sets, bicycles, swings, playsets need to be brought in every evening. Please do not hang anything from the trees or lamp posts.
- Please remember to plant your flowers in pots and not in the mulch beds around your apartment or the community. Also please do not put up any decorative fencing in mulch beds or along your patios and balconies.



Watermelon Feta Flag Salad

Ingredients:

1/4 cup red wine vinegar
1 tablespoon Dijon mustard
1 tablespoon grated lemon zest
1 teaspoon sugar
1/4 teaspoon salt
1/4 teaspoon pepper
1/3 cup olive oil
1/4 cup finely chopped red onion

SALAD:

6 cups fresh arugula (about 5 ounces)
1-1/2 cups fresh blueberries
5 cups cubed seedless watermelon
1 package (8 ounces) feta cheese, cut into 1/2-in. cubes

Directions:

For vinaigrette, in a small bowl, whisk the first 6 ingredients; gradually whisk in oil until blended. Stir in onion.

In a large bowl, lightly toss arugula with 1/4 cup vinaigrette. Arrange evenly in a large rectangular serving dish. For stars, place blueberries over arugula at the top left corner. For stripes, arrange watermelon and cheese in alternating rows. Drizzle with remaining vinaigrette.

