

The Concord GRAPEVINE

CELEBRATE DYNGUS DAY!

Historically a Polish-American tradition, Dyngus Day celebrates the end of the often restrictive observance of lent and the joy of Easter.

Over the decades, Dyngus Day has become a wonderful holiday to celebrate Polish-American culture, heritage and traditions. There are many stories that attempt to explain the origins of the day. Many Polish customs date back to pre-Christian, Slavic practices. Dyngus Day and its rites of sprinkling with water have become a folk celebration in thanksgiving for the fact that the first king of Poland was baptized into Christianity, bringing Catholicism to Poland. In more modern times, the tradition continued when farm boys in Poland wanted to attract notice from the girls of their choice. The ladies would reciprocate by throwing dishes and crockery and Tuesday was their day of revenge, imitating the same tactics.

Where We Celebrate

Buffalo, NY is officially the Dyngus Day capitol of America, hosting the largest concentration of festival locations, polka bands and Polish traditions in the nation. Smaller celebrations can be found in communities with sizable Polish American populations such as: South Bend, IN, Elizabeth, NJ and Bristol, CT. Ironically, it's not widely observed in Poland.

Pussywillows or Water?

This is a yearly debate among Dyngus Day revelers. The tradition holds true that on Easter Monday boys would sprinkle the girls with water and tap them with pussywillows. On Easter Tuesday, the women would return the favor. At modern Dyngus Day parties it is common practice that both men and women trade water and pussywillow equally.

Why Pussywillows?

Pussy willows play a major part in Buffalo's Dyngus Day celebrations as men and women flirt with playful "taps." Branches of the plant are used as the pussy willow is one of the first "budding" plants of spring. But how did the pussy willow get its name? According to Polish legend, many springs ago, baby kittens fell into a raging river while chasing butterflies. The mother cat sadly wept at the river's edge, pleading for help for her drowning kittens. The willows heard her mournful cries and swept their long graceful branches into the water. The kittens grabbed the branches, held on tightly and were safely brought to shore. Every spring, from that day on, the willows sprouted fur-like buds where the tiny kittens once clung.

~Source: <https://www.dyngusday.com/our-story>

APRIL 2026

- 1 Passover Begins
- 3 Good Friday
- 5 **EASTER**
- 6 Dyngus Day
- 11 National Pet Day
- 14 Holocaust Remembrance Day
- 16 Tax Day
- 22 Earth Day



Are your friends or family looking for an affordable apartment?

Check out our Affordable Housing Inventory that promotes the current affordable availability for apartment homes in your area. Please visit www.concordrents.com/affordablehousinginventory to view available apartments!

CONTENTS

- Movie Madness ~ 2
- Culinary Creations ~ 3
- Helpful Tips ~ 4
- Crafty Fun ~ 5

APRIL 2026

ConcordRENTS

A Concord Management, Ltd. Affiliate



Movie MADNESS

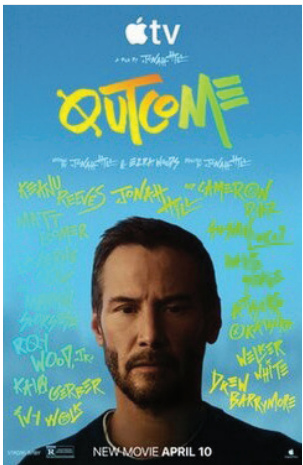
April 2026 Movie Releases



**April 1st ~
The Super Mario Galaxy Movie**
Mario and Luigi meet and befriend Yoshi as they join Princess Peach and Toad on an adventure into outer space and across the galaxy. They meet Rosalina and face off against Bowser and his son, Bowser Junior.



April 17th ~ A Gorilla Story: Told By David Attenborough
This intimate documentary tells the remarkable story of his first encounter with the baby gorilla Pablo, how that gorilla grew up to be a top Silverback, and how Pablo's direct descendants are doing today. Packed with extraordinary gorilla behavior never filmed before, this is a story of hope and joy.



April 10TH ~ Outcome
This dark comedy centers on a beloved Hollywood star who must dive into the depths of his hidden demons after he is extorted with a mysterious video that's sure to shatter his image and end his career. With the support of his lifelong besties, Reef embarks on a soul-searching journey to make amends with anyone he could have possibly wronged. Confronting his past might be the only way to rescue his future.



April 24th ~ APEX
A woman testing her limits in the Australian wilderness is suddenly ensnared in a deadly game with a ruthless predator.



**April 14th ~
Rise Of The Conqueror**
After the Mongol Empire plunged Central Asia into chaos in the 14th century, the region needed a strong leader to restore peace. This film tells the story of Timur Barlas, a battle-scarred ruler who brought order to a fractured land. Filmed on the breathtaking steps of Uzbekistan and Kazakhstan, the film is an action-packed historical drama with a global cast and epic scale.



**April 24th ~
Over Your Dead Body**
A Married couple retreats to a secluded cabin to attempt to repair their relationship. Meanwhile, they secretly plot to murder each other.

Light Recipes for Spring!

Shrimp & New Potato Chowder

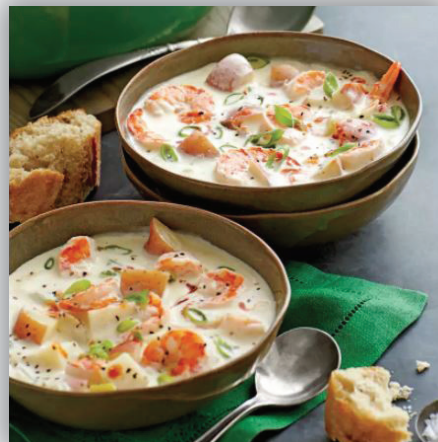
Ingredients:

- 2 tablespoons butter
- 3 bunches green onions, sliced
- 1 ½ pounds new potatoes, diced
- 2 cups reduced-sodium chicken broth
- 1 ½ cups heavy cream
- ½ cup dry white wine
- 1 teaspoon kosher salt
- ¼ teaspoon black pepper
- ½ pound medium-size raw shrimp, peeled and deveined
- 2 teaspoons hot sauce

Directions:

Melt butter in a medium Dutch oven over medium heat. Add green onions and cook, stirring often, 1 minute. Add potatoes and next 5 ingredients, and increase heat to high. Bring to a boil. Reduce heat to medium-low, and cook, stirring occasionally, 25 minutes or until potatoes are tender. Stir in shrimp and hot sauce, and cook 3 minutes. Cut onions and potatoes into pieces that are the same size. This will ensure they cook uniformly.

~Source: www.myrecipes.com



Ham & Peach Panini Sandwiches

Ingredients:

- 8 ciabatta bread slices (or any firm, white bread)
- 4 teaspoons coarse-grained Dijon mustard
- Freshly ground pepper
- 4 (1-oz.) fontina cheese slices
- 4 ounces thinly sliced country ham, prosciutto, or Serrano ham
- 2 medium peaches (about 3/4 lb.), unpeeled and sliced
- 4 teaspoons honey (optional)
- 1 tablespoon extra virgin olive oil

Directions:

Spread each of 4 bread slices with 1 tsp. mustard, and sprinkle with desired amount of freshly ground pepper. Layer with cheese, ham, peaches, and, if desired, honey. Top with remaining bread slices, and press together gently. Brush sandwiches with olive oil. Cook sandwiches, in batches, in a preheated panini press 3 to 4 minutes or until golden brown and cheese is melted. (Or use a preheated nonstick grill pan, and cook sandwiches over medium heat 3 to 4 minutes on each side.) Serve immediately. ~Source: www.myrecipes.com



Pineapple Pretzel Fluff

Ingredients:

- 1 cup coarsely crushed pretzels
- 1/2 cup butter, melted
- 1 cup sugar, divided
- 1 package (8 oz) cream cheese, softened
- 1 can (20 ounces) unsweetened crushed pineapple, drained
- 1 carton (12 ounces) frozen whipped topping, thawed

Directions:

Preheat oven to 400°. Mix pretzels, melted butter and 1/2 cup sugar. Press into a 13x9-in. pan. Bake 7 minutes. Cool completely on a wire rack. Meanwhile, in a large bowl, beat cream cheese and remaining sugar until creamy. Fold in pineapple and whipped topping; refrigerate, covered, until serving. To serve, break pretzel mixture into small pieces. Stir into pineapple mixture. ~Source: www.tasteofhome.com





Helpful TIPS

Tips for a Safe and Fun Easter Egg Hunt!

Are you planning an Easter egg hunt? Whether your egg hunt is inside or outside, keep the fun going and the kids safe with these tips:

- Inspect the area, and pick up any objects that may present a tripping hazard.
- Plan to have an adult supervising at all times.
- For inside egg hunts, be aware of electrical outlets, sharp corners, open windows and stairs.
- For outside egg hunts, look for holes and uneven ground that could lead to injury. Keep eggs away from thick or thorned bushes, areas where pesticides have been sprayed, and potential areas for bees and snakes.
- Set boundaries to keep the kids in sight at all times and away from unsafe areas. This includes places that are too high or near streets and driveways.
- Be cautious of food allergies and choking hazards if filling plastic eggs with candy or toys.
- If using real eggs make sure to take steps to cook them properly, store them properly, and keep them clean.
- When you are decorating, cooking, or hiding Easter eggs, extra care is needed to enjoy them without the risk of getting sick.
- Inspect the eggs before purchasing them and make sure they are not dirty or cracked. Dangerous bacteria may enter a cracked egg.
- Store eggs in their original carton in the refrigerator rather than the refrigerator door.
- Wash your hands with soap and water before handling the eggs when cooking, cooling, dyeing, and hiding them.
- Refrigerate hard-cooked Easter eggs until just before the hunt.
- After the hunt, find all the eggs you have hidden, and discard cracked or dirty eggs, and eggs **left unrefrigerated for more than two hours.**





Crafty FUN!

Create Colorful Tissue Paper Flowers!

Materials Needed:

- Paper towel roll or toilet paper roll
- Green tempera paint and paintbrush
- Tissue paper squares in various shades of green
- Tissue paper sheets in different colors
- Scissors
- Glue
- Stapler
- *Optional:* Glue dots
- *Optional:* Construction paper or buttons for the center of the flower

1. Start by painting your cardboard tube with the green tempera paint.

2. Glue tissue paper squares all over your stem using a paintbrush and liquid glue. Simply place a tissue paper square onto the stem and gently use the brush to spread glue over the entire square. Set the stem aside and let it dry completely.

3. Now it's time to make the tissue paper petals. Cut out 6 tissue paper circles from your large tissue paper sheets: 2 large, 2 medium and 2 small.

4. Stack them on top of one another.

5. Grab the center all the circles at once from below the stack and pinch the paper together. Stuff it gently into the flower stem and staple in place.

6. Gently pull out and manipulate the tissue paper petals until you're happy with the look.

7. To make centers for your tissue paper flowers, cut out some different colored circles from construction paper and glue them together. Glue a button in the center of the little buddies, and you are done!

~www.buggyandbuddy.com/tissue-paper-flower-crafts-for-kids/



1.



2.



3.



4.



5.



6.



7.



Done!