



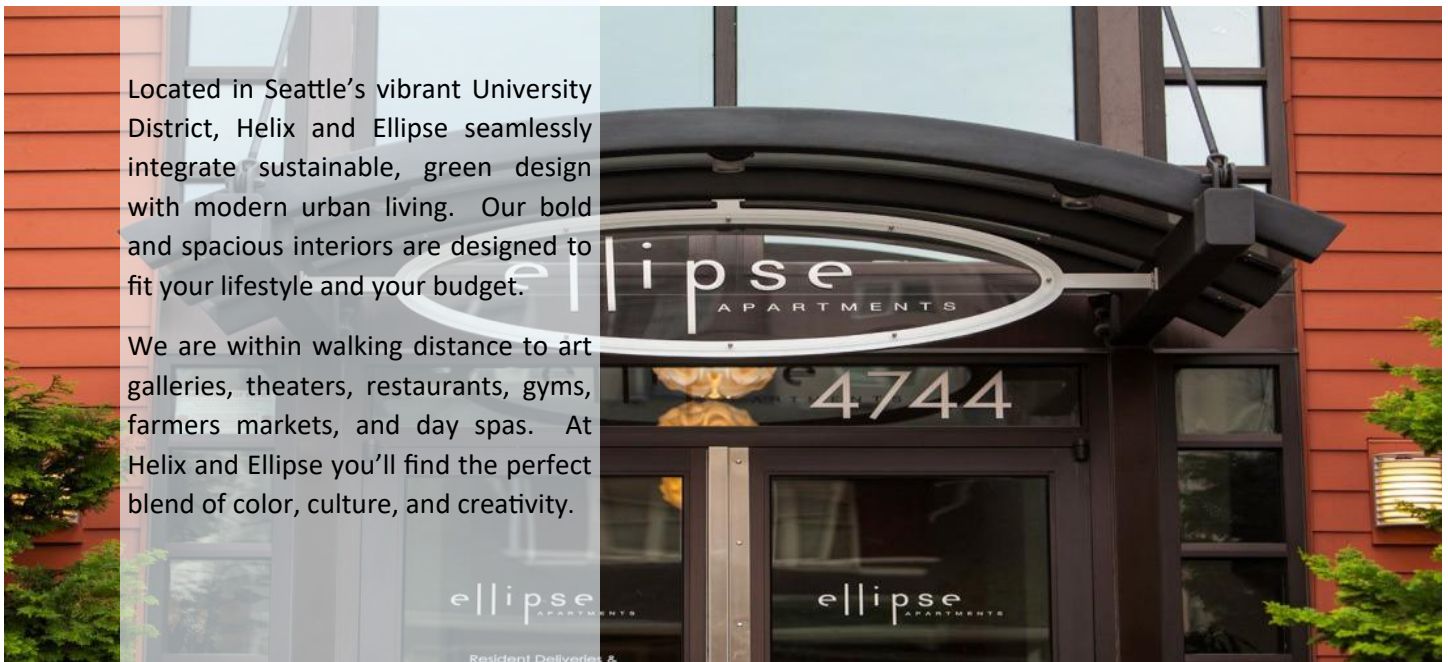
PILLAR COMMUNITIES

Helix/Ellipse

Summer 2026

Located in Seattle's vibrant University District, Helix and Ellipse seamlessly integrate sustainable, green design with modern urban living. Our bold and spacious interiors are designed to fit your lifestyle and your budget.

We are within walking distance to art galleries, theaters, restaurants, gyms, farmers markets, and day spas. At Helix and Ellipse you'll find the perfect blend of color, culture, and creativity.



Your Community Staff

Manager:

Aya Mandley

Assistant Manager:

Lauren Lee

Sr. Maintenance Supervisor:

Chris Hunter

Maintenance Technician:

Chance Stradley

Porter/Painter

Noah Cote-Lee

Contact Directory

Office

206-517-2484

Maintenance Emergency After Hours:

(206) 714-8051

Download our App



When on the go, check out our RentCafe app and download on your Smartphone or Tablet. You can also opt in for text messaging to view your account balance and pay your rent.

Office Hours

Monday through Friday

9:00 am—6:00 pm

Saturday

10:00 am—5:00 pm

Sunday

Closed

We are Online

www.pillarcommunities.com

Like us on Facebook

[Helix-Ellipse Apartments](#)

Tips For Keeping Your Dog Safe This Summer

Summer is the time to have outdoor fun with our dogs. Longer walks in the park, ambitious hikes, beach days, or family travel—the sun is shining, and the outdoors is calling.

But hot weather can also make us uncomfortable, and it poses special risks for dogs. From increased exposure to ticks and other insects to sunburn and even heatstroke, all sorts of things can go wrong for your dog in summer. Keep the following safety concerns in mind as the temperature rises and follow our tips for summer safety for dogs. They will help you keep your pet happier and healthier during the dog days of summer.

Help Your Dog Beat the Heat

- Give your dog a shady spot to hang out on hot days or keep them inside where there's air-conditioning. Doghouses are not good shelter in the summer because they can trap heat.
- Fill a child-size wading pool or pool designed for dogs with fresh water for your dog to cool off in.
- Never leave your dog in a closed vehicle on a hot day. The temperature inside a car can reach 100 degrees Fahrenheit in just 20 minutes.
- Provide plenty of cool, fresh water, perhaps in an insulated dog bowl.
- Avoid exercising your dog strenuously on extremely hot days. Take walks in the early mornings or evenings, when the sun's heat is less intense.
- Avoid exposing your dog to hot asphalt or sand, which can burn their paws, for any prolonged period.
- Be mindful of your dog's breed. Dogs that are brachycephalic (have a short head and snout), such as Bulldogs, Boxers, Japanese Chin, and Pekingese, have an especially hard time in the heat because they do not pant as efficiently as longer-nosed dogs. Keep your brachycephalic dog inside with [air-conditioning](#).

Keep Your Dog Healthy in Summer

- Make sure your dog's vaccinations are up-to-date, especially since dogs tend to stay outdoors longer and come into contact with other animals more during the summer months.
- Keep dogs off lawns that have been chemically treated or fertilized for 24 hours (or according to package instructions), and away from toxic plants and flowers.
- Keep your dog's coat well-brushed, clean, and free of mats.
- Ask your veterinarian about which preventative medication against fleas, ticks, and mosquitoes that carry heartworm will be best for your dog. The AKC Pet Healthcare Plan can help with the cost of providing quality healthcare, including preventive medicine, throughout your dog's life.

Traveling With Your Dog By Car

- Keep your dog cool in the car by putting ice packs wrapped in a towel in their crate. Make sure the crate is well-ventilated.
- Use a cooling pad as a bed or crate liner.
- Put a sunshade on your car windows.
- Bring along fresh water and a bowl, and a tarp or tent, so you can set up a shady spot when you stop. Keep a spray bottle filled with water to spritz your dog with to cool them down.

Be Alert to Dehydration and Heatstroke

Dogs can become dehydrated when more fluids leave the body than it takes in. They lose fluids through panting, urinating, and even sweat evaporation through their paws. If you see any of the following symptoms, the dog needs rehydration and replacement of electrolytes right away:

- Panting
- Dry gums and nose
- Thick saliva
- Lethargy
- Sunken eyes
- Loss of elasticity in the skin

Just giving your dog a bowl of water may not be enough. They need their electrolytes replaced, as well. Use a product like electrolyte-enhanced water or an electrolyte solution. Check with your veterinarian for dosage recommendations. You may also need to go to an emergency vet who can administer intravenous fluids.





Let's Get Together — June, July & August

Berry Glad It's Summer— Stop by the Helix Clubroom on Friday, June 26th and enjoy our berry bar! Choose from a selection of berries or a mix of them all and top them with a dollop of whipped cream or various toppings! Starting at 1:00 p.m. until supplies last!

Rooftop Barbeque— Join us on the Helix Rooftop for a rooftop BBQ! Thursday, July 16th from 5:00 to 7:00 p.m. We will be grilling up burgers and dogs on the rooftop!

Popsicle pop-up— Swing by the Helix club room Saturday, August 15th starting at 1:00 p.m. and snag a delicious popsicle from the freezer! We will have a large selection of everything from your favorite lemonade sorbet to classic chocolate and vanilla! While supplies last!

Summertime Fun..... Snoqualmie Falls and Wineries Tour



Welcome to the Snoqualmie Falls Tour! Experience the breathtaking beauty of one of the top ten waterfalls in the United States, which holds a supreme position in the hearts of the local Indians. Our tour takes you over Lake Washington on Seattle's famous floating bridge, offering stunning views of the surrounding mountains and waterways.

Stop at the picturesque Snoqualmie Falls, one of Washington's most popular and beautiful scenic attractions. Then, head to Woodinville, home to over 130 wineries and the Hollywood Whisky Factory. You'll have the opportunity to visit world-class wineries like Chateau Ste. Michelle and Hollywood, or boutique professionals like Darby. With a flexible driver guide to assist you every step of the way, you're sure to have an amazing day.

Duration: 7 hours

From:

\$145 per person

For more details and information and to book your tour: [From Seattle: Snoqualmie Falls and Wineries Tour w/ Transfer | GetYourGuide](#)

Upcoming Summer Movie Releases

Star Wars: The Mandalorian and Grogu Bounty Night

The Mandalorian and Grogu embark on their most thrilling mission yet in Lucasfilm's "Star Wars: The Mandalorian and Grogu". An all new Star Wars adventure opening the end of May in theaters. The evil Empire has fallen, and Imperial warlords remain scattered throughout the galaxy. *Opens May 21st*



Toxic: A Fairy Tale for Grown-Ups

Set in a bygone era, this gripping tale unfolds in the coastal paradise of Goa, where a powerful drug cartel pulls the strings behind a façade of sun-soaked beaches and vibrant culture. *Opens June 4th*



Supergirl: When an unexpected and ruthless adversary strikes too close to home, Kara Zor-El, aka Supergirl, reluctantly joins forces with an unlikely companion on an epic, interstellar journey of vengeance and justice. *Opens June 26th*



Community Notices

Our Community

Concierge Services—To assist your busy lifestyle, we offer concierge services! Contact us for local dinner recommendations and other area conveniences. We also have a few household items available for your use – step ladder, tool kit, and a first aid kit. Contact the office for more details.

Pets—Helix/Ellipse is a pet friendly community, but pets must be added to the lease before bringing them on the property. All pets must meet breed restrictions and weight requirements. All pets must be on a leash at all times and owners are required to pick up and dispose of pet waste properly.

Be sure to take advantage of our dog walk area.

Renewing Your Lease

Are you looking ahead and noticing that your lease is up soon? We would love to have you continue your residence here! Contact the office to renew your lease today. Please remember, the day after your lease expires your lease turns into a month-to-month lease. Don't forget if you decide not to renew with us you need to bring us a 20 day notice to vacate in writing. We will miss you as residents and wish you good luck in the future.

Free Rent

Could you use some extra cash to help pay your rent next month? Just refer someone to live in your community and once they move in, we'll give you a referral fee toward your next month's rent. It's as simple as that. Contact the management office for the details.

Friendly Reminders

Quiet time hours are from 10:00pm to 8:00am daily. During this time we ask that you turn down the bass on your stereo, keep the volume on the stereos and TV's at a very low setting. Thank you for your support and continued cooperation.

Remember front doors and hallways must be kept clean and clear of personal and storage items at all times.

Please be courteous to your neighbors and do not leave bags of trash or empty cardboard boxes in the garbage rooms. Remember to break down your boxes and dispose of properly. We appreciate your cooperation.

Reminder: When entering the building or garage do not let anyone follow you in. This will help to keep individuals that do not live here from entering.