

PILLAR COMMUNITIES

Helix/Ellipse

Spring 2025

Located in Seattle's vibrant University District, Helix and Ellipse seamlessly integrate sustainable, green design with modern urban living. Our bold and spacious interiors are designed to fit your lifestyle and your budget.

We are within walking distance to art galleries, theaters, restaurants, gyms, farmers markets, and day spas. At Helix and Ellipse you'll find the perfect blend of color, culture, and creativity.



Your Community Staff

Manager: Chase Baucom

Assistant Manager: Tyler Beard

Sr. Maintenance Supervisor: Chris Hunter

Porter/Tech: Chance Stradley

Contact Directory

Office 206-517-2484 Maintenance Emergency After Hours: 253-329-8759

Download our App



When on the go, check out our RentCafe app and download on your Smartphone or Tablet. You can also opt in for text messaging to view your account balance and pay your rent. Office Hours Monday through Friday 9:00 am—6:00 pm

Saturday 10:00 am—5:00 pm

Sunday Closed

We are Online www.pillarcommunities.com

> Like us on Facebook Helix-Ellipse Apartments

It's Springtime – Enjoy it!!

Spring is the most fun to watch. Every day there's some new progression, some new accessory of leaf or flower, as all of creation responds to beckoning sunshine and warming winds.

How can we stand not to answer this call, too? Spring is ephemeral; if we hesitate to embrace it, the world will turn beneath our feet and we'll stumble into summer before we know it. Sure, we're busy. This is the time of year we make a mad, overscheduled dash toward June, checking off school commitments and planning the calendar for the next season already. **But it doesn't take a massive, all-or-nothing commitment in order to enjoy spring.** It just takes a reasonable measure of intentionality, of slowing down to savor each day–and maybe making a few larger efforts to enjoy a bucket list activity or two.

If you want to savor springtime, start by noticing the small changes that happen every day in nature. Focus on doing outdoor activities that will be harder to enjoy when the temperature heats up. Freshen up your home–and yourself–and bloom where you're planted!

Spring Bucket List Ideas That Will Make You Live Intentionally This Season

- Eat outdoors as much as possible Make eating outdoors a regular habit for at least one daily meal... or all three, if temperatures permit! When you eat outside on your porch or lawn you might only be a few steps away from your normal dining table, yet the atmosphere of the meal changes entirely! I always feel tensions and frustrations melt away when I'm dining al fresco. If you don't have "proper" patio furniture, do it anyway. Spread a blanket on the ground. Eat with your back against the front door. Just be outside!
- **Go tent camping** Spring can be the perfect time to tent camp, particularly if your part of the world gets uncomfortably hot in summer. I live in Alabama, so that's definitely the case for me. Head somewhere nearby if you only have a weekend to spend, and enjoy the lengthening days.
- **Eat produce in season** By eating seasonally, you'll save money and enjoy fruits and vegetables that are tailor-made for spring! Think of fresh, delicate produce like lettuce, peas, artichokes, strawberries, and rhubarb. I made some printable spring produce guides by region.
- Scope out all the parks and nature preserves near you There may be more nearby than you think! We moved here two years ago, and I was happy to discover several parks by driving past them or via word of mouth. But when I recently Googled "parks near me" I was surprised to see many more locations come up that I wasn't even aware of! For instance, find a place you can go for a long walk, somewhere you can play when you need shade, a spot for a big family gathering, etc.
- **Declutter your house** I relish the decluttering bug that always seems to hit when the seasons shift. Enjoy a home that breathes!
- Visit the farmer's market Many states have farmer's markets that are open year round, but spring is definitely a good time to go, while the weather is nice. If you're not a regular, don't go with the expectation or stress that you have to hound out the best price. Instead, set aside a little budget that you can feel free to spend on whatever catches your fancy.
- **Spring clean your home** Maybe it's nesting instinct, but I am itching to deep clean our home this year! If the quickening weather of spring motivates you, capitalize on that! Throw open the windows, sip a smoothie, and enjoy sprucing up your haven!
- Work on outdoor or peripheral home projects -Give some attention to areas that won't be as pleasant to work in once summer sets in. For instance, clear out your back yard or shed, or do an attic or garage project.
- Take a walk while it's raining Do you get grey, rainy spring showers? As long as there's no lightning, why not embrace those days and go for a walk, wetness and all! If you have kids, they'll also *love* an opportunity to splash in the yard on a rainy day. It tires them out for naptime, too.
- **Plant something** Even if you are not a dedicated gardener, you'll love the intentionality and participation of helping something grow. Earth Day is April 22, so that might be a fun time to schedule your planting. If you want to start small, <u>try a balcony herb garden</u>.

What do you love doing in the spring?

PILLAR COMMUNITIES



Let's Get Together — March, April & May

St. Patty's Day Lucky Charm Guess! Stop by the office during the month of March and guess the number of lucky charms in the Jar. First place winner receives a \$50 gift card and the second place will win a \$25 gift card. Winner to be announced by end of day, March 31st. Good Luck!

Waffle Bar—Join us Wednesday, April 16th in the Helix lobby from 9am-10:30am for waffles. Waffles made by your Helix team and plenty of delicious toppings to choose from. Come and Enjoy!!

Game Night— Come join in the fun and play Trivia with us Thursday, May 15th from 6:00-7:00pm in the Helix clubhouse. All participants must be ready to play by 6:15pm. Snacks and prizes will be available. We hope you will join us!

Taking a road trip this spring? Here are a few Podcasts to consider listening to along the way.

Whether you've got a big road trip lined up, a staycation planned with your special someone, or you want to make your long commutes to work more enjoyable, we've got you covered.

The best part about podcasts is just how versatile they are. No matter what you're in the mood for – you can bet that there will be a podcast out there that will be perfect for you.

- <u>Travel Tales By AFAR</u>: Follows a chef, a comedian, and a photographer as they explore the world, culture, and cuisines.
- <u>Newcomers</u>: This podcast is hosted by comedians Nicole Byer and Laren Lapkus and focuses on pop culture reviews.
- <u>My Favorite Murder</u>: A true crime podcast hosted by Karen Kilgariff and Georgia Hardstark, featuring murder tales and listener stories.
- <u>Solve</u>: A mystery podcast that turns listeners into detectives to solve crimes, inspired by true events.
- Homecoming: A psychological thriller podcast, later adapted into a TV series, featuring a plot about a therapist helping soldiers with PTSD.
- Love Me: Explores relationships, love, and human connections, providing engaging and immersive stories.
- <u>Here To Slay</u>: Hosted by Roxane Gay and Dr. Tressie McMillian Cottom, this podcast discusses issues faced by women and people of color.
- You're Wrong About: The podcast, hosted by Michael Hobbes and Sarah Marshall, uncovers the truth behind various myths and misconceptions.
- **Dolly Parton's America:** Explores the life and cultural impact of country music icon Dolly Parton.
- Let's Talk About Myths, Baby: Hosted by Liv Albert, this show delves into various myths and analyzes them from a modern perspective.

Now that you have read through our guide above, we hope we have inspired you to put something on your "to listen" list next time you embark on a long drive!

PILLAR COMMUNITIES

Creating An Enchanted Succulent Garden In Your Backyard, On the Patio or at your Front Door. By <u>HomeBNC</u>

If there's one fast growing trend in plant arrangements, it's the world of succulent gardens. Where once a succulent garden was rarely seen, succulent arrangements are today found just about anywhere: indoors patios, office environments, office buildings, by a pool side, front-walk entrances, outdoor patios and even inside homes.

Whether it's a baby turtle plant or a full-grown adult plant you'd like to see in your succulent garden, either one will delight your visitors as you display how growing succulents has evolved into a full-scale artistic endeavor. In your local garden supply or hobby craft store you're bound to find already fashioned turtle-shape wire designs or you can fashion them yourself with a little imagination and effort. Then, filling your wire turtle with moss, you can start inserting your own preferred kind of succulent plant. Just be sure to leave its head and legs uncovered from plants so to create the contrasting features of your "slower than molasses" garden pet turtle.

Just because you have old furniture in your backyard or in your home, doesn't mean you can't still use it as a delightful focal point in your garden. An old wired chair, flat container dish and plenty of plants can easily turn into a delight in your garden setting. Hanging succulents, grounded rosebud succulents and just about everything in between from that piece of furniture creates a most unique and beautiful garden decor. You can even opt to paint the chair before you start to build your garden chair, or you may decide to leave it au natural. Either way, it'll serve as the perfect piece to gather around as your garden's most focal center of conversation.

Community Notices

Our Community

Concierge Services—To assist your busy lifestyle, we offer concierge services! Contact us for local dinner recommendations and other area conveniences. We also have a few household items available for your use – step ladder, tool kit, and a first aid kit. Contact the office for more details.

Pets—Helix/Ellipse is a pet friendly community, but pets must be added to the lease before bringing them on the property. All pets must meet breed restrictions and weight requirements. All pets must be on a leash at all times and owners are required to pick up and dispose of pet waste properly.

Be sure to take advantage of our dog walk area.

Renewing Your Lease

Are you looking ahead and noticing that your lease is up soon? We would love to have you continue your residence here! Contact the office to renew your lease today. Please remember, the day after your lease expires your lease turns into a month-to-month lease. Don't forget if you decide not to renew with us you need to bring us a 20 day notice to vacate in writing. We will miss you as residents and wish you good luck in the future.

Free Rent

Could you use some extra cash to help pay your rent next month? Just refer someone to live in your community and once they move in, we'll give you a referral fee toward your next month's rent. It's as simple as that. Referral fees may increase from time to time so contact the management office for the latest details.

Friendly Reminders

Quiet time hours are from 10:00pm to 8:00am daily. During this time we ask that you turn down the bass on your stereo, keep the volume on the stereos and TV's at a very low setting. Thank you for your support and continued cooperation.

Remember front doors and hallways must be kept clean and clear of personal and storage items at all times.

Please be courteous to your neighbors and do not leave bags of trash or empty cardboard boxes in the garbage rooms. Remember to break down your boxes and dispose of properly. We appreciate your cooperation.

Reminder: When entering the building or garage do not let anyone follow you in. This will help to keep individuals that do not live here from entering. Thank you.



